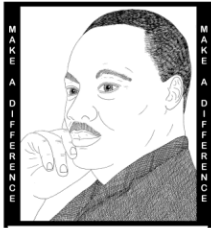



MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Everyone can be great, because everyone can serve."  
- Martin Luther King, Jr.

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"When the story of these times gets written, we need it to say that we did all we could, and it was more than anyone could have imagined."  
- Bette

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Service is the rent you pay for room on this earth."  
- Shirley Chisholm

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Some believers I've met have engaged in a policy of unconditional love and others not. If Dr. Martin Luther King Jr. were alive today, he would tell us we must not allow the worldly gods of power and money to hinder us from the mission he ordered to study and subsequently sharing the foundation of our democracy."  
- John Deere

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"If compassion was the motivating factor behind all of our decisions, would our world be a completely different place?"  
- Sherry Cove

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"So, how about finding you and making 'bold choices'... And for those who can't speak for themselves, use bold voices. And make friends and love with, bring light to this place. And make this world better for the whole human race."  
- Nancy Lee Curtis

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# MARTIN LUTHER KING, JR.

# DAY OF SERVICE

## Third Monday in January

### every act of kindness makes a difference


Freely reproducible handouts

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[www.PeaceCalendar.net](http://www.PeaceCalendar.net)


MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Service is the rent we pay for being. It is the very purpose of life and not something you do in your spare time."  
- Marian Wright Edelman

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"If every American donated five hours a week, it would equal the labor of twenty million full-time volunteers."  
- Wilma Goldberg

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"If you ever need a helping hand, it is at the end of your arm. As you give one you may receive twice the size of the one. The first one is to help yourself. The second hand is to help others."  
- Audrey Hepburn

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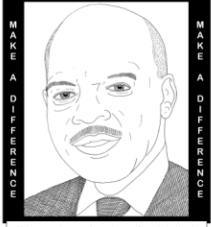
MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"I do believe there is enormous possibility to change this world."  
- Nicole Kidman

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"We have come a long way in America because of Martin Luther King, Jr. He had a strength and a conviction under the skin of his reputation of being a spokesman of peace."  
- Jodie Lewis

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"What volunteerism brings is the human touch, the individual, caring approach that no governmental program can deliver. However well-meaning and well executed, can deliver."  
- Edward Shinn

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Our generation has the ability and the responsibility to make our ever more connected world a more stable and peaceful place."  
- Nicole Poirier

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"I think service to others is the real key to achieving our own personal freedom and the road to our own happiness, our own personal contentment and fulfillment."  
- Martin Sheen

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"Activism is the rent I pay for living on this planet."  
- Alice Walker

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"My satisfaction comes from my commitment to advancing a better world."  
- Faye Wattleton

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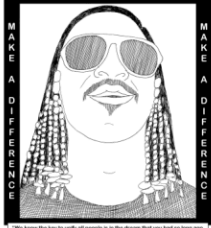
MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



"I personally believe that people need to identify their beliefs with their behavior above all else. King had not taught the children he taught. I am who am because of the strength of Dr. King."  
- Oprah Winfrey

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MARTIN LUTHER KING, JR. DAY OF SERVICE  
THIRD MONDAY IN JANUARY



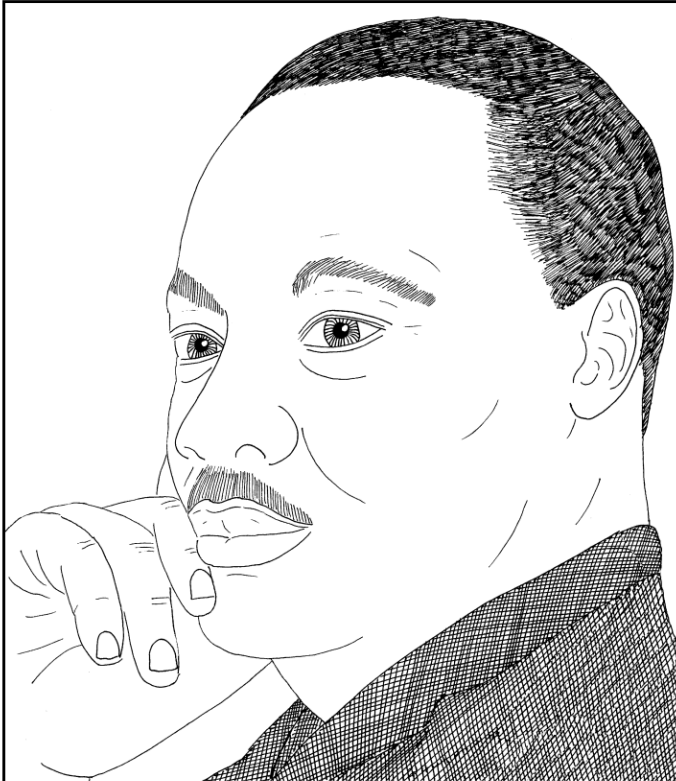
"We know the key to unity of people is in the dream that you had to see that. That lives in all of the hearts of people that believe in unity. We'll finish the dream because it really... I believe we can do it."  
- Barack Obama

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

## THIRD MONDAY IN JANUARY



"Life's most persistent  
and urgent question is,  
What are you doing for others?"  
-- Martin Luther King, Jr.

*"Everyone can be great,  
because everyone can serve."  
-- Martin Luther King, Jr.*

Martin Luther King, Jr. is one of the greatest heroes of the 20th century. His legacy symbolizes the quest for equal rights for all and volunteer service for one's community. In honor of his life of dedication, Martin Luther King's birthday is observed as a day of service. In 1994, the US Congress passed the King Holiday and Service Act, designating the third Monday in January as the King Day of Service in commemoration of Martin Luther King's birthday.

The King Day of Service breaks down barriers and brings people together, who might not ordinarily meet, in order to help out in their communities.

Although the King Day of Service has grown over the years so that hundreds of thousands now participate, many are still unaware of the service aspect of the day. Help raise awareness in your community that this is a "day on and not just a day off."

In recent years, some have suggested that Martin Luther King Day be observed as Civil Rights Day, to commemorate the greater cause to which Dr. King and so many others dedicated their lives for the good of us all.

### Be a Hero for a Culture of Peace

1. Find out more about the life of Martin Luther King, Jr.
2. Volunteer in your community on Martin Luther King Day of Service
3. Volunteer 5 hours a week
4. Support organizations helping volunteers

### KING DAY OF SERVICE Links

Action Without Borders ([idealist.org](http://idealist.org))  
Greater Philadelphia MLK Day of Service  
([mlkdayofservice.org](http://mlkdayofservice.org))  
Martin Luther King Day ([mlkday.org](http://mlkday.org))  
MLK Season of Service  
([serviceforpeace.org](http://serviceforpeace.org))  
Points of Light Foundation  
([pointsoflight.org](http://pointsoflight.org))

For more information: [www.peacecalendar.net/mlkday.htm](http://www.peacecalendar.net/mlkday.htm)

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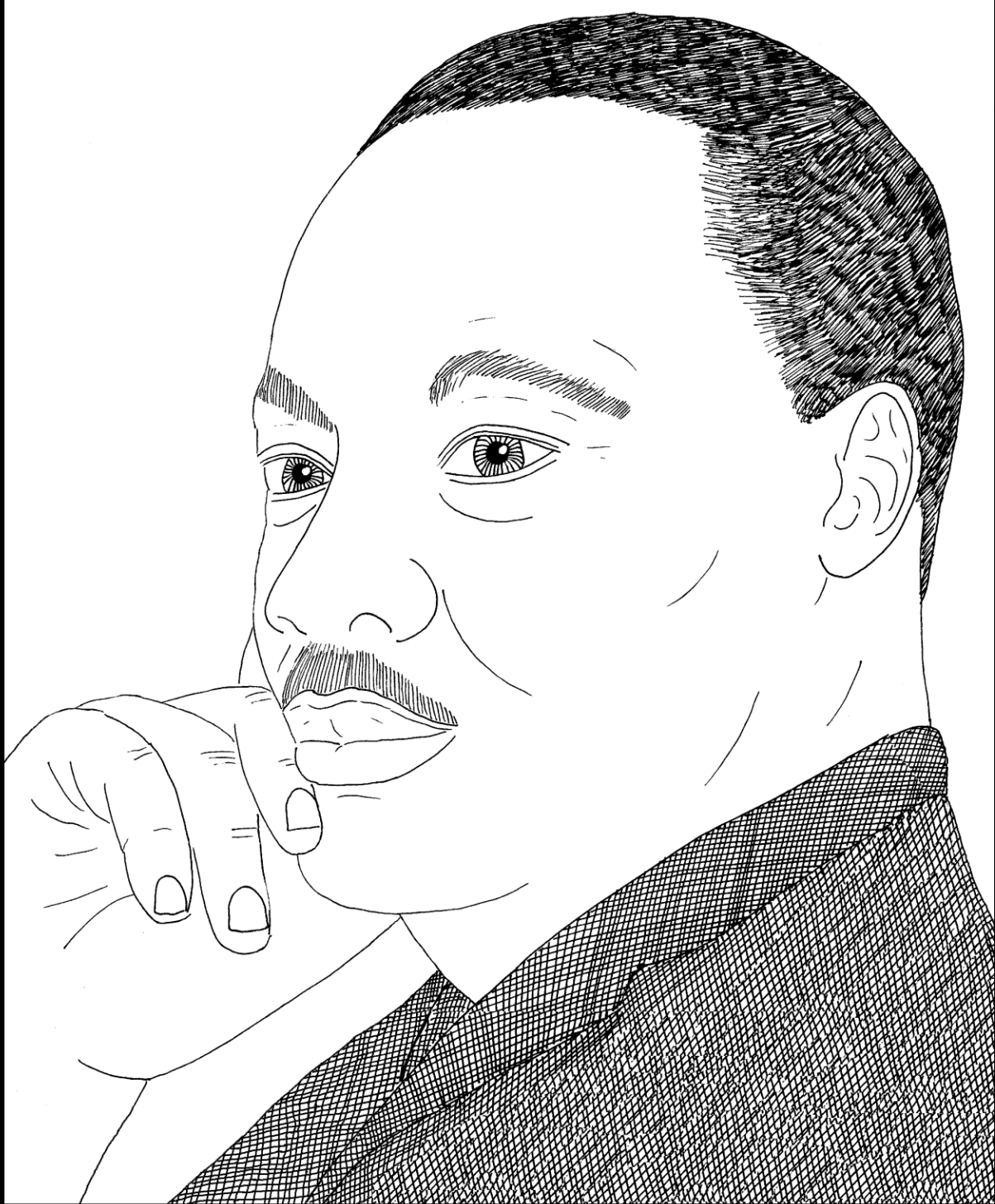
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**MARTIN LUTHER KING, JR. DAY OF SERVICE**  
**THIRD MONDAY IN JANUARY**

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**"Everyone can be great, because everyone can serve."  
-- Martin Luther King, Jr.**

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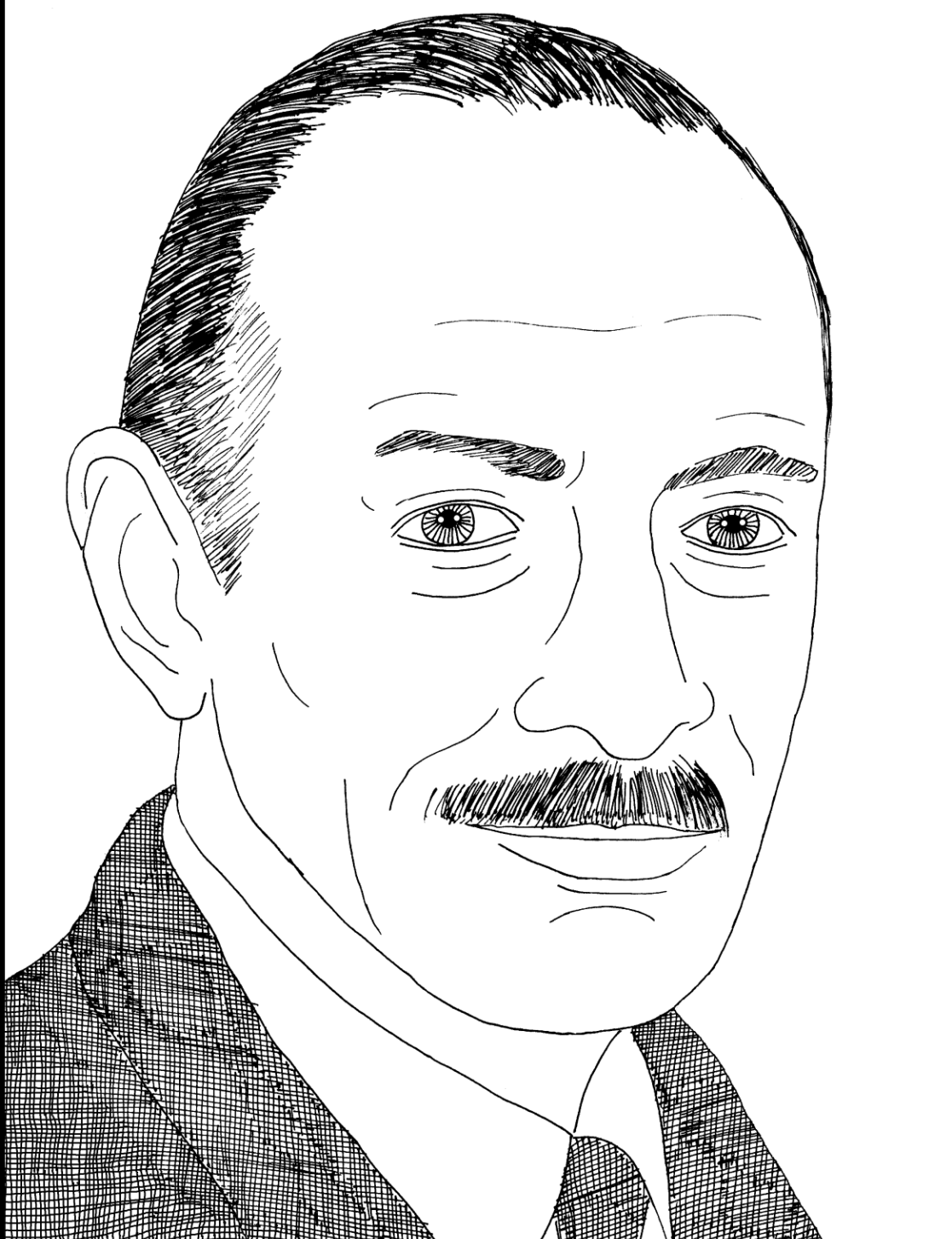
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THIRD MONDAY IN JANUARY

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"Since September 11, our nation has engaged in a policy of institutionalized racial and ethnic profiling ... If Dr. Martin Luther King Jr. were alive today ... he would tell us we must not allow the horrific acts of terror our nation has endured to slowly and subversively destroy the foundation of our democracy."

