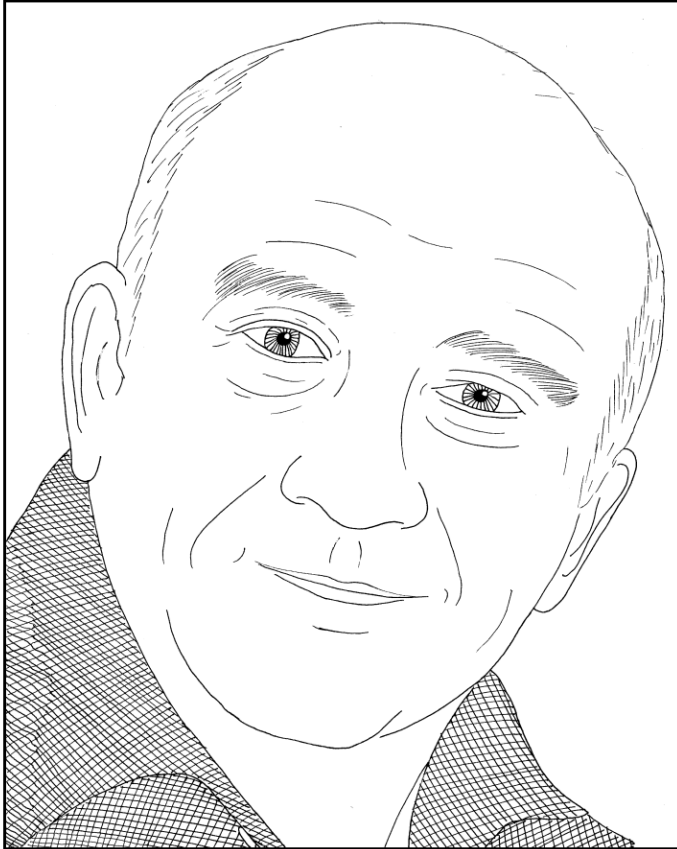




# ONE DAY IN PEACE - JANUARY 1



"As they used to say  
'What if they gave a war and nobody came?'  
How worthwhile if they declared a day of peace  
and everybody came."  
~ Ed Asner

New Year's is the perfect opportunity for those of us who wish for peace on earth to make a resolution to try to do our best to work to create a better world during the coming year. It's also the perfect occasion to hold an event that will spread hope for our shared wish of a more peaceful, just and sustainable world. People will be celebrating anyway, and making resolutions about things they want to change about themselves in the coming year. Why not make it celebration with a purpose, and share a resolution that will help unite our local, national and global communities!

This is the very idea behind two January 1 events - **One Day In Peace** and **Global Family Day**. A global campaign for One Day In Peace on January 1, 2000 helped inspire a UN Resolution and a joint United States Congressional Resolution, inviting January 1 to be celebrated every year as a day of peace and sharing. If we can live for one day in peace, then we can work together to make peace last, one day at a time.

The day has also come to be known as **Global Family Day** - a day for peace and sharing. Communities around the world come together for a shared meal on January 1 and talk about how they can help to create a better world.

What can you do to help create humanity's first day of peace and sharing?

## Be A Hero For A Better World!

1. Do something for peace each day
2. Plan an event for peace and sharing on New Year's and make a Peace Resolution
3. Contribute to organizations working for a culture of peace

## Links for Peace And Sharing

Culture Of Peace Initiative  
([cultureofpeace.org](http://cultureofpeace.org))  
[CultureOfPeace.com](http://CultureOfPeace.com)  
[Global Family Day \(globalfamilyday.org\)](http://GlobalFamilyDay.org)  
[One Day In Peace \(oneday.net\)](http://OneDayInPeace.net)  
[Peace Action \(peace-action.org\)](http://PeaceAction.org)  
Peace Alliance Foundation  
([peacealliancefound.org](http://peacealliancefound.org))  
[United For Peace \(unitedforpeace.org\)](http://UnitedForPeace.org)

For more about One Day In Peace - [www.BetterWorldCalendar.com/oneday.htm](http://www.BetterWorldCalendar.com/oneday.htm)

## BetterWorldCalendar.com

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# ONE DAY IN PEACE - JANUARY 1

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**"We have the ability to achieve, if we master the necessary goodwill, a common global society blessed with a shared culture of peace that is nourished by the ethnic, national and local diversities that enrich our lives."**

