

# Be a Hero for a Better World



## Penelope Cruz

(1974- )

Penélope Cruz Sánchez is the first Spanish actress to be nominated for an Academy Award for Best Performance by an Actress. She has been performing on screen, on TV and in the movies, since she was a toddler. By the 1990s Penelope Cruz was the leading lady of Spanish Cinema, dubbed the "Spanish enchantress." She has also found success in Hollywood, starring in movies like *Vanilla Sky*, in which she played the same role she did in the successful Spanish original, *Abre los ojos*.

Offscreen, Penelope Cruz has long been involved in humanitarian work. She and other Spanish celebrities set up the nonprofit Sabera Foundation, which helped homeless girls in Calcutta, and in 1997 volunteered for 2 months in Uganda. Starting in 2005, Penelope Cruz has also been a United Nations World Food Programme (WFP) partner, making public service announcements, and advocating for support of WFP's work to help feed the 800 million people who face hunger and starvation and stop the deaths of 24,000 people who die each year because of hunger.

"We need to stop the dying and start the living;  
stop the hunger and start the hoping."  
-- Penelope Cruz

Penelope Cruz was born on April 28, 1974 in Madrid, Spain

### Be A Hero For A Better World!

1. Find out more about this hero
2. Pledge to help end hunger (iaahp.net)
3. Hold an event to raise awareness about the problem of world hunger
4. Contribute to an organization working to end hunger

### Organizations Helping End Hunger

- Alliance To End Hunger (alliancetoendhunger.org)
- America's Second Harvest (secondharvest.org)
- End Hunger Network (endhunger.com)
- Food For All (foodforall.org)
- Oxfam America (oxfamamerica.org)
- World Hunger Year (worldhungeryear.org)

Free Online: EndHungerBook.com

For more information: [www.betterworldheroes.com/cruz.htm](http://www.betterworldheroes.com/cruz.htm)

**BetterWorldHeroes.com**

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