-- John Conyers

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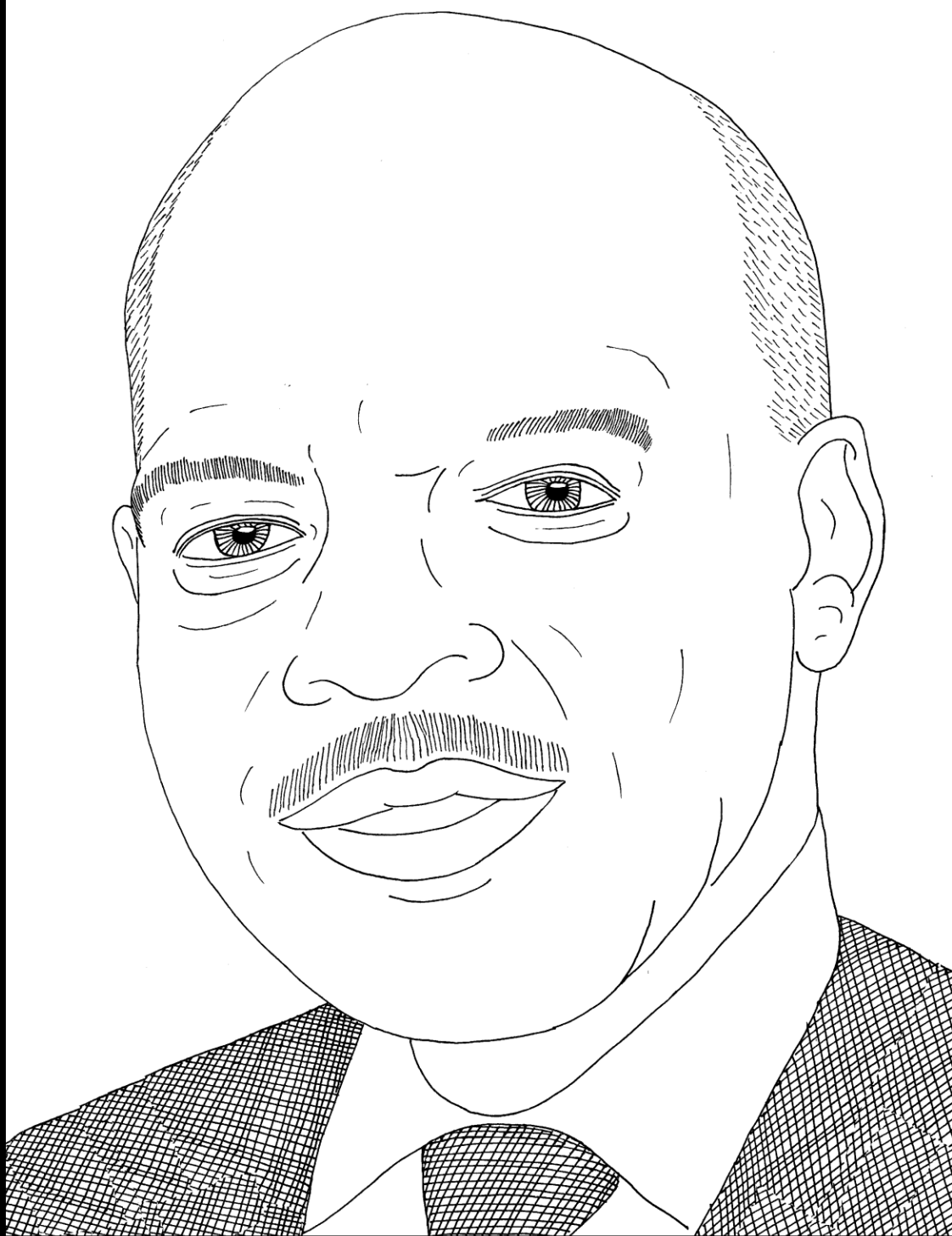




# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

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**"We have come a long way in America because of Martin Luther King, Jr. He led a disciplined, nonviolent revolution under the rule of law, a revolution of values, a revolution of ideas."**

**-- John Lewis**

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

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"I personally believe that I would not be standing here today, with my own television show, if Dr. King had not fought the battles he fought. I am who I am because of the struggles of Dr. King."

-- Oprah Winfrey

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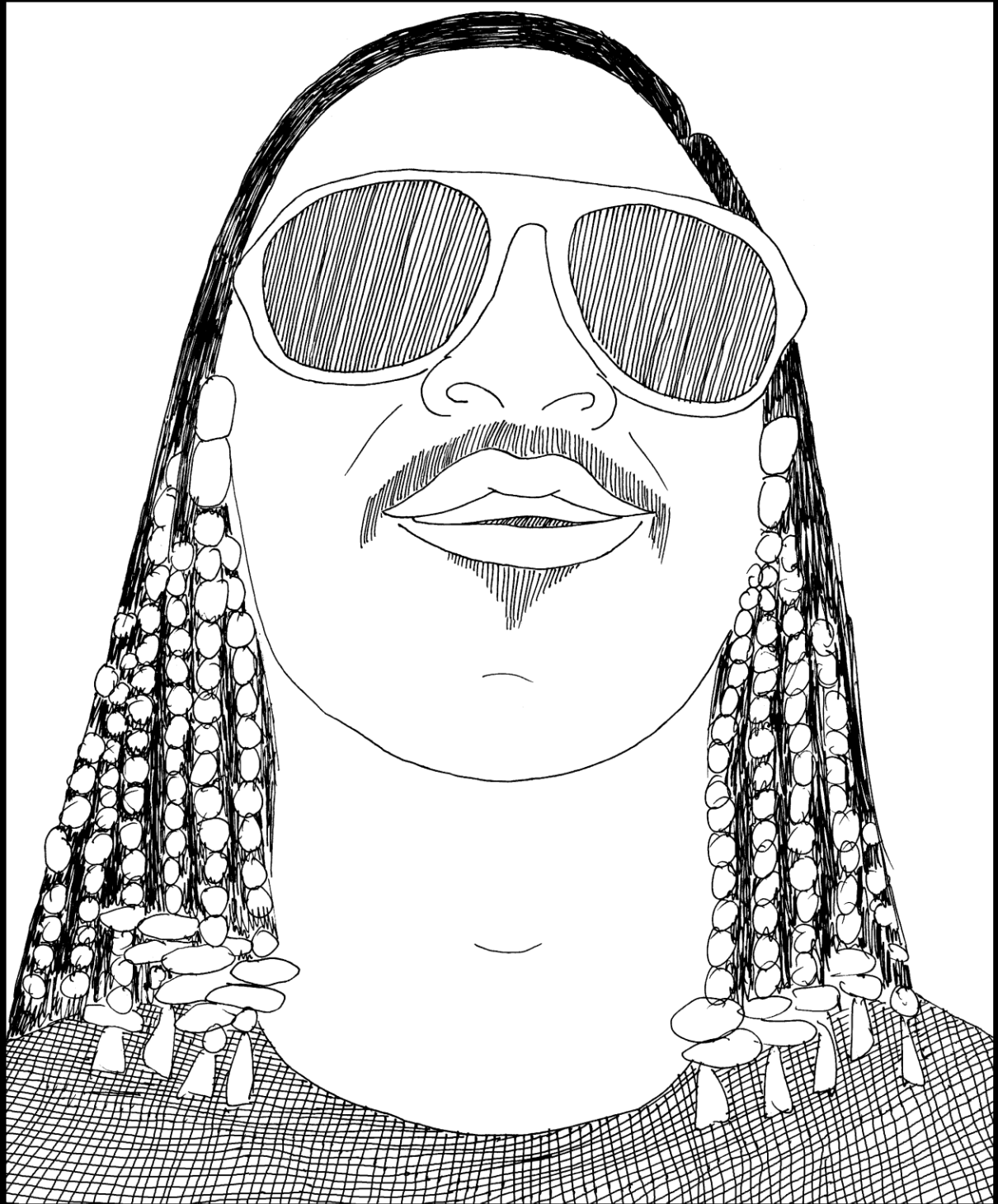
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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

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"We know the key to unify all people is in the dream that you had so long ago  
That lives in all of the hearts of people that believe in unity  
We'll make the dream become a reality  
I know we will because our hearts tell us so."  
-- Stevie Wonder

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE  
A  
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MAKE  
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**'Service to others  
is the rent you pay for your room here on Earth.'  
-- Muhammad Ali**

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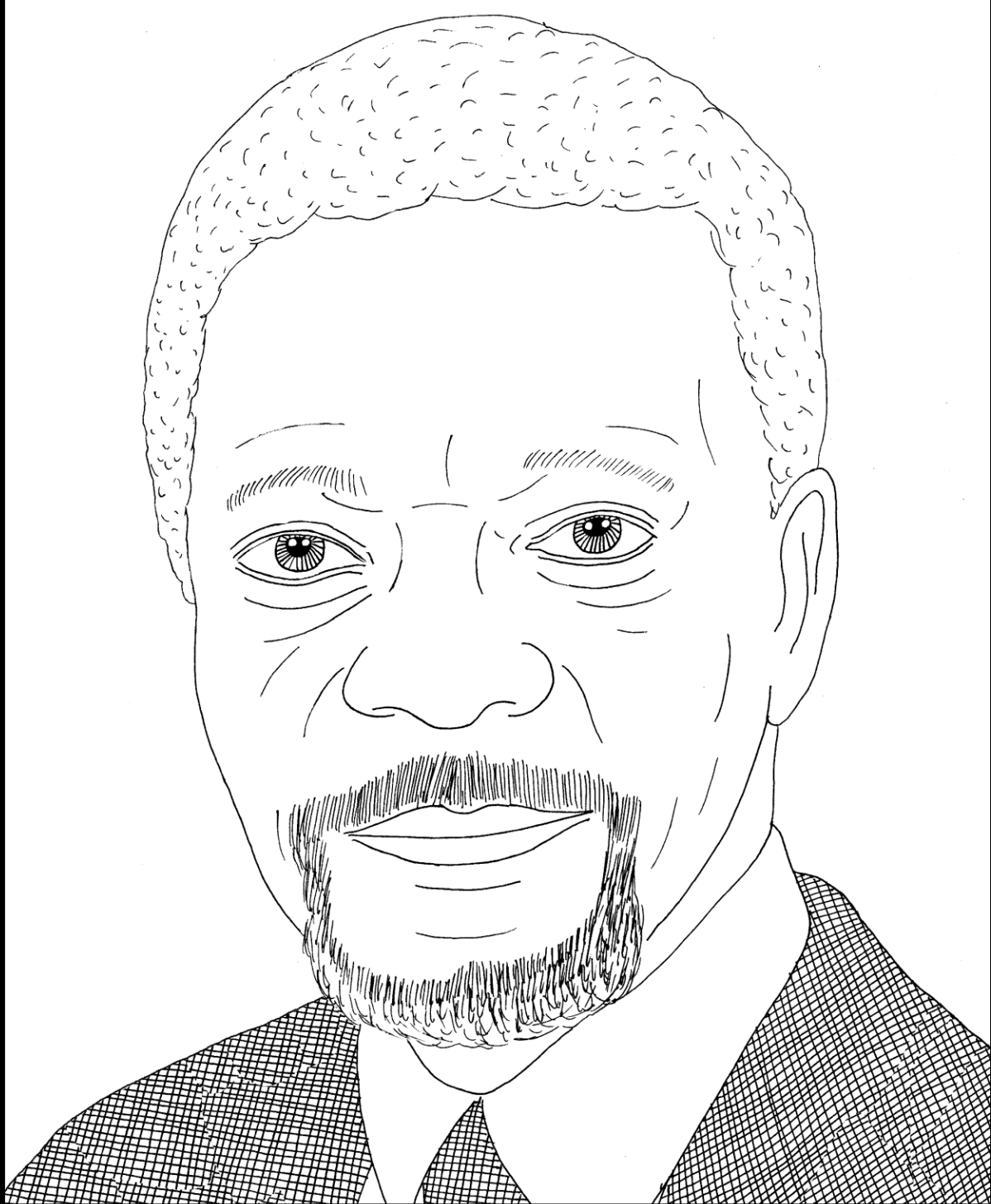




# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

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**"If our hopes of building a better and safer world are to become more than wishful thinking, we will need the engagement of volunteers more than ever."**