**-- Mahnaz Afkhami**

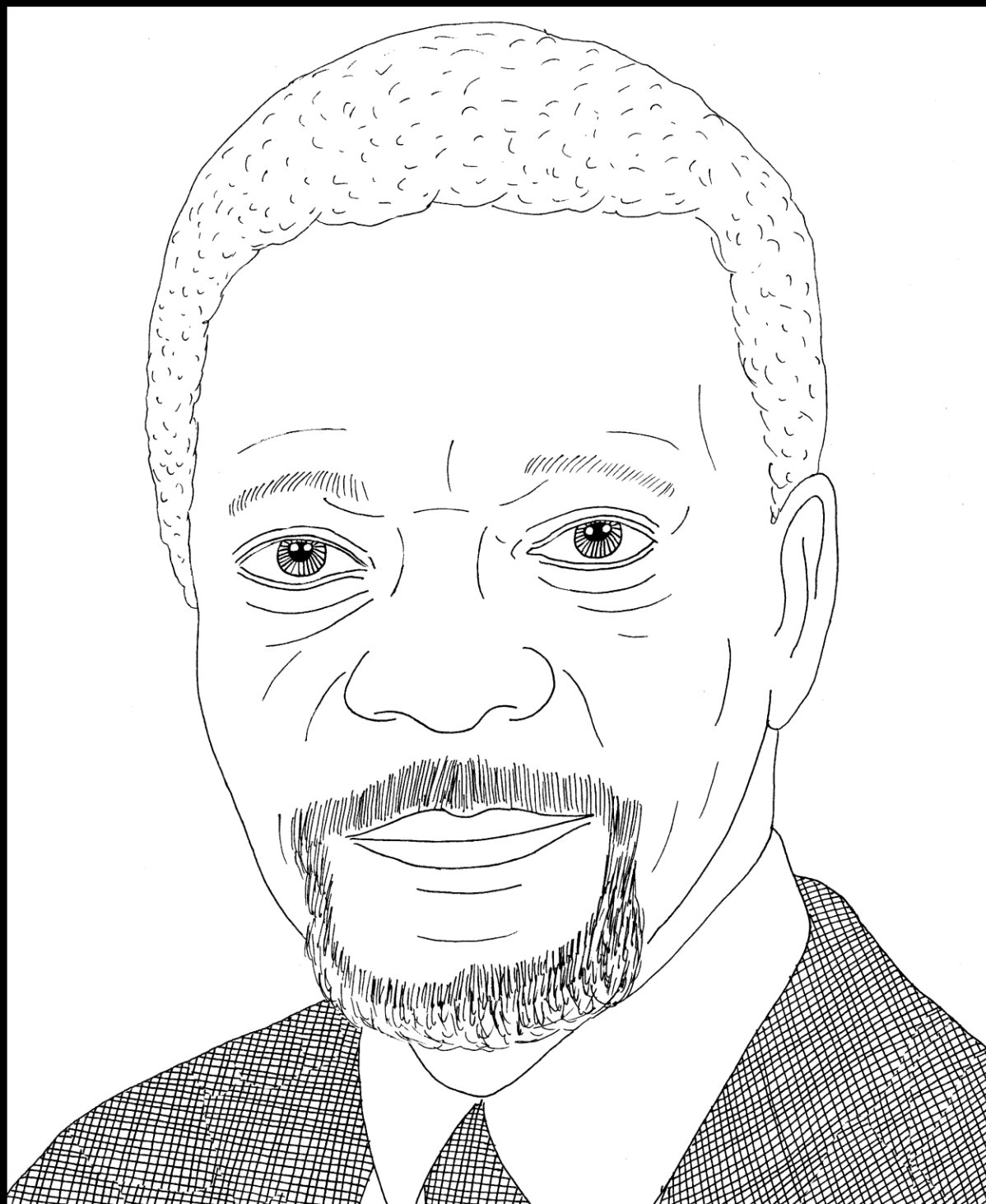
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# ONE DAY IN PEACE - JANUARY 1

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"It may seem sometimes as if a culture of peace does not stand a chance against the culture of war, the culture of violence and the cultures of impunity and intolerance. Peace may indeed be a complex challenge, dependent on action in many fields and even a bit of luck from time to time. It may be a painfully slow process, and fragile and imperfect when it is achieved. But peace is in our hands. We can do it."

-- Kofi Annan

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# ONE DAY IN PEACE - JANUARY 1

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"Peace consists, very largely, in the fact of desiring it with all one's soul."  
-- Oscar Arias

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# ONE DAY IN PEACE - JANUARY 1

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"As they used to say 'What if they gave a war and nobody came?'  
How worthwhile if they declared a day of peace and everybody came."  
-- Edward Asner

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**"Pursuing peace means rising above  
one's own wants, needs, and emotions."  
-- Benazir Bhutto**

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# ONE DAY IN PEACE - JANUARY 1

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"In these disturbing and distressing times, surely it's cheaper, and smarter, to make friends out of potential enemies than it is to defend yourself against them...Justice is the surest way to get peace."