**-- Kofi Annan**

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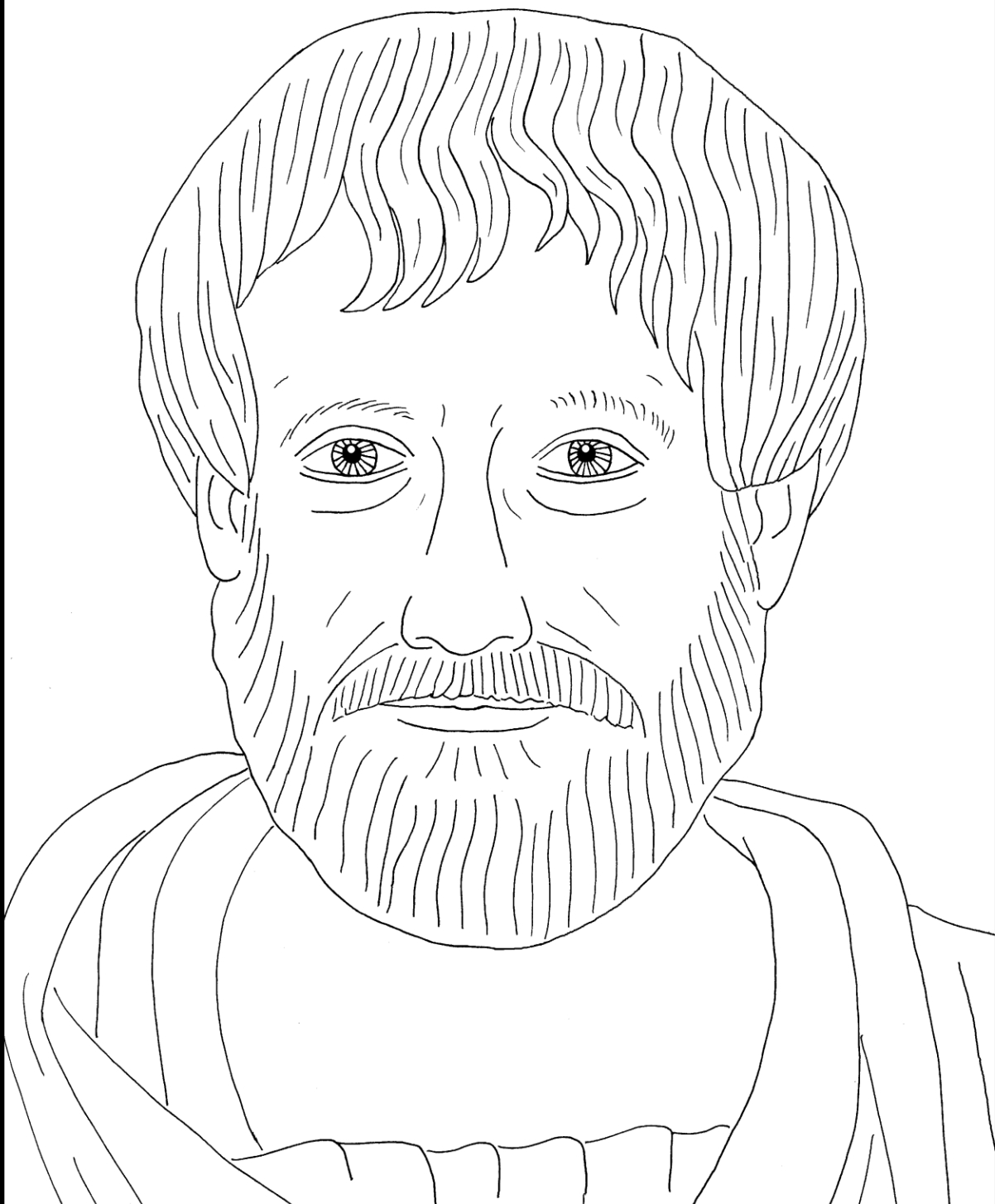
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**MARTIN LUTHER KING, JR. DAY OF SERVICE**  
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**"What is the essence of life?  
To serve others and to do good."  
-- Aristotle**

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**"When the story of these times gets written,  
we want it to say that we did all we could,  
and it was more than anyone could have imagined."  
-- Bono**

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THIRD MONDAY IN JANUARY

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**"Every human being is important and all human beings owe something to their fellow inhabitants of this planet."  
-- Wallace Campbell, CARE Co-Founder**

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"Do what you can to show you care about other people,  
and you will make our world a better place."**

**-- Rosalynn Carter**

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**"We must all work to make the world worthy of its children."  
-- Pablo Casals**

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THIRD MONDAY IN JANUARY

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**"Service to a just cause rewards the worker with more real happiness and satisfaction than any other venture of life."**

**-- Carrie Chapman Catt**

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"We have to do what we can to help wherever  
and whenever it is possible for us to help."  
-- Jackie Chan

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THIRD MONDAY IN JANUARY

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"Our lives are to be used and thus to be lived as fully as possible,  
and truly it seems that we are never so alive  
as when we concern ourselves with other people."

-- Harry Chapin

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**"Service is the rent you pay for room on this earth."  
-- Shirley Chisholm**

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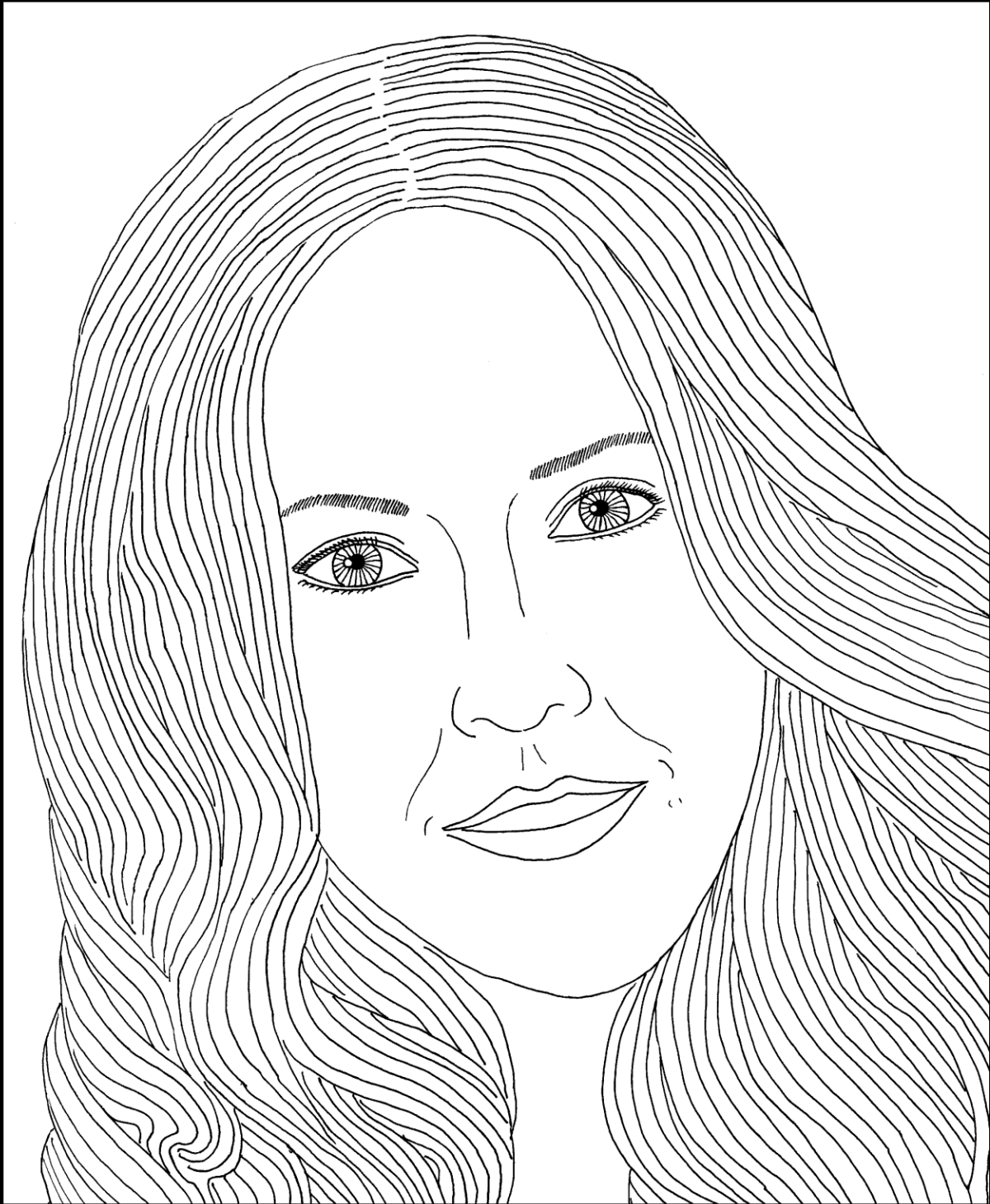
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THIRD MONDAY IN JANUARY

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**"If compassion was the motivating factor behind all of our decisions,  
would our world not be a completely different place?"**

**-- Sheryl Crow**

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THIRD MONDAY IN JANUARY

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"...So, take what's inside you and make big, bold choices.  
And for those who can't speak for themselves, use bold voices.  
And make friends and love well, bring art to this place.  
And make this world better for the whole human race."

-- Jamie Lee Curtis

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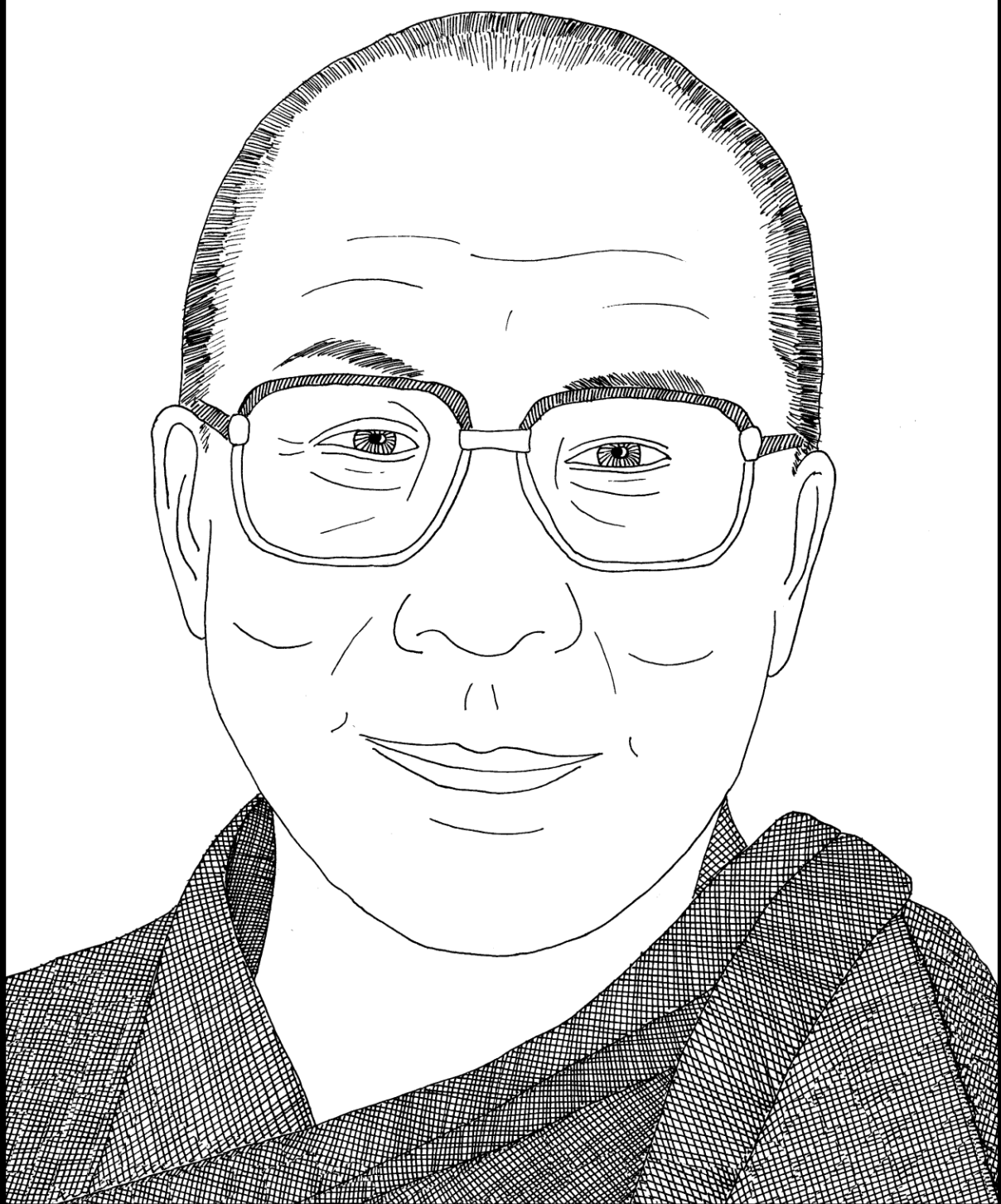




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"Our prime purpose in this life is to help others.  
And if you can't help them, at least don't hurt them."  
-- Dalai Lama

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**"Older, younger, anyone can help...people with passionate and thoughtful concerns make a difference every day... It's really great to see how much difference that individuals can make."  
-- Doris Day**

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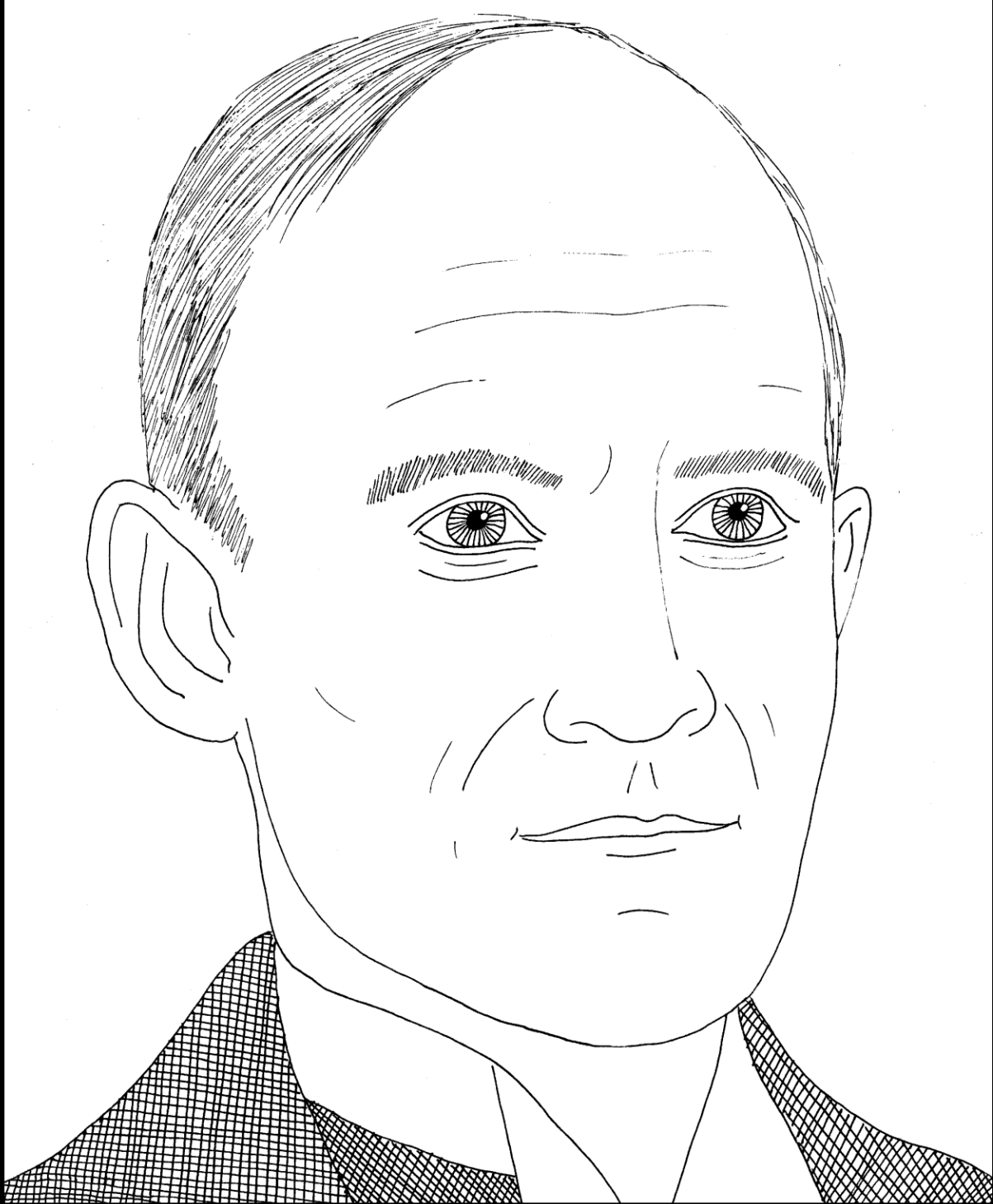
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**"It is when you have done your work honestly,  
when you have contributed your share  
to the common fund that you begin to live."**

**-- Eugene V. Debs**

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**“I believe we are put on this earth to be of service.  
It’s how I find meaning in my life. And it’s fun!”**

**-- Dana Delany**

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

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**"Service is the rent we pay for being. It is the very purpose of life and not something you do in your spare time."**

**-- Marian Wright Edelman**

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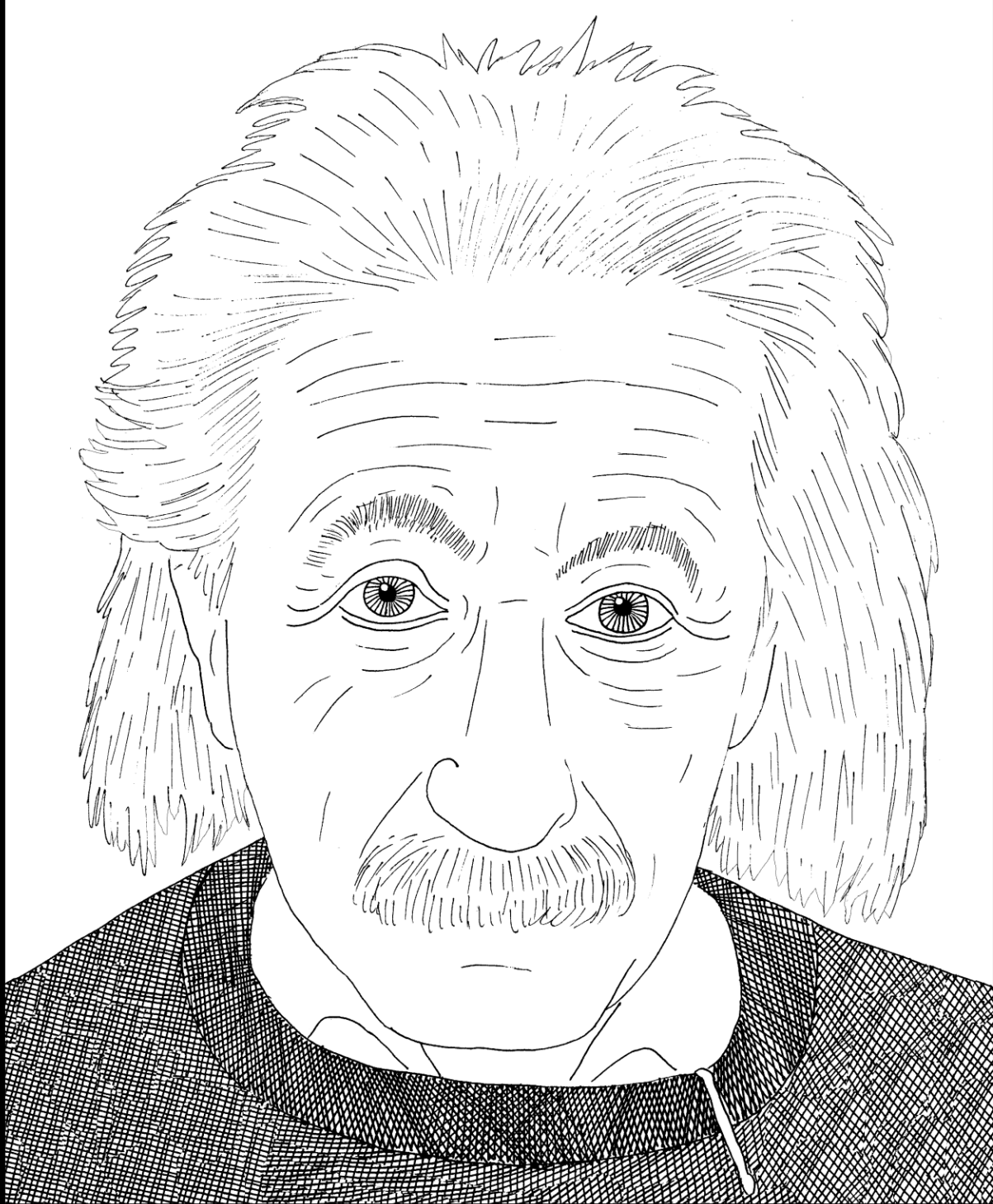
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**MARTIN LUTHER KING, JR. DAY OF SERVICE**  
**THIRD MONDAY IN JANUARY**

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**"Only a life lived for others is worth living."  
-- Albert Einstein**

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**"Volunteering is so pervasive it's invisible. We take for granted all the things that have been pioneered by concerned, active volunteers."**

**-- Susan J. Ellis**

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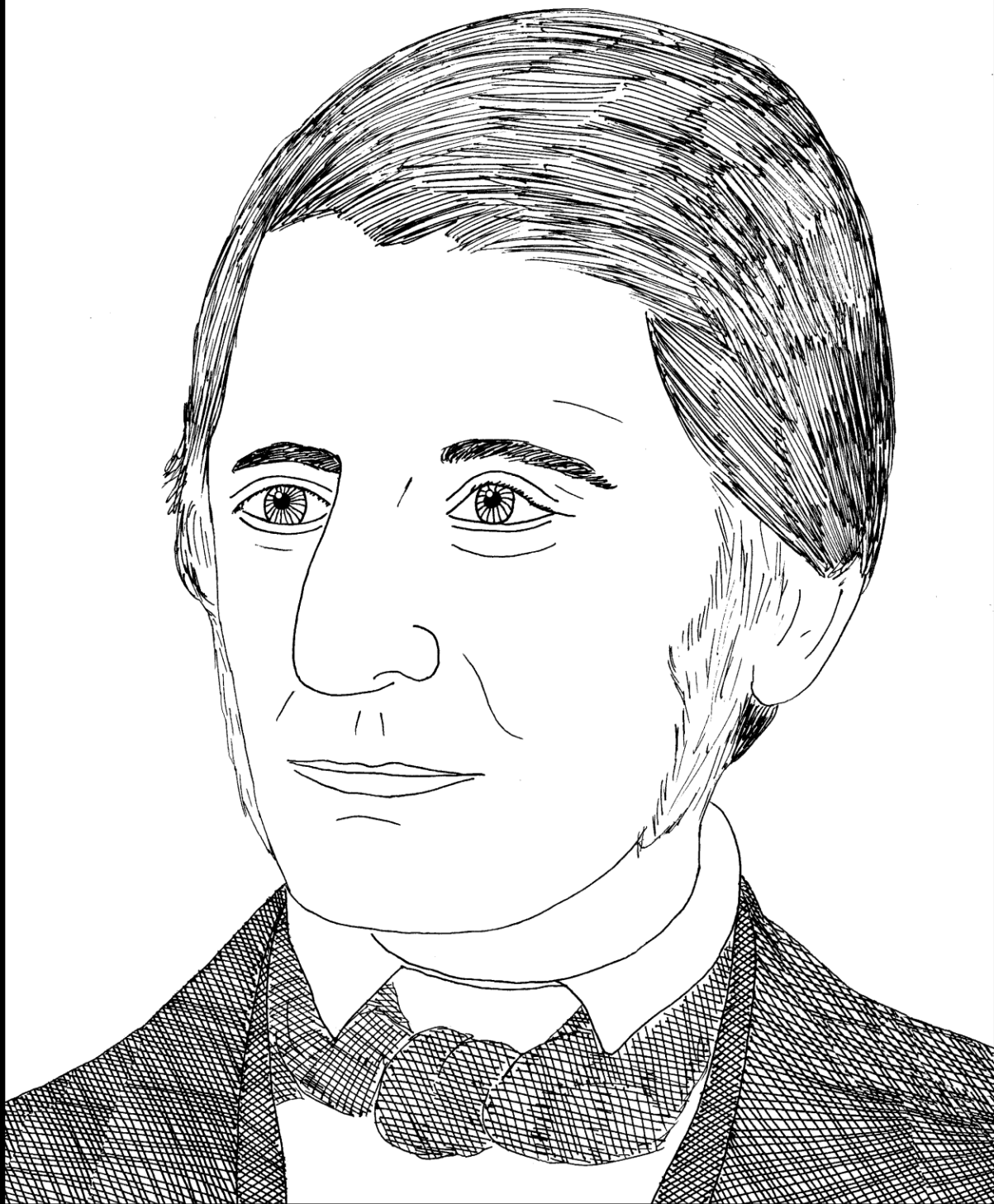
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THIRD MONDAY IN JANUARY

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"It is one of the most beautiful compensations of this life  
that no man can sincerely try to help another without helping himself."  
-- Ralph Waldo Emerson

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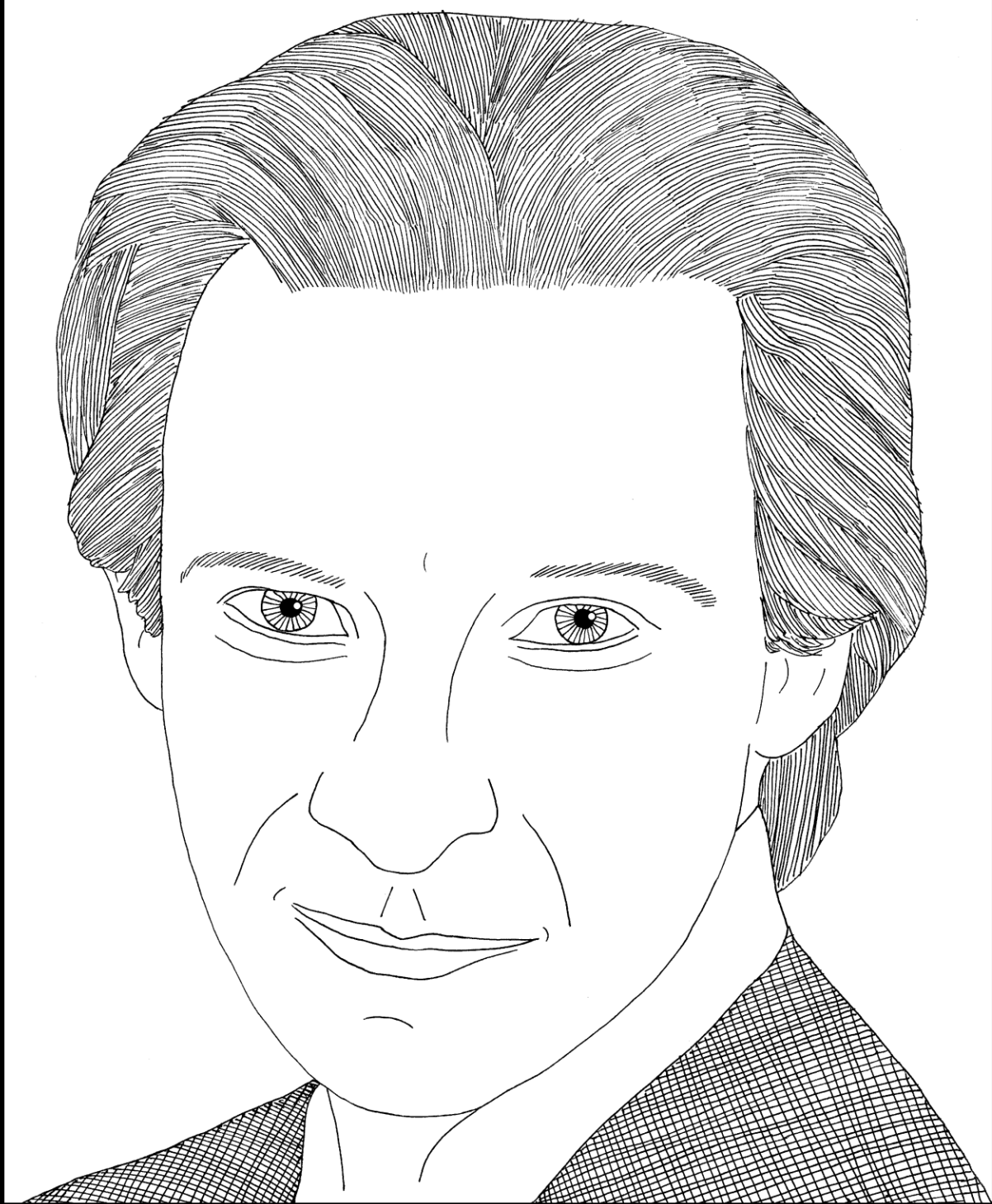




# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE A DIFFERENCE



MAKE A DIFFERENCE

“...the world is a giant community now. This excuse of distance, time, doesn't work...We're all so connected. We can't spend every second of our lives worrying about another family miles away but we somehow have to factor it in where we can.”