-- Bono

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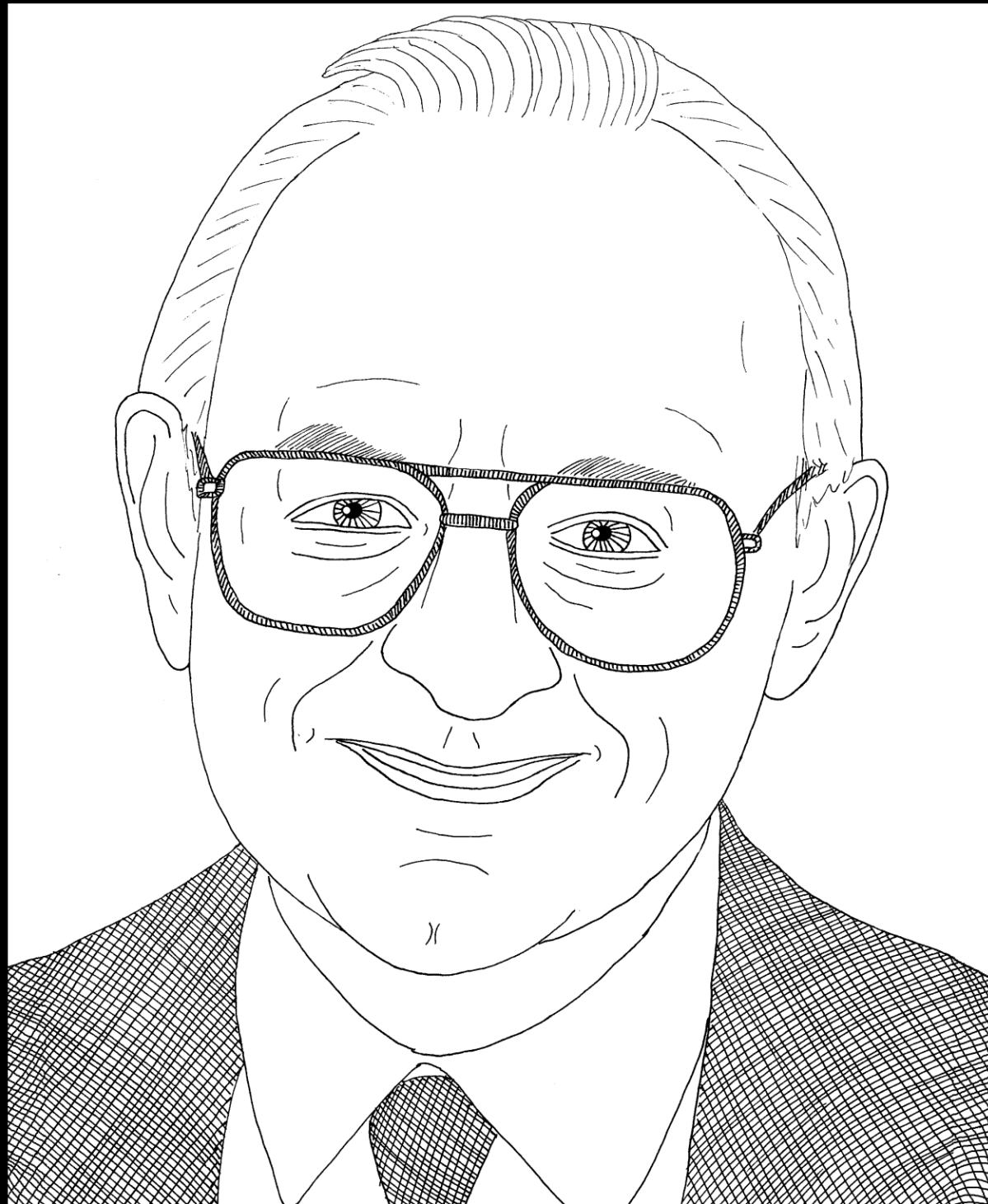
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# ONE DAY IN PEACE - JANUARY 1

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**"Militarism is no longer a synonym for patriotism.  
Our survival as a planet depends on maintaining peace and justice."  
-- Blasé Bonpane**

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"We live now in a global village and we are in one single family.  
It's our responsibility to bring friendship and love from all  
different places around the world and to live together in peace."

-- Jackie Chan

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# ONE DAY IN PEACE - JANUARY 1

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**"If we desire peace, we must prepare for peace.  
The most important thing is to build a culture of peace."  
-- Ambassador Anwarul Chowdhury**