-- Ralph Fiennes

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"It is in giving oneself that one receives."  
-- Saint Francis of Assisi

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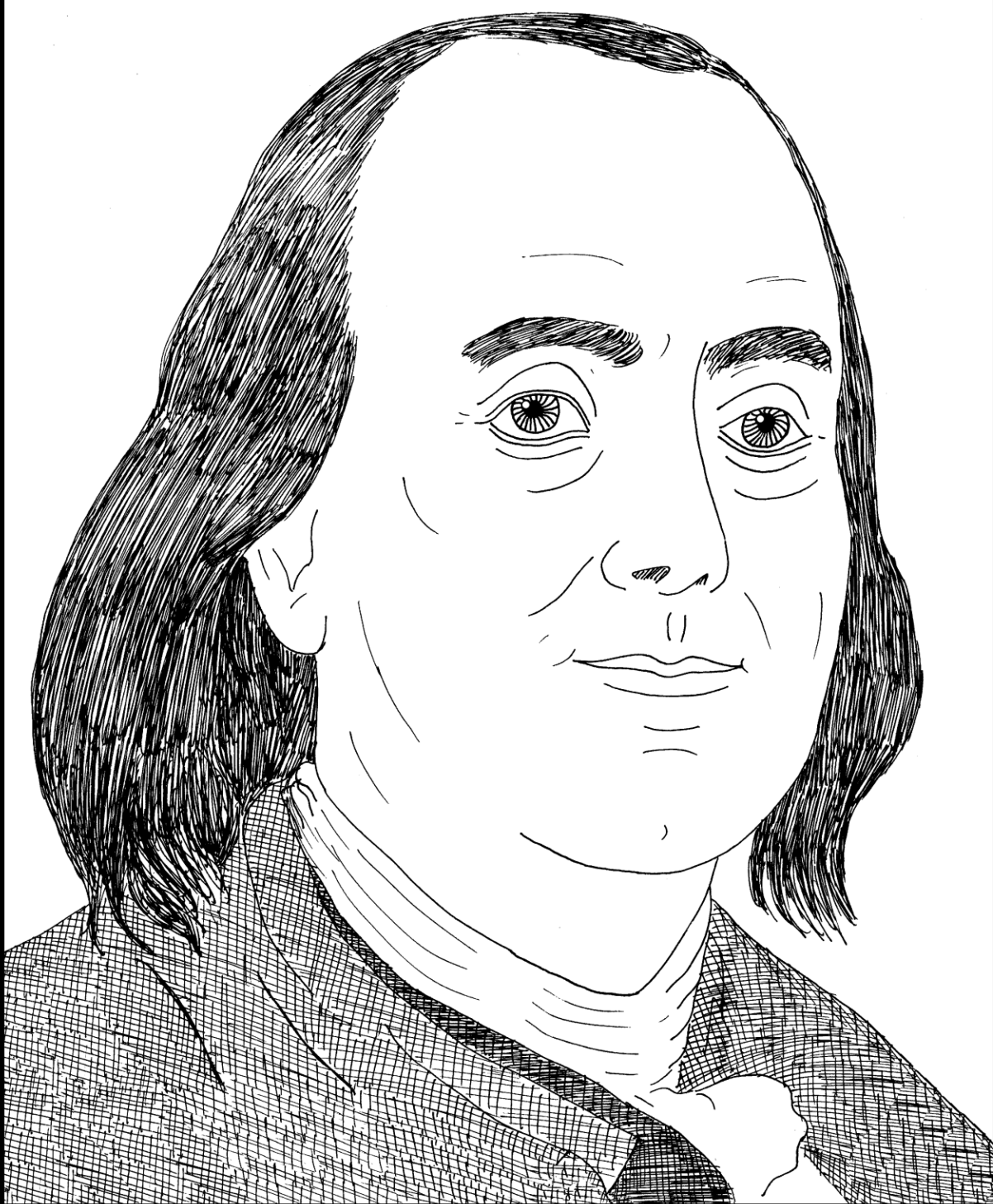
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**"Doing nothing for others is the undoing of ourselves."  
-- Benjamin Franklin**

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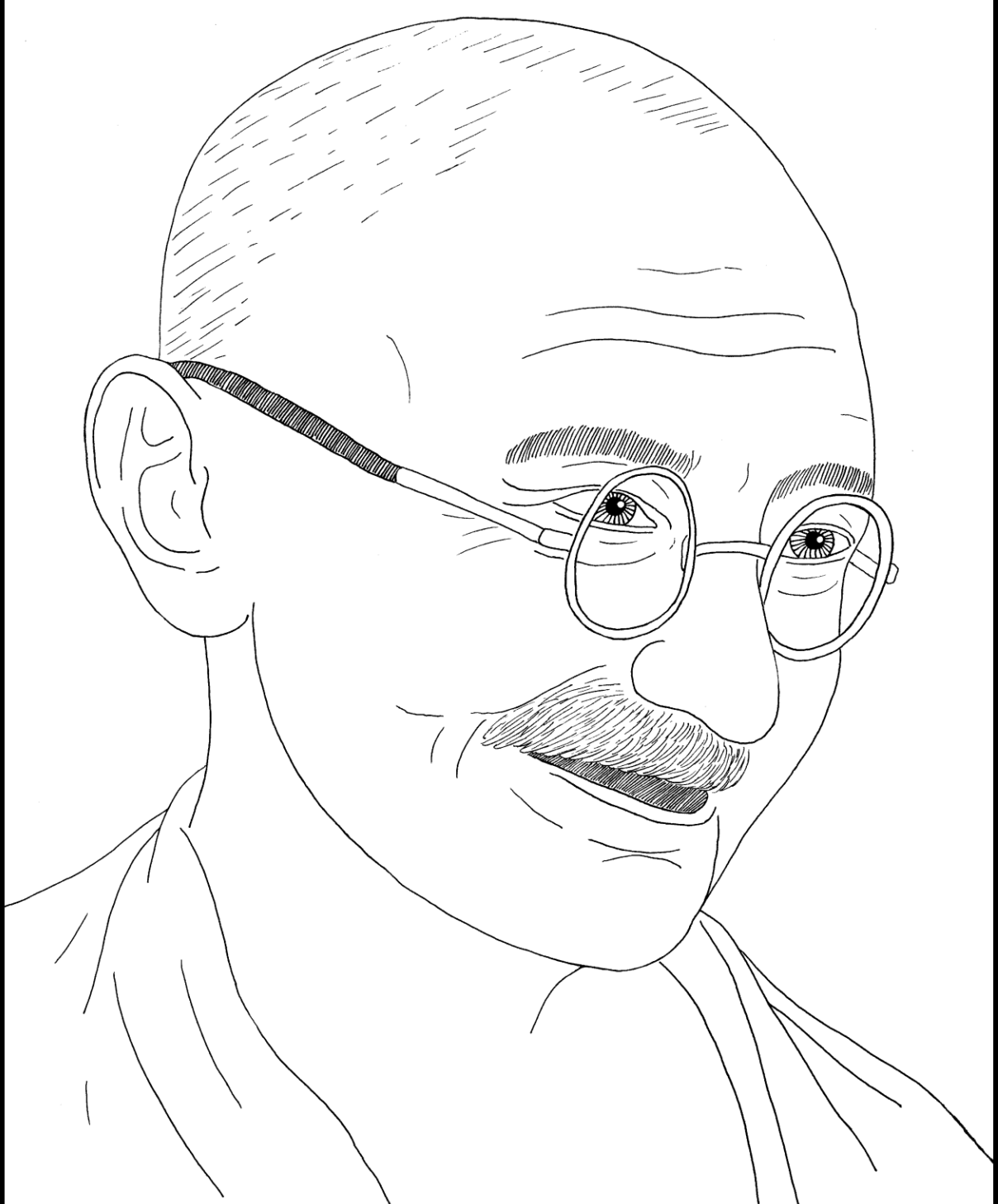
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**"The best way to find yourself,  
is to lose yourself in the service of others."  
-- Mohandas Gandhi**

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**“Whatever community organization, whether it's a women's organization, or fighting for racial justice ... you will get satisfaction out of doing something to give back to the community that you never get in any other way.”**

**-- Ruth Bader Ginsburg**

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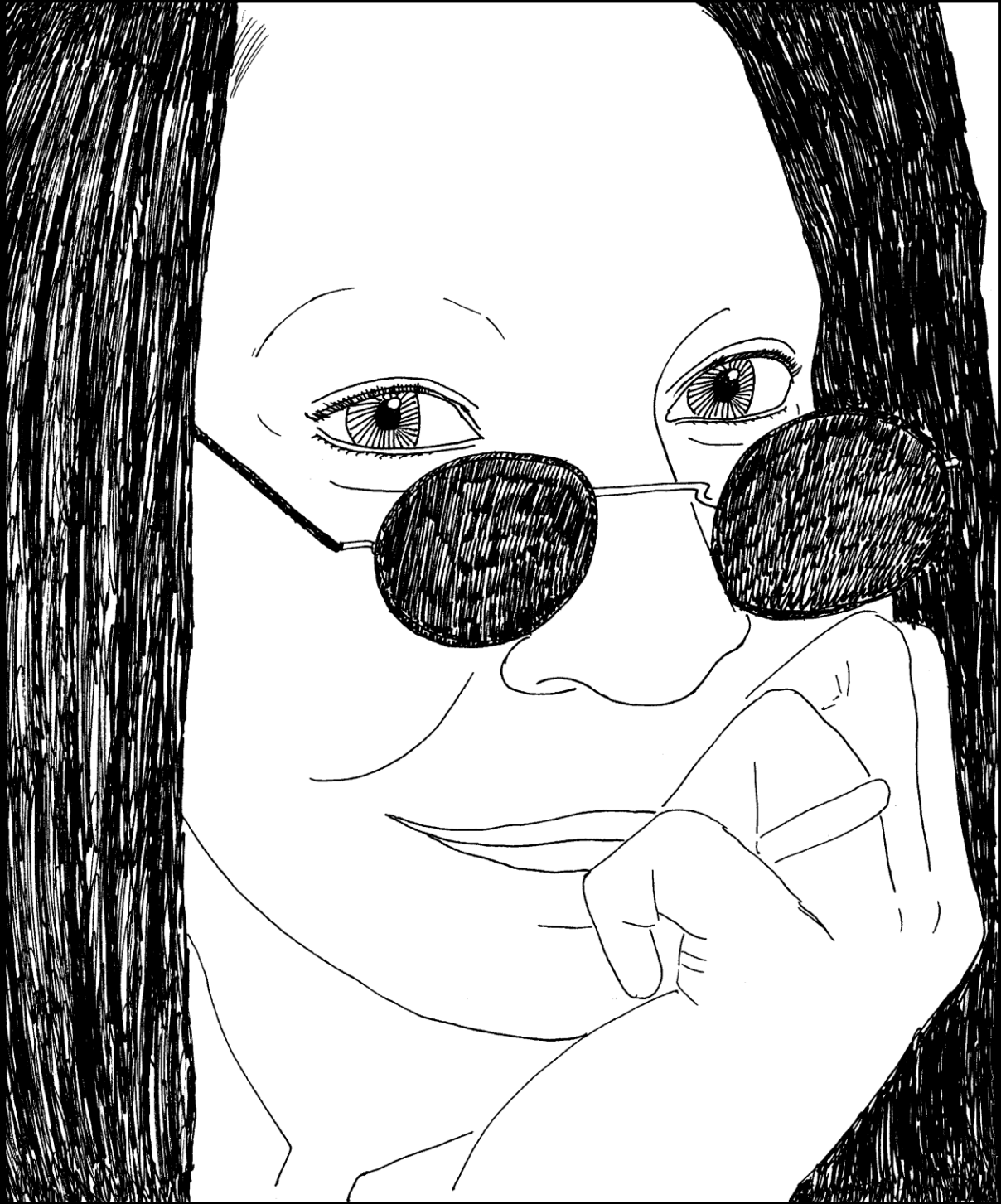
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**"If every American donated five hours a week,  
it would equal the labor of twenty million full-time volunteers."  
-- Whoopi Goldberg**

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"If you ever need a helping hand, it is at the end of your arm.  
As you get older you must remember you have a second hand.  
The first one is to help yourself. The second hand is to help others."  
-- Audrey Hepburn

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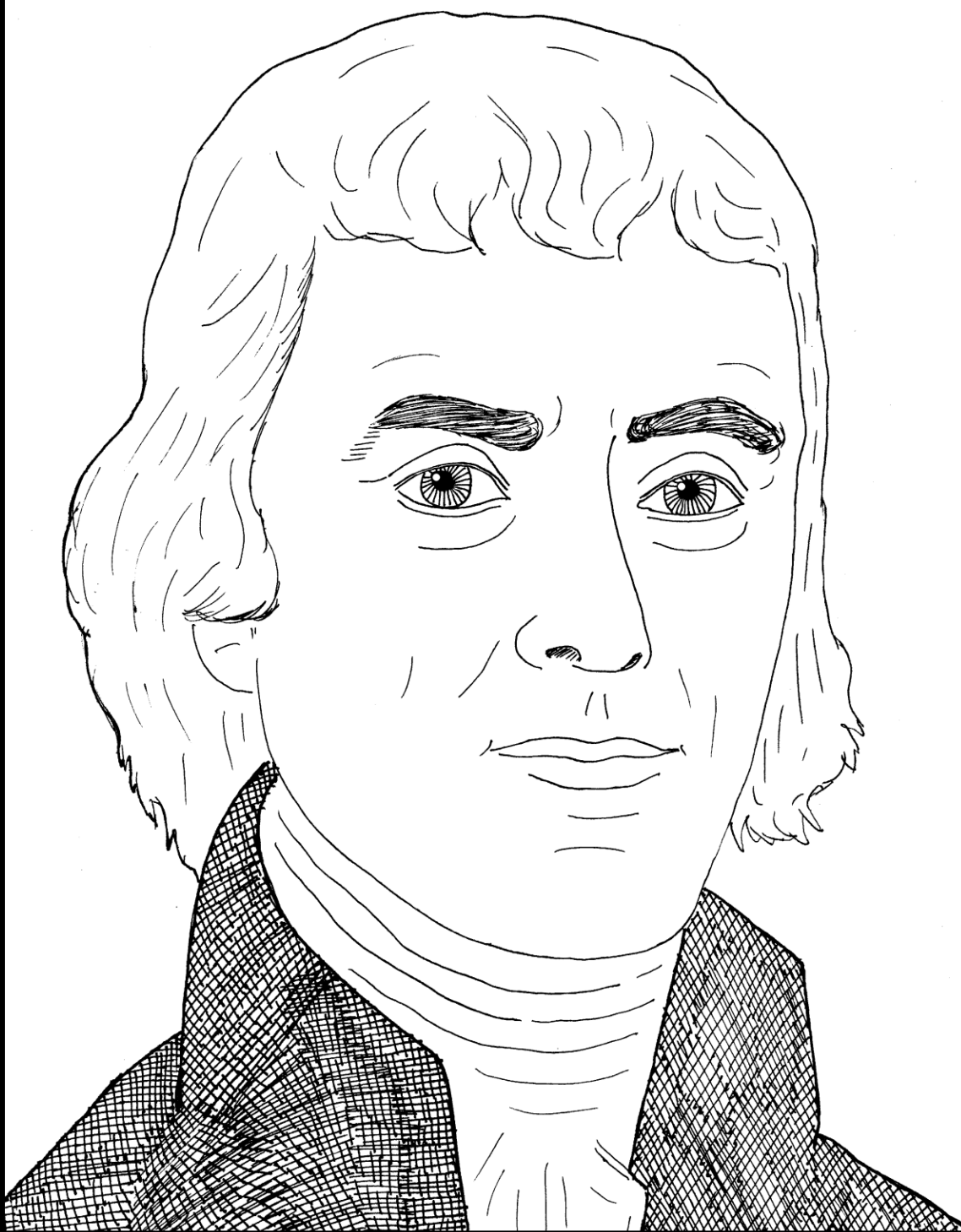
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"Every human being feels pleasure in doing good to another."  
-- Thomas Jefferson

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"We cannot close ourselves off to information and ignore the fact that millions of people are out there suffering. I honestly want to help. I don't believe I feel differently from other people. I think we all want justice and equality, a chance for a life with meaning. All of us would like to believe that if we were in a bad situation someone would help us."