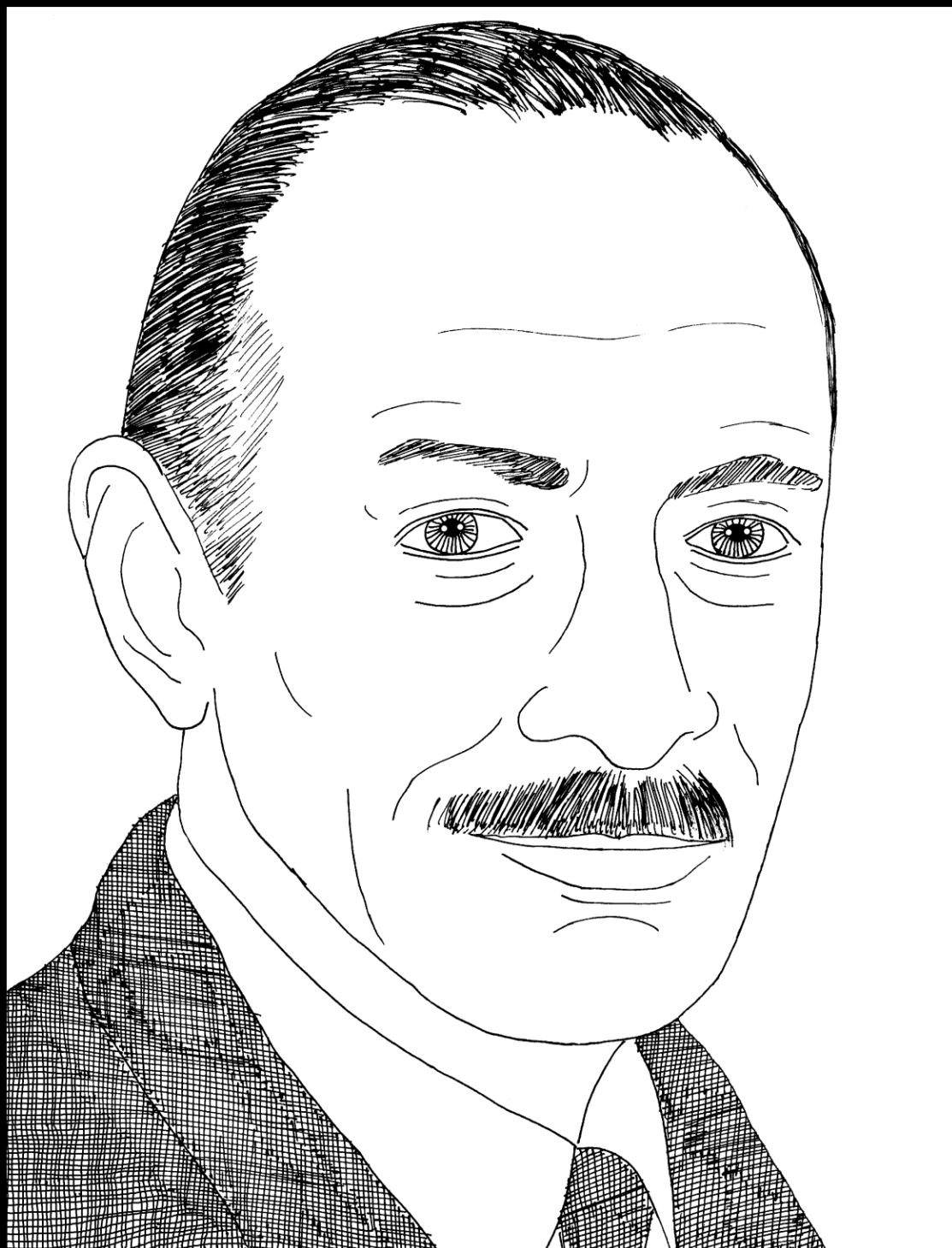
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"A day of peace and sharing can lead to greater understanding and cooperation among political parties, faith groups, and people of different races and economic class."

-- John Conyers

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# ONE DAY IN PEACE - JANUARY 1

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**"War is an invention of the human mind.  
The human mind can invent peace with justice."  
-- Norman Cousins**

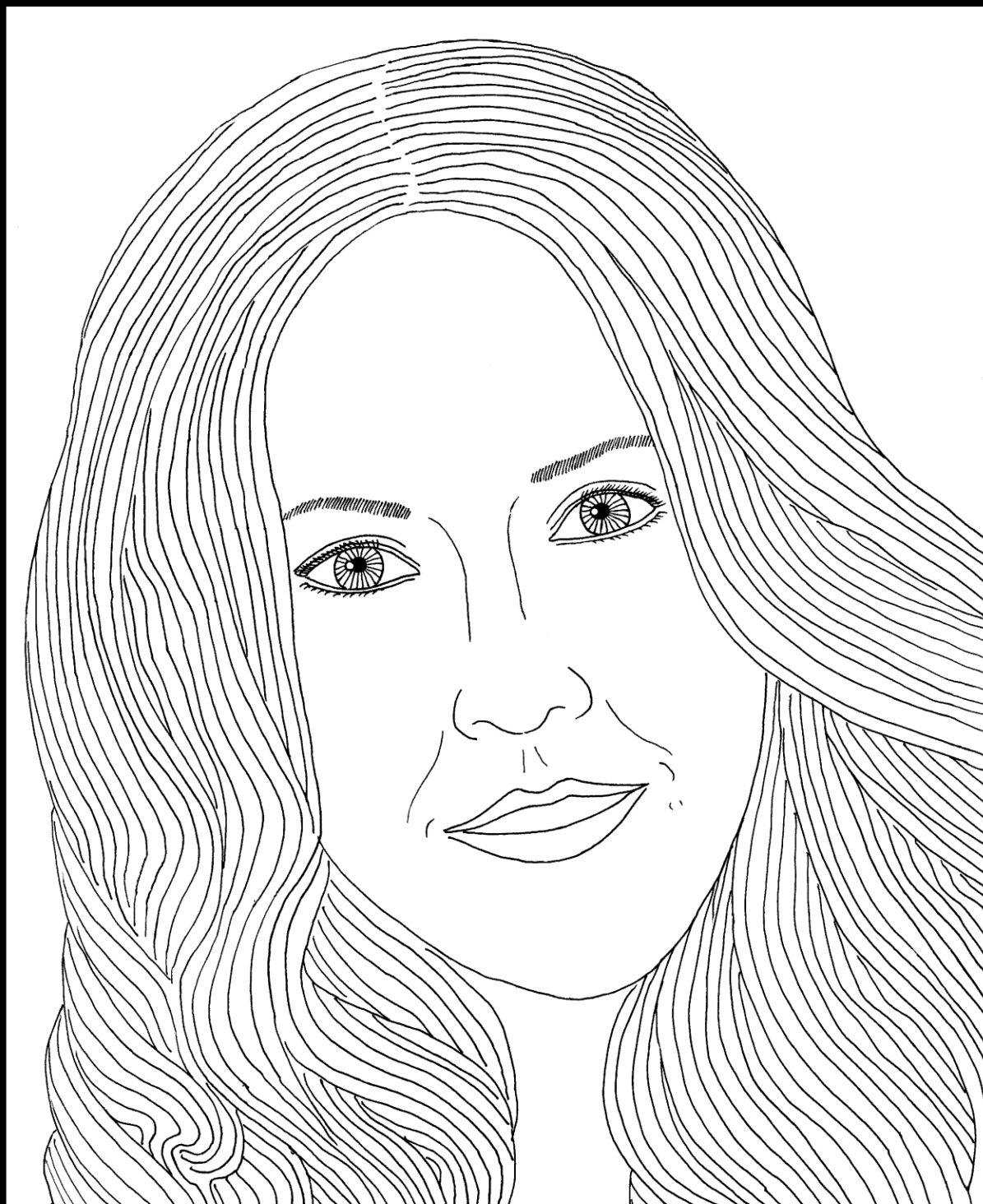
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**“I think war is never the answer to solving any problems.  
The best way to solve problems is to not have enemies.”  
-- Sheryl Crow**

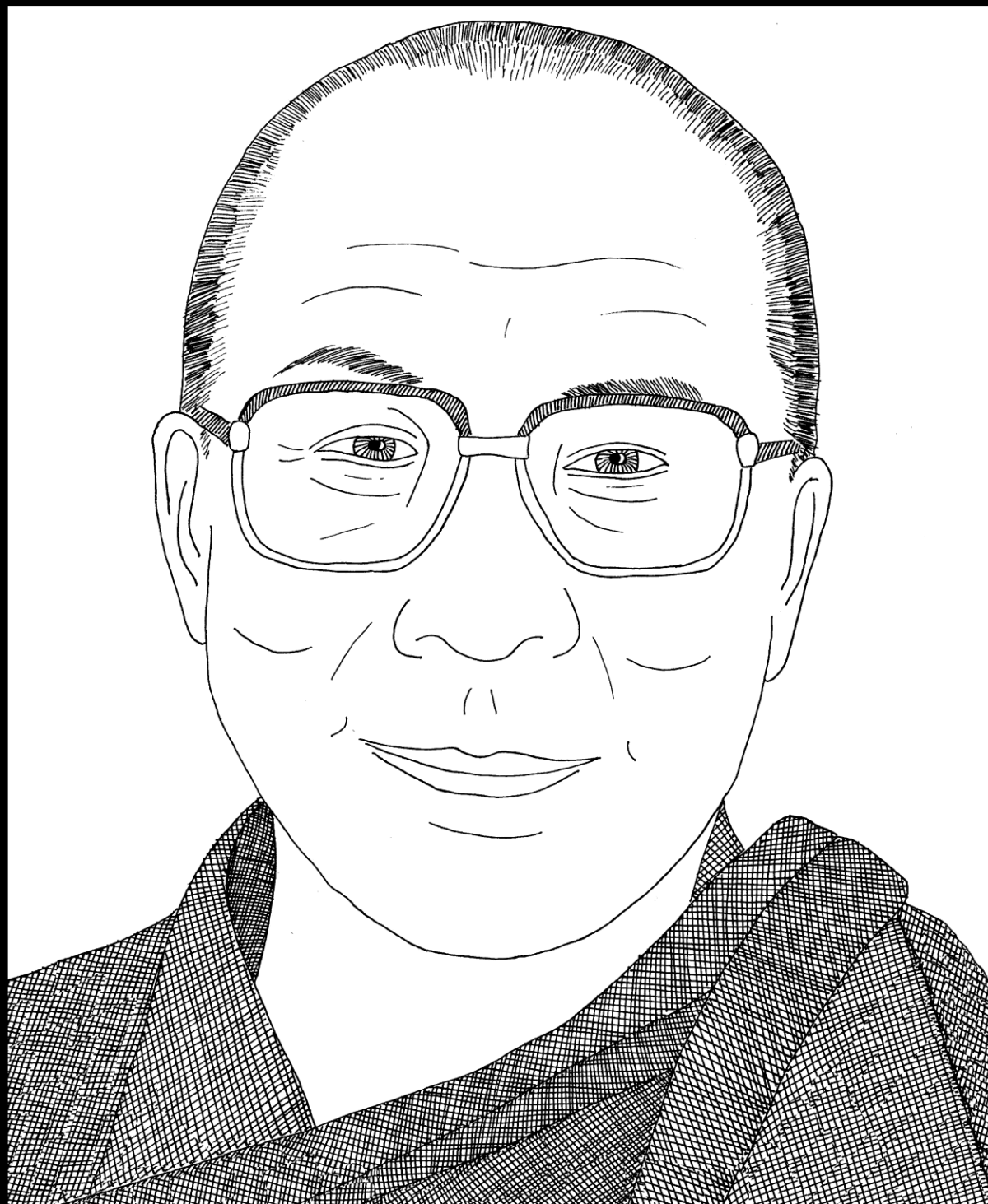
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"Peace can only last where human rights are respected,  
where the people are fed, and where individuals and nations are free."  
-- The Dalai Lama