-- Angelina Jolie

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"The unselfish effort to bring cheer to others  
will be the beginning of a happier life for ourselves."  
-- Helen Keller

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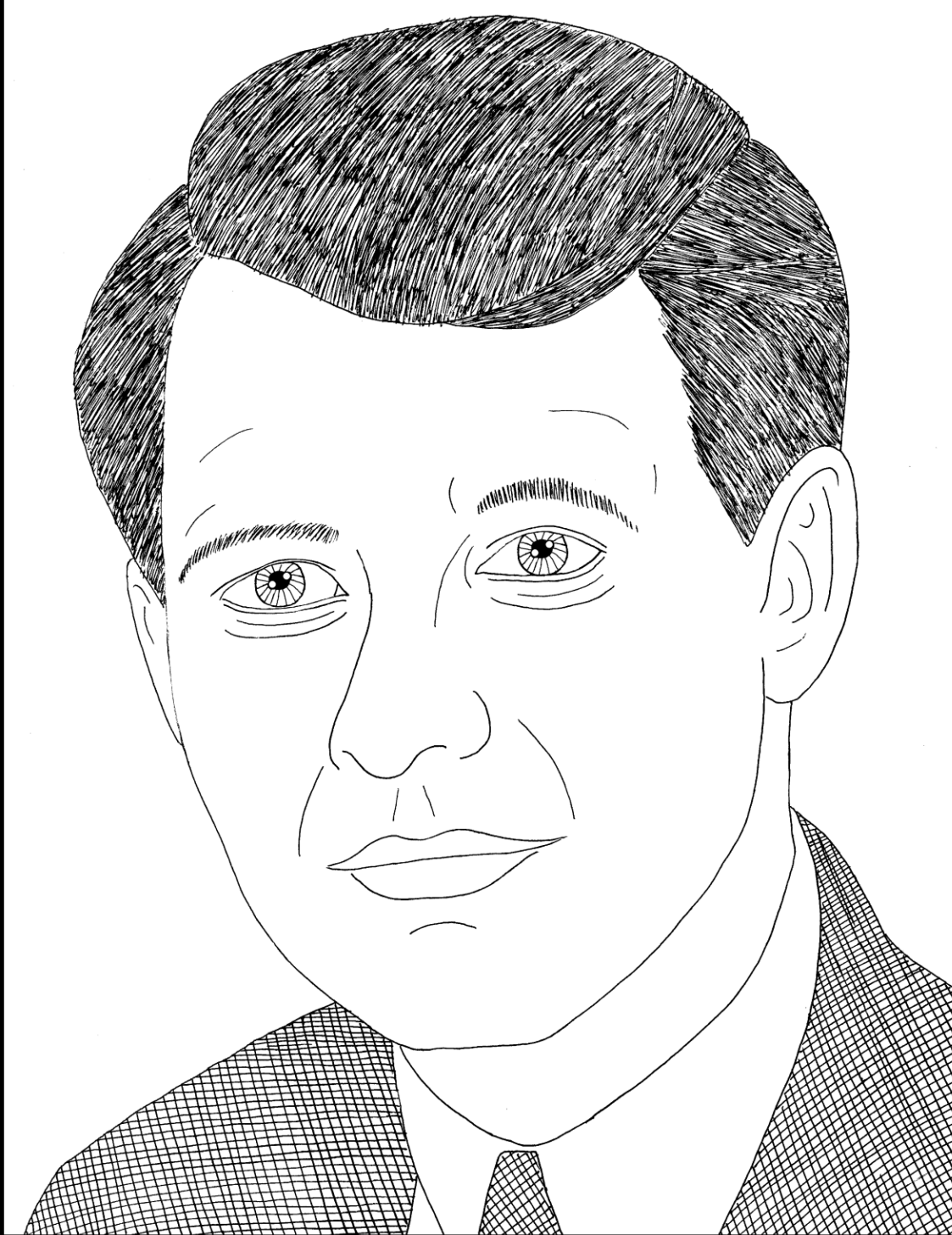
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"Each time a man stands up for an ideal or acts to improve the lot of others or strikes out against injustice, he sends forth a tiny ripple of hope, and crossing each other from a million different centers of energy and daring, those ripples build a current that can sweep down the mightiest walls of oppression and resistance."

-- Robert F. Kennedy

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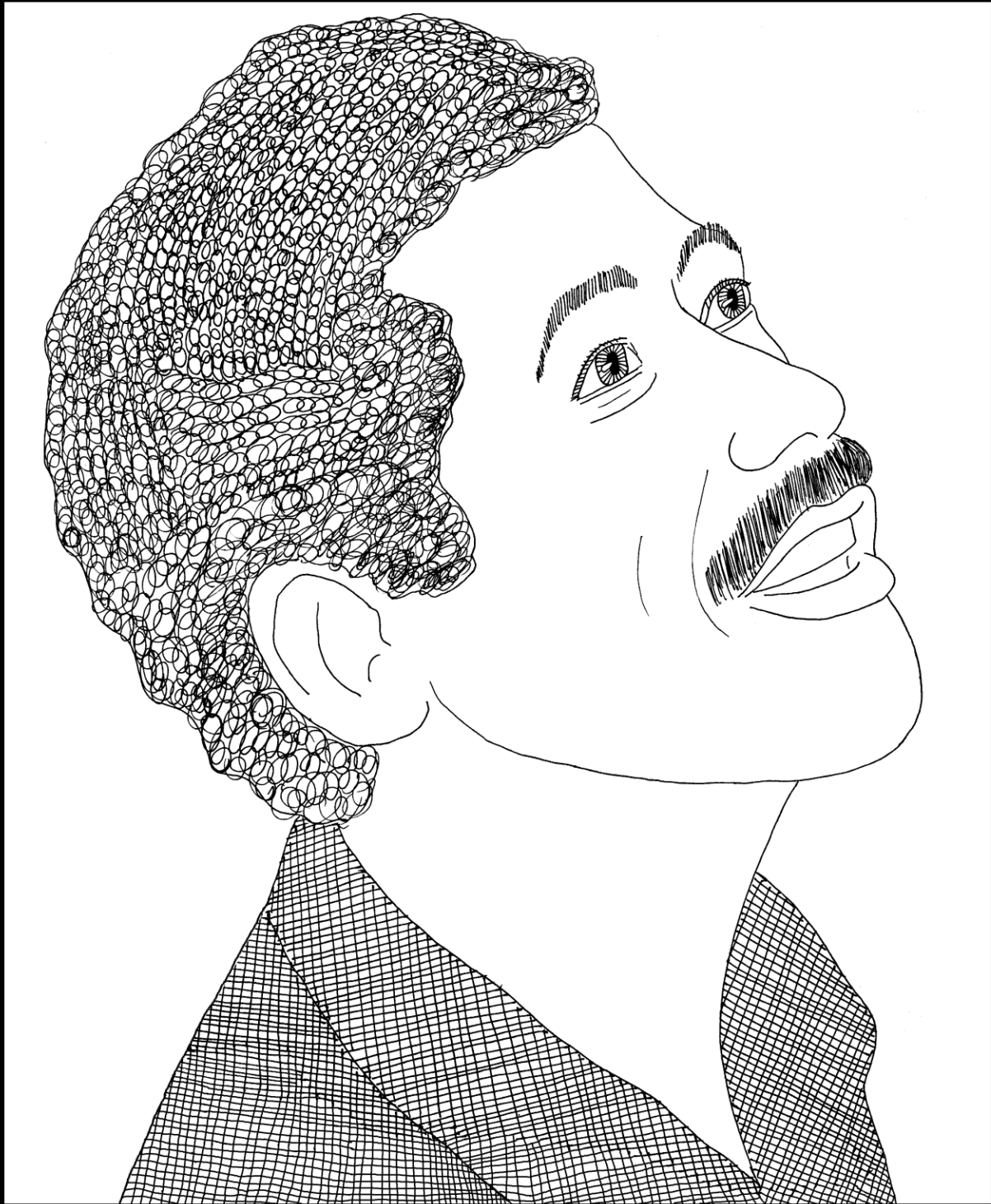
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**"Because the suffering of any human being diminishes all of us,  
it's our responsibility to try to ease that suffering.  
It is not a matter of titles, but of responsibilities."**

**-- Khaled**

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**"I do believe there is enormous possibility to change this world."  
-- Nicole Kidman**

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"I've always thought that the best solution for those who feel helpless is for them to help others."

-- Aung San Suu Kyi

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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE  
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MAKE  
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DIFFERENCE

**"Why wouldn't I help? What good reason do I have as a human being with power and a sense of empathy and morality, why wouldn't I do something?"**

**-- John Legend**

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THIRD MONDAY IN JANUARY

MAKE A DIFFERENCE



MAKE A DIFFERENCE

"Every one of us can make a contribution. And quite often we are looking for the big things and forget that, wherever we are, we can make a contribution... just imagine what's happening if there are billions of people out there doing something. Just imagine the power of what we can do."

-- Wangari Maathai

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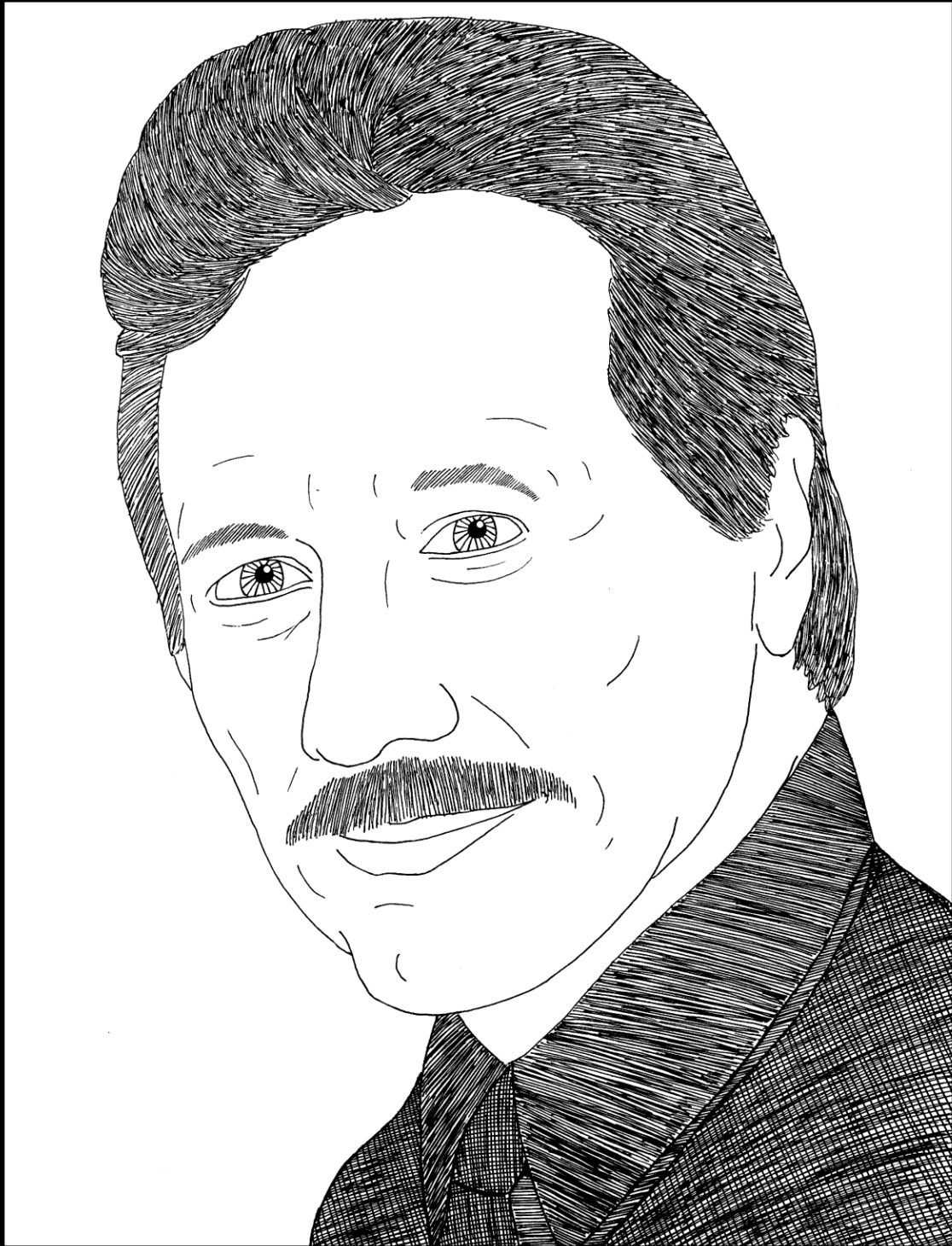




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"What volunteers bring is the human touch, the individual, caring approach that no government program, however well-meaning and well- executed, can deliver."