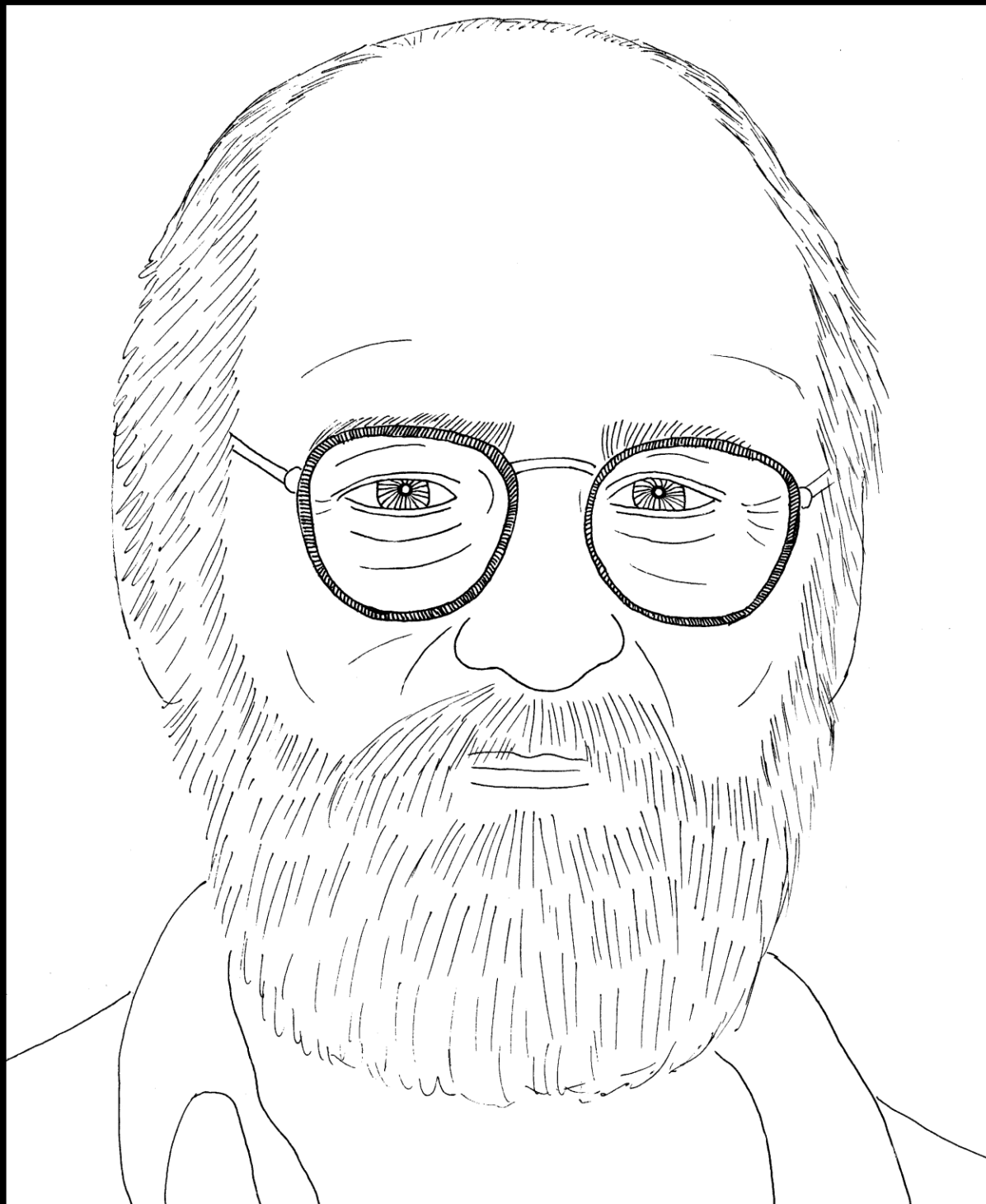
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"What if, for one day ...all the warring parties on Earth agreed not to fire a shot for twenty-four hours?

... One Day In Peace..."

-- Steve Diamond

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# ONE DAY IN PEACE - JANUARY 1

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"...How many times must the cannon balls fly  
Before they're forever banned?"

-- Bob Dylan

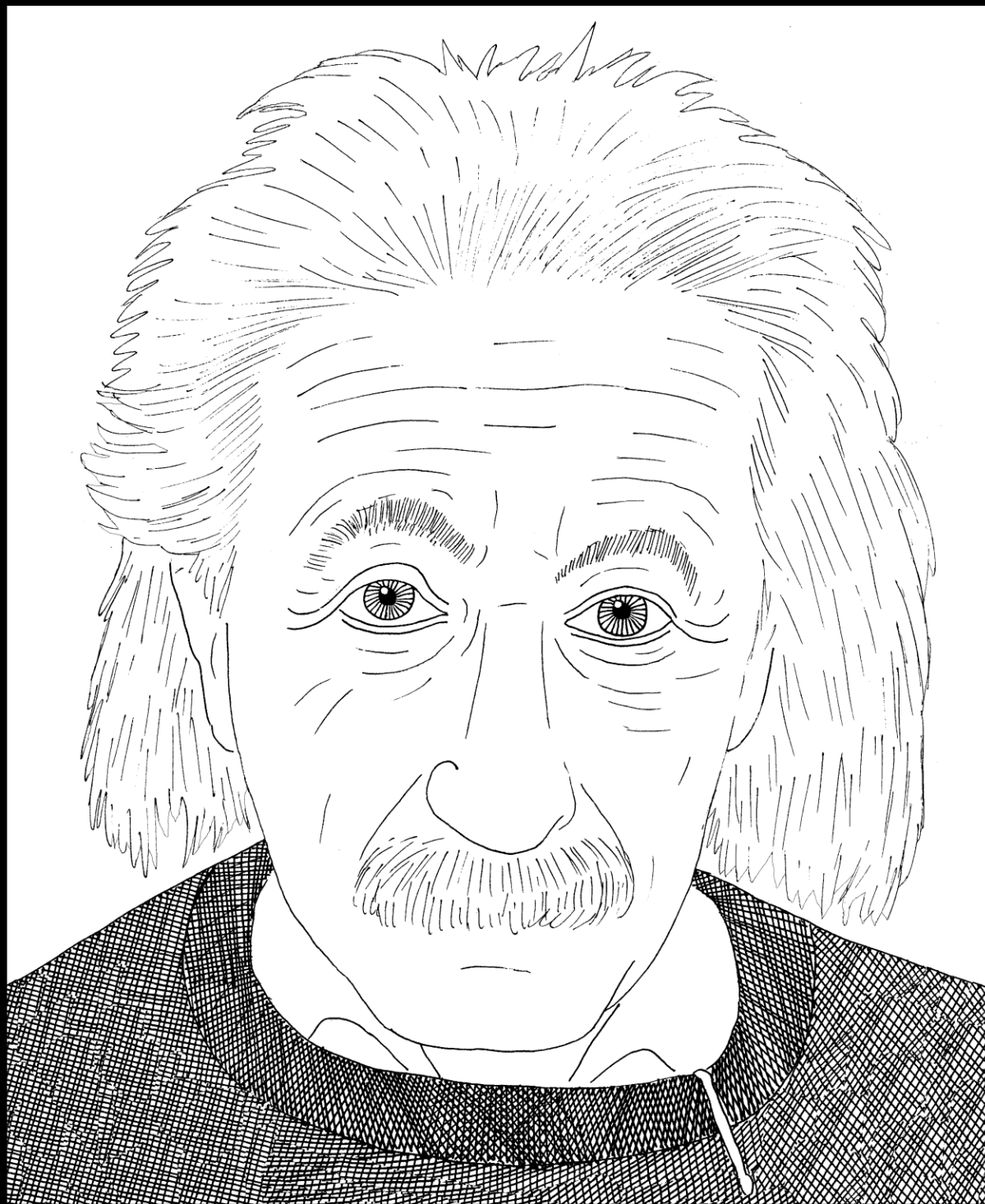
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**"Peace cannot be kept by force;  
it can only be achieved through understanding."  
-- Albert Einstein**

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# ONE DAY IN PEACE - JANUARY 1

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"I like to believe that people in the long run are going to do more to promote peace than our governments. Indeed, I think that people want peace so much that one of these days governments had better get out of the way and let them have it."

-- Dwight D. Eisenhower

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**"We need to learn and to show others that there are tried and tested, powerful ways of containing and resolving conflict which do not require the use of force."**

**-- Scilla Elworthy**

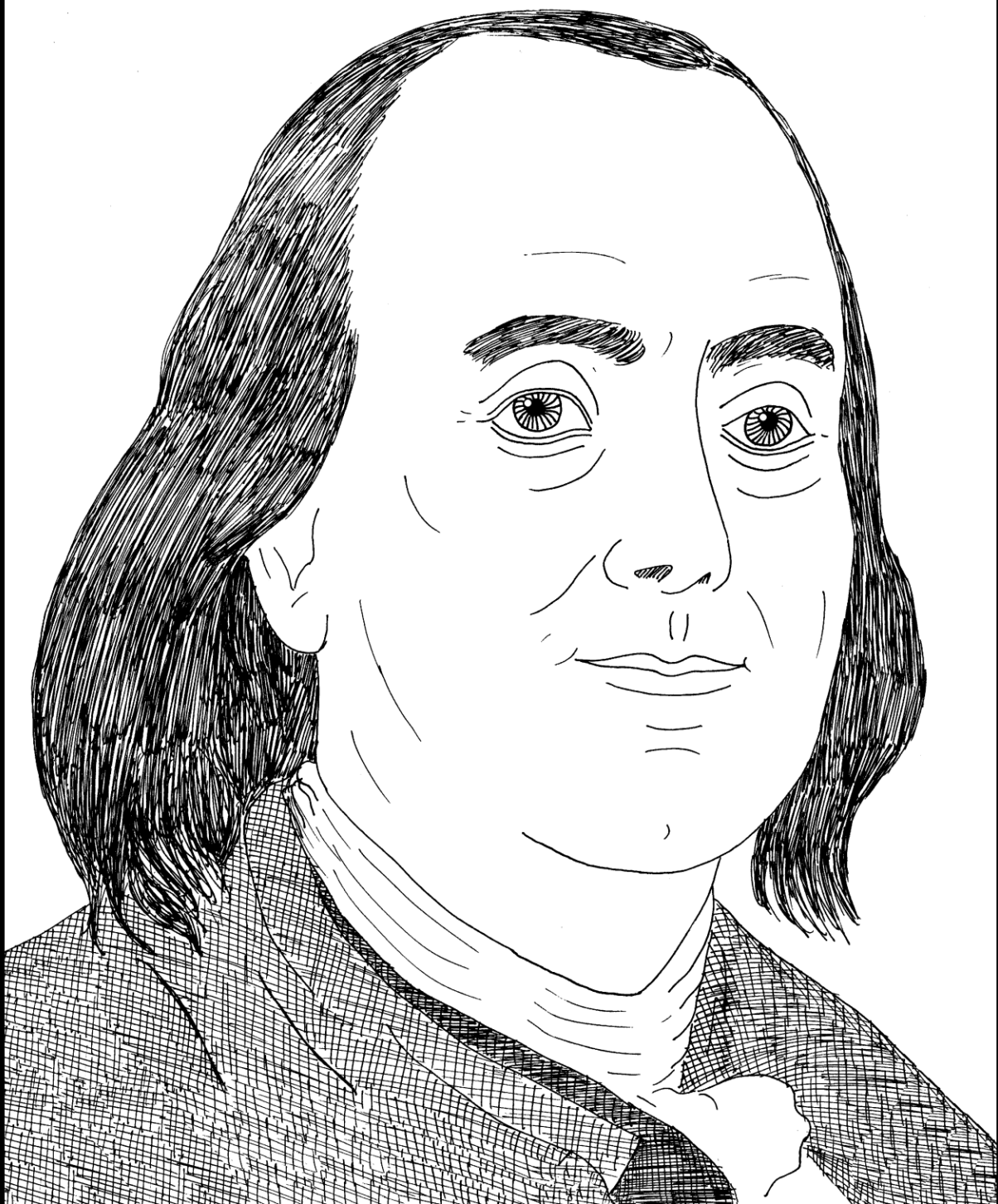
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# ONE DAY IN PEACE - JANUARY 1

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"There was never a good war or bad peace."  
-- Ben Franklin