-- Edward James Olmos

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**"We are all part of the human family  
and we should be about doing what all good families do  
- caring for our less fortunate brothers and sisters."  
-- Dan O'Neill**

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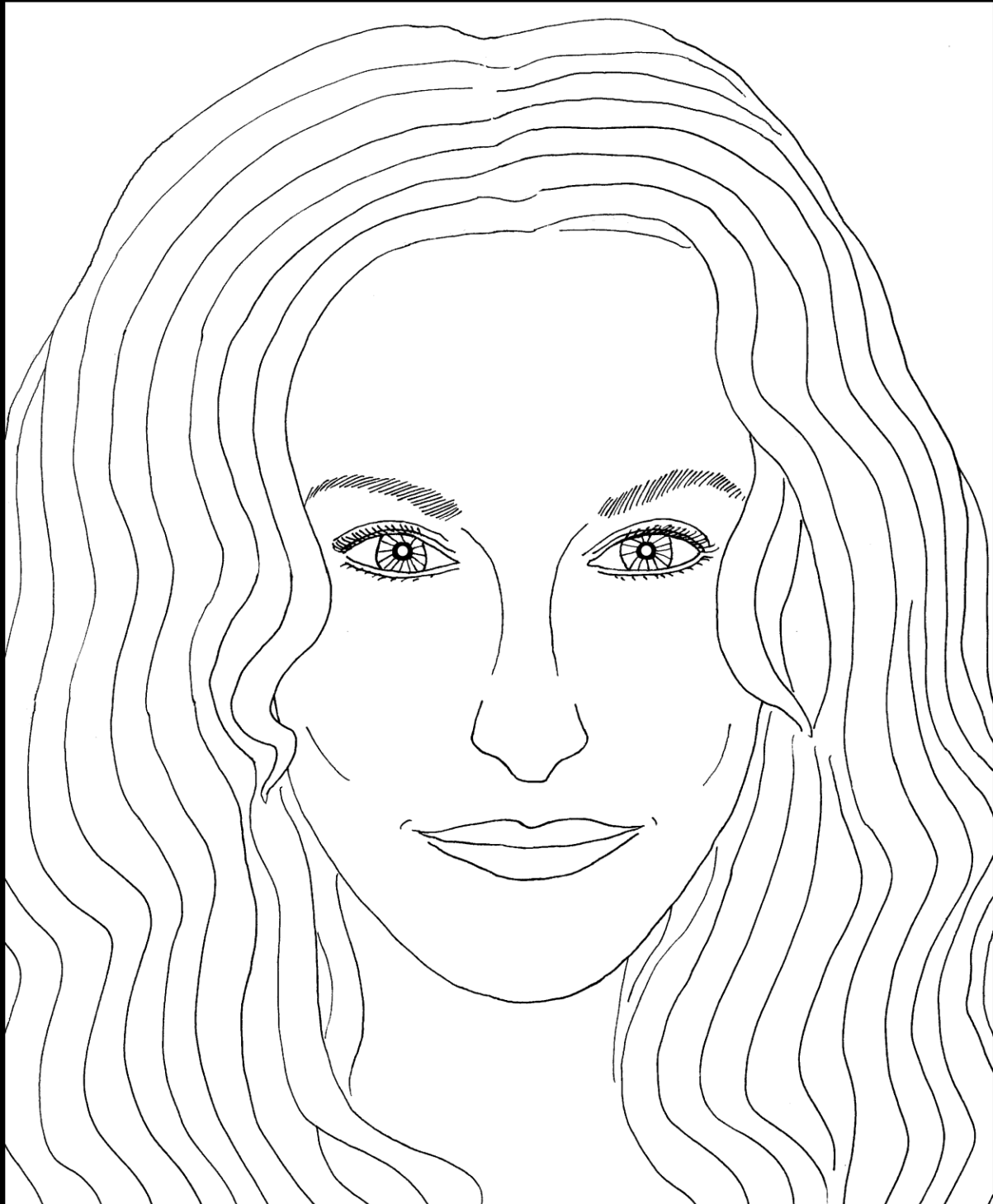
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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"My involvement with UNICEF is particularly important to me because it is UNICEF that introduced me to volunteerism, thereby helping me to set my own personal standard of contributing my time and giving back to others. Working on behalf of UNICEF's lifesaving efforts is one of my most valued roles."**

**-- Sarah Jessica Parker**

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"If there is any kindness I can show, or any good thing I can do to any fellow being, let me do it now, and not deter or neglect it, as I shall not pass this way again."

-- William Penn

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"Our generation has the ability and the responsibility to make our ever-more connected world a more hopeful, stable and peaceful place."  
-- Natalie Portman

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**"I feel the greatest reward for doing  
is the opportunity to do more."  
-- Jonas Salk**

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"To know that once you decide to look at life outside of the narrow limits of just your world and start to understand that you can make a difference in very simple ways - in volunteering and all the way up to bigger world problems."

-- Susan Sarandon

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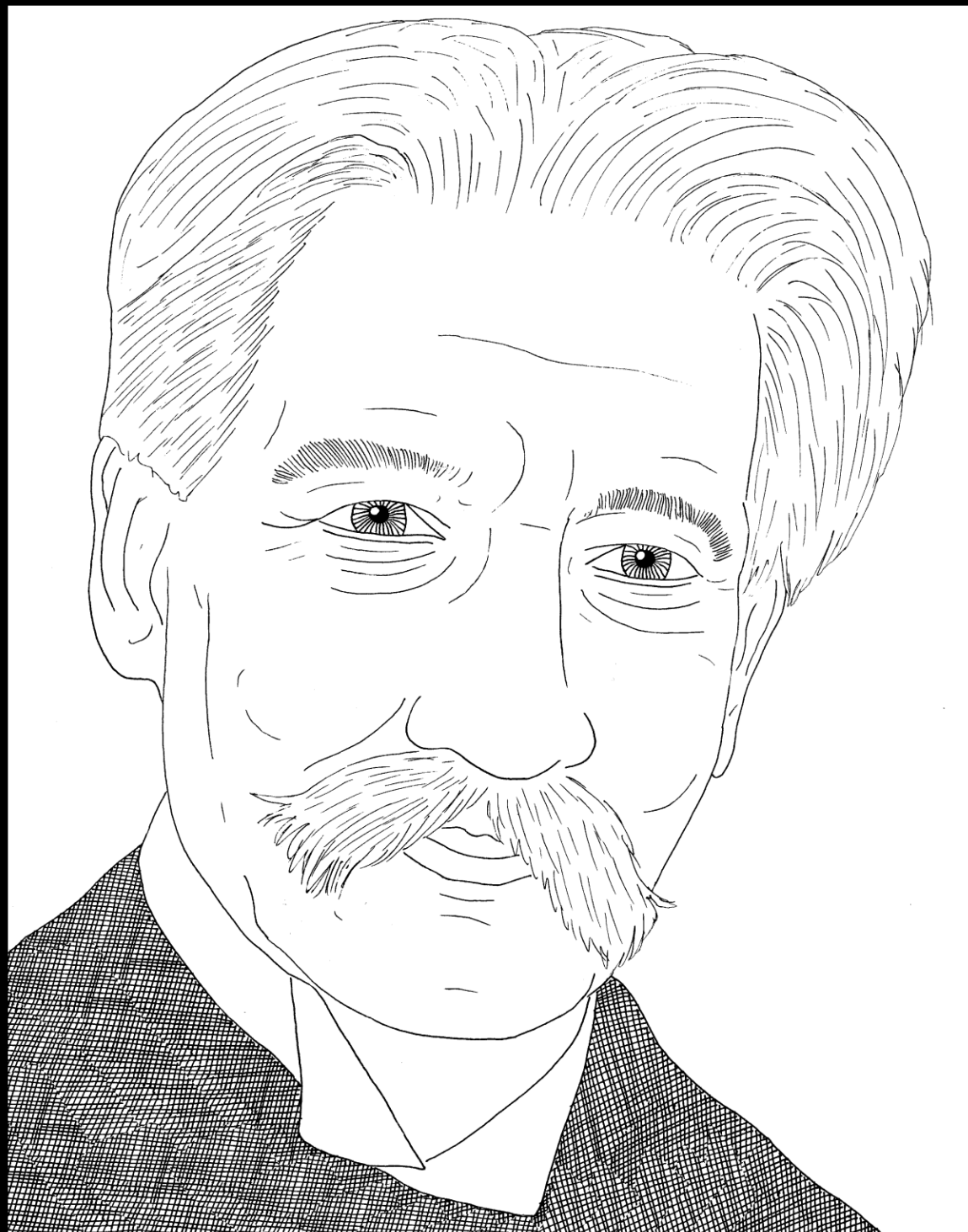
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**"I don't know what your destiny will be, but one thing I do know:  
The only ones among you who will be really happy  
are those who have sought and found how to serve."  
-- Albert Schweitzer**

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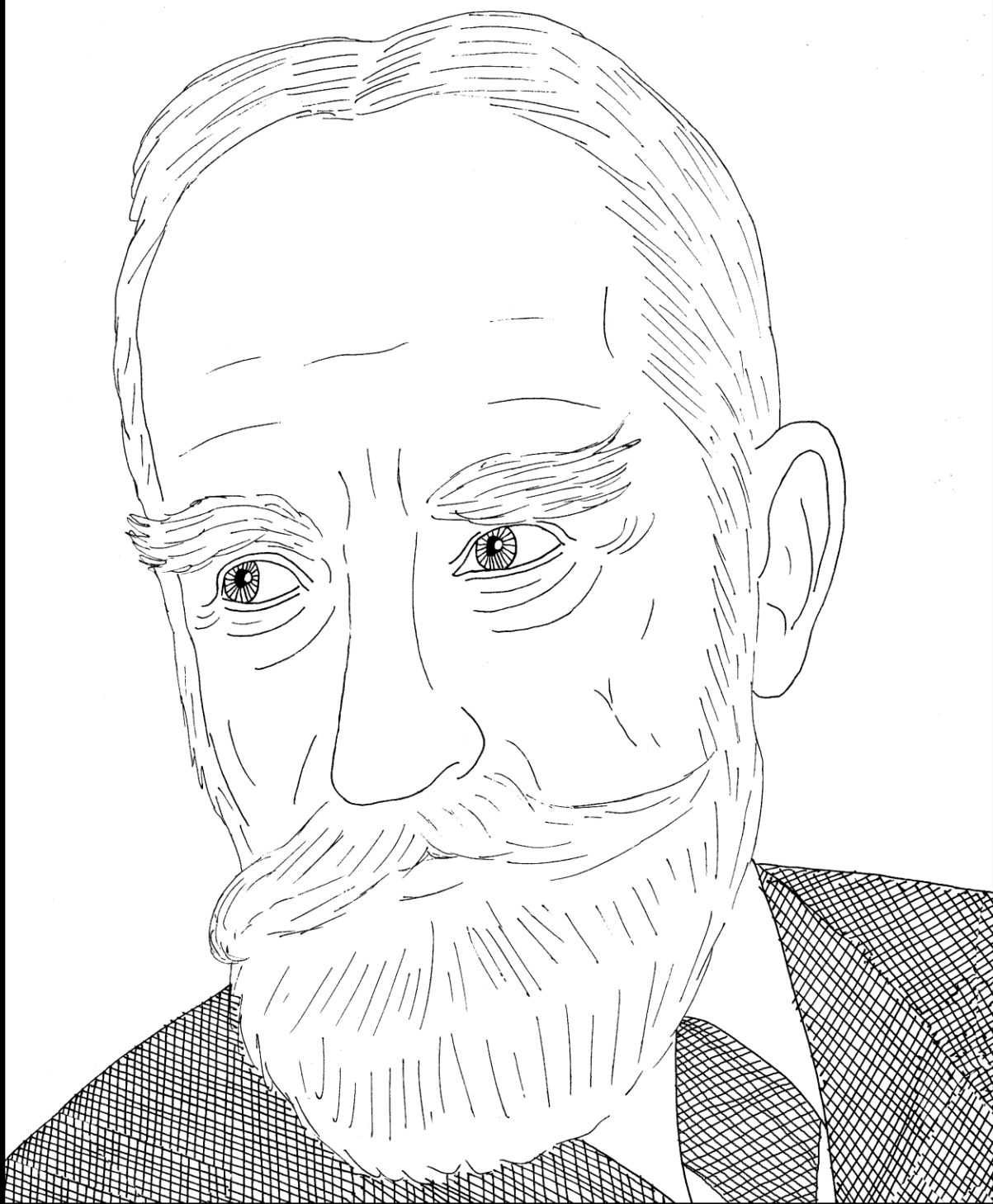




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"I am of the opinion that my life belongs to the community...  
and as long as I live, it is my privilege to do for it whatever I can."  
-- George Bernard Shaw

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**"I think service to others is the real key to winning our own personal freedom and the road to our own happiness, our own personal contentment and fulfillment."**

**-- Martin Sheen**

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**"It's important to see what we can do to make a difference,  
but it's more important to me to do it every single day."**

**-- Alicia Silverstone**

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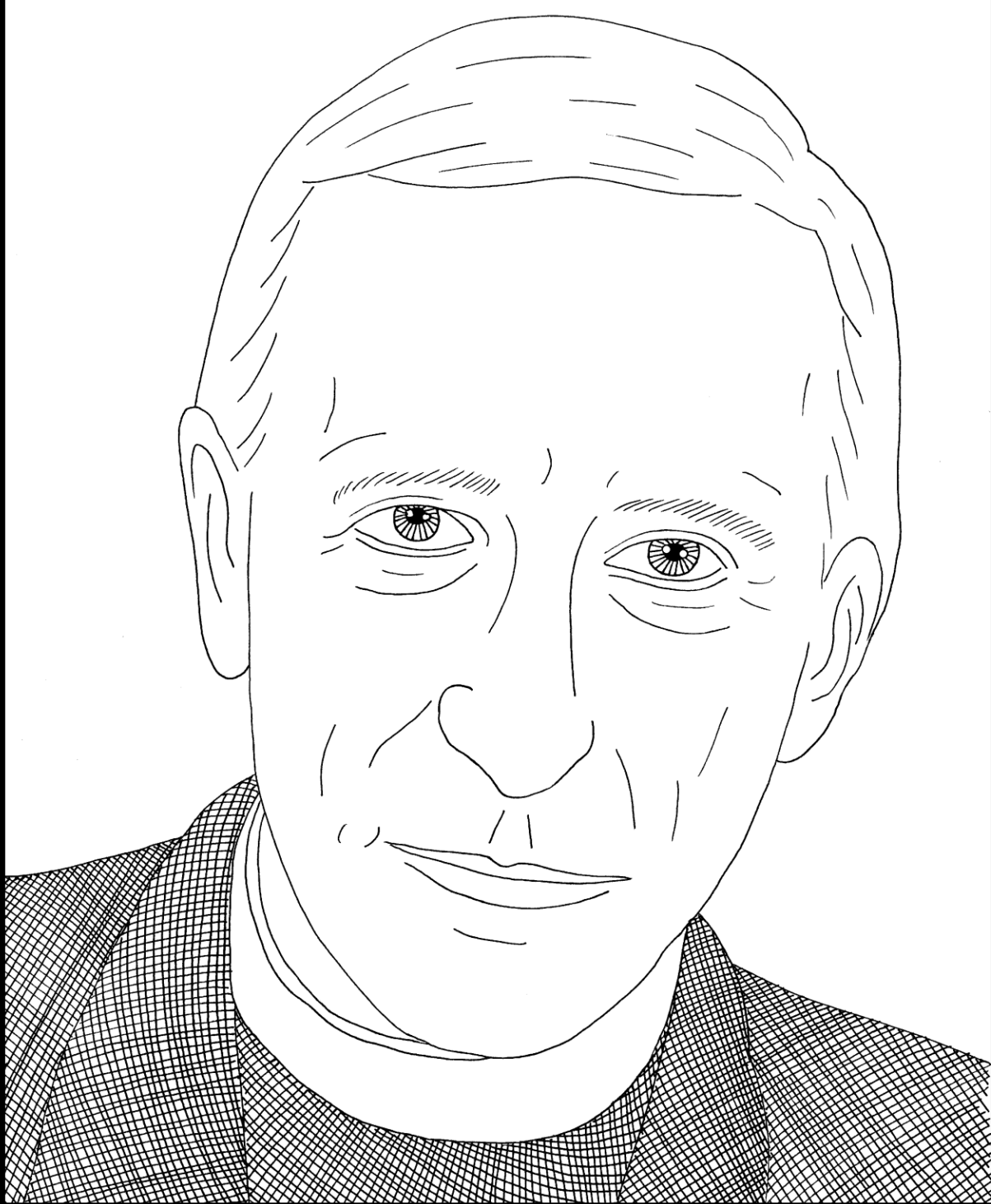
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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE  
A  
D-I-F-F-E-R-E-N-C-E



MAKE  
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D-I-F-F-E-R-E-N-C-E

**"The most satisfying thing in life is to have been able to give a large part of one's self to others."**  
-- Pierre Teilhard de Chardin

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**MARTIN LUTHER KING, JR. DAY OF SERVICE**  
**THIRD MONDAY IN JANUARY**

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**"It is not how much you do,  
but how much love you put in the doing."  
-- Mother Teresa**

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THIRD MONDAY IN JANUARY

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"I want a different world. One where I don't wake up thinking I'm so lucky to be able to feed my daughter, and able to give people a clean drink of water. I don't want images of starving babies at the breast in my mind. I want that to change. And if I want that, I had better do something about it."  
-- Emma Thompson

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Let ... individuals make the most of what God has given them,  
have their neighbors do the same,  
and then do all they can to serve each other."  
-- Sojourner Truth

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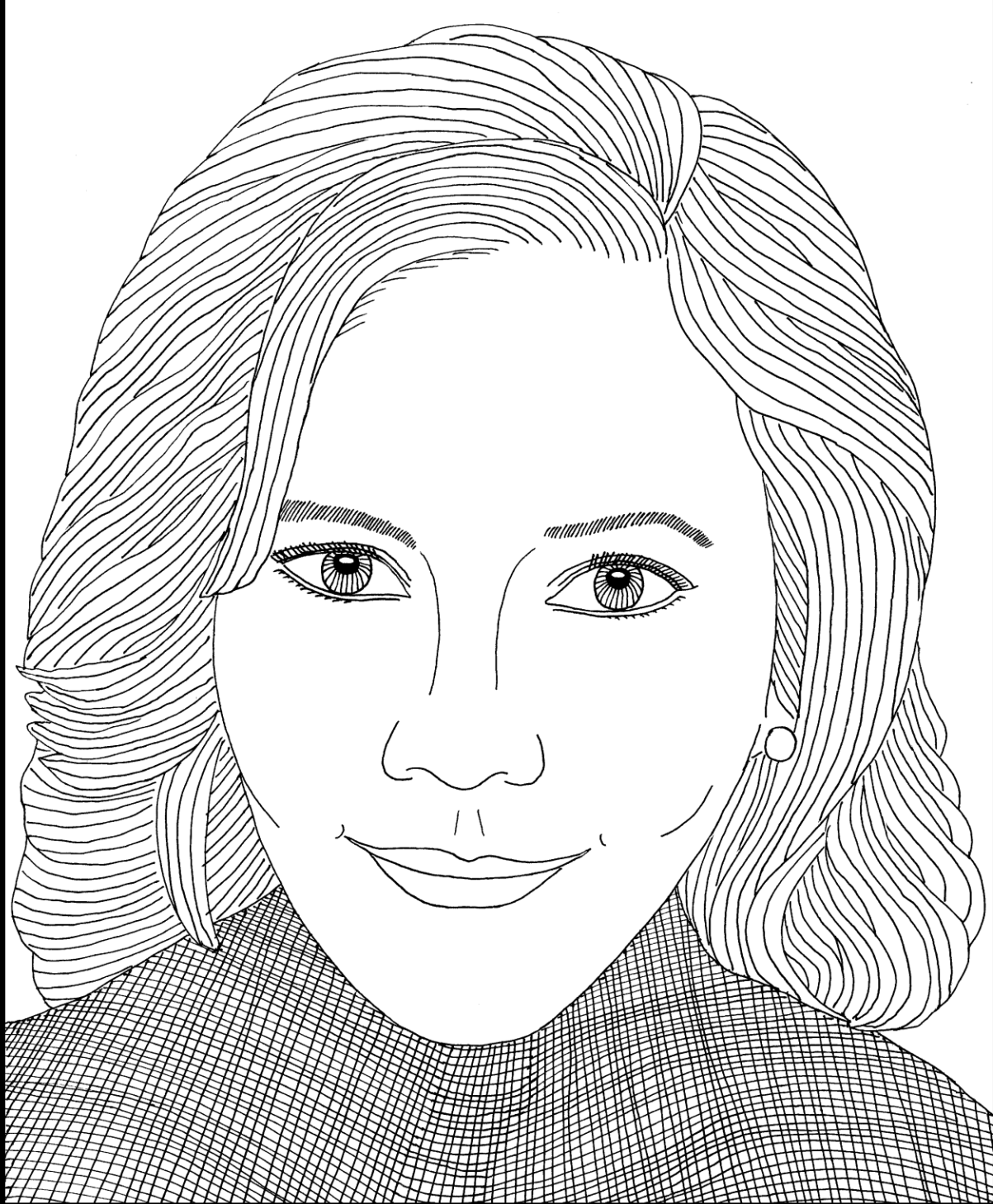
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# MARTIN LUTHER KING, JR. DAY OF SERVICE

THIRD MONDAY IN JANUARY

MAKE A DIFFERENCE



MAKE A DIFFERENCE

**"Everyone must find a capacity in which they can serve,  
because we all benefit from society."**

**-- Kathleen Turner**

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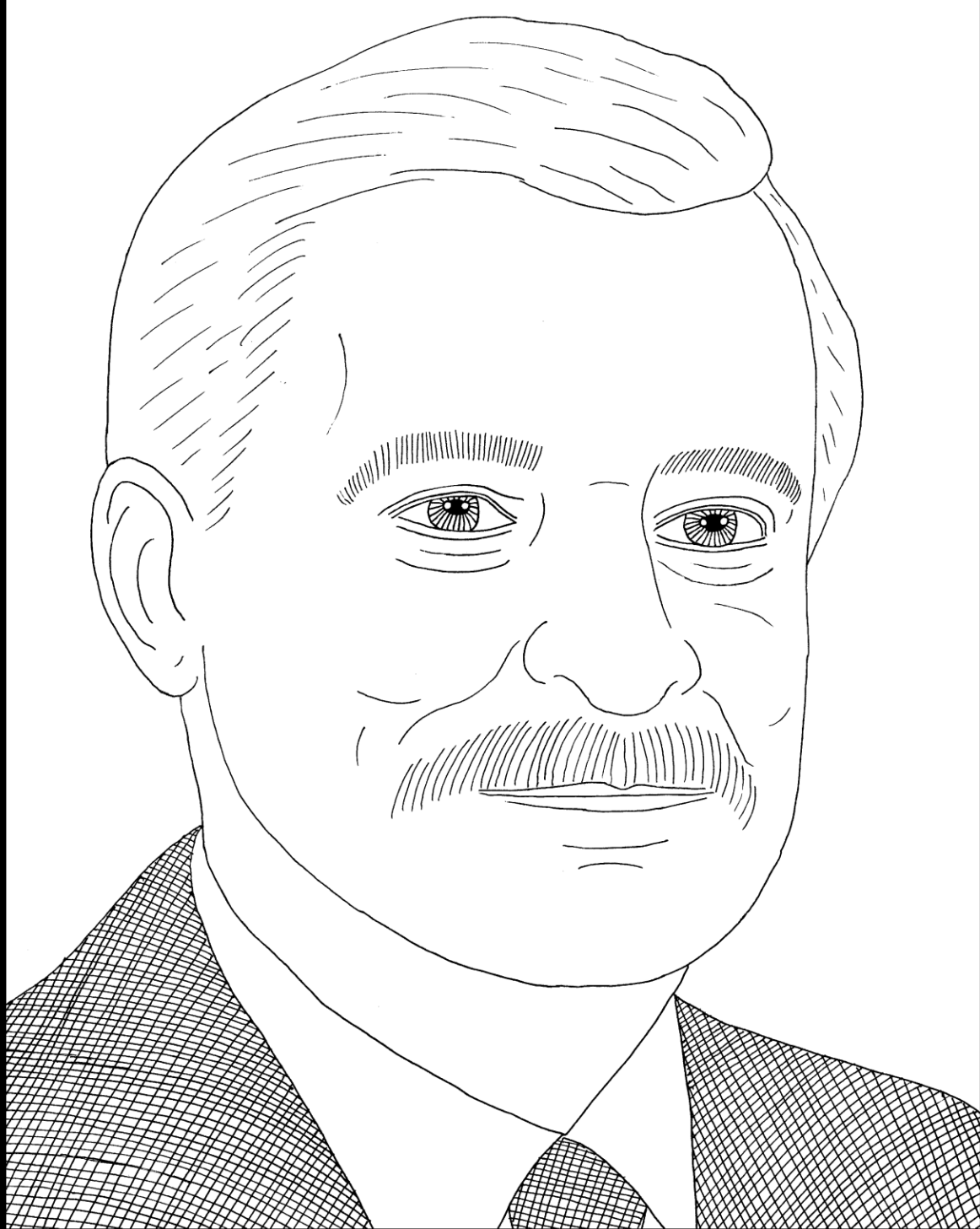




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THIRD MONDAY IN JANUARY

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**"The thing that lies at the foundation of positive change,  
the way I see it, is service to a fellow human being."**

**-- Lech Walesa**

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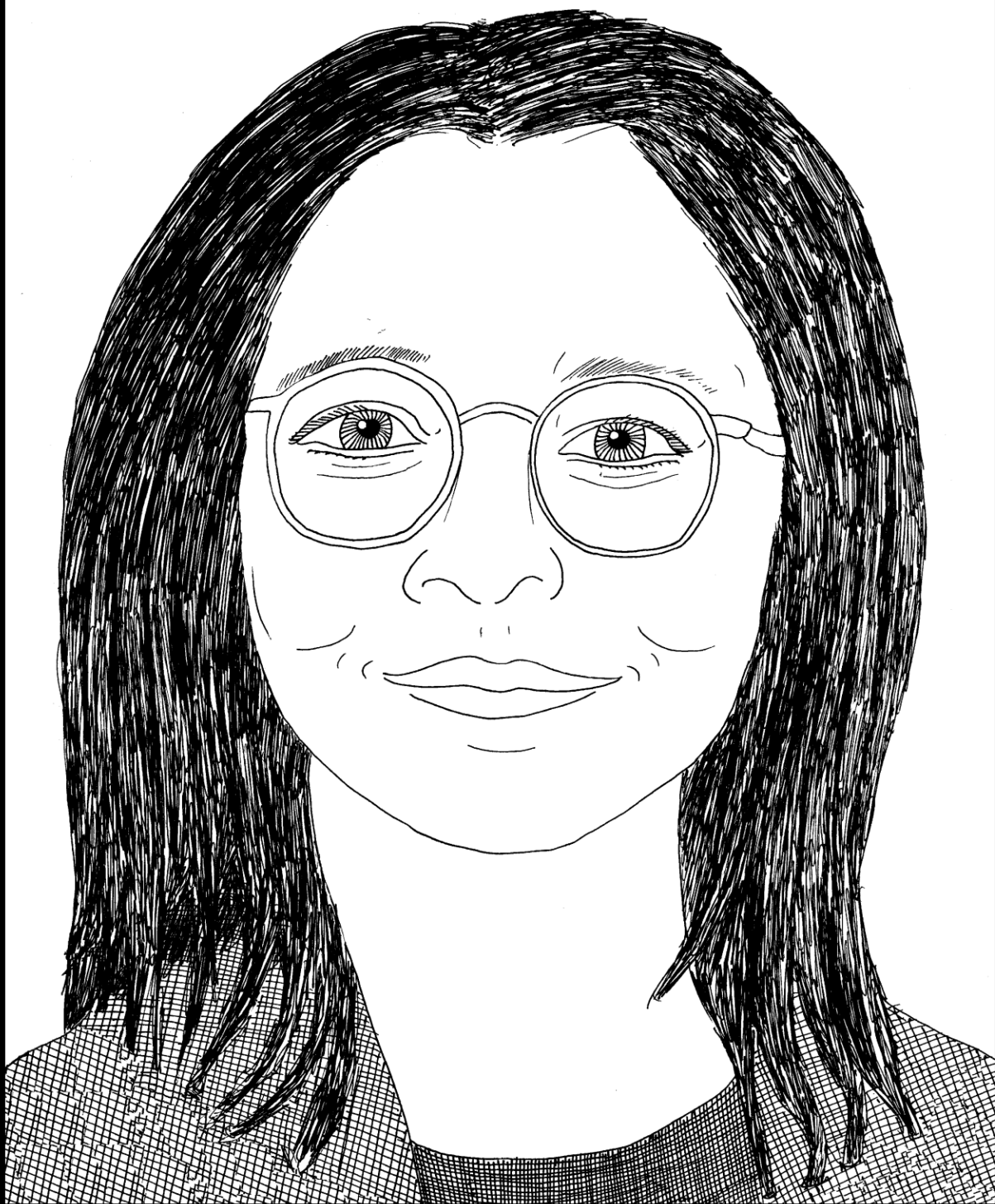
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**"Activism is the rent I pay for living on this planet."  
-- Alice Walker**

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"In proportion as one renders service he becomes great."  
-- Booker T. Washington

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**"My satisfaction comes from my  
commitment to advancing a better world."  
-- Faye Wattleton**

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**"None of us alone can save the nation or world.  
But each of us can make a positive difference  
if we commit ourselves to do so."  
-- Cornel West**

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**"In every community, there is work to be done.  
In every nation, there are wounds to heal.  
In every heart, there is the power to do it."  
-- Marianne Williamson**

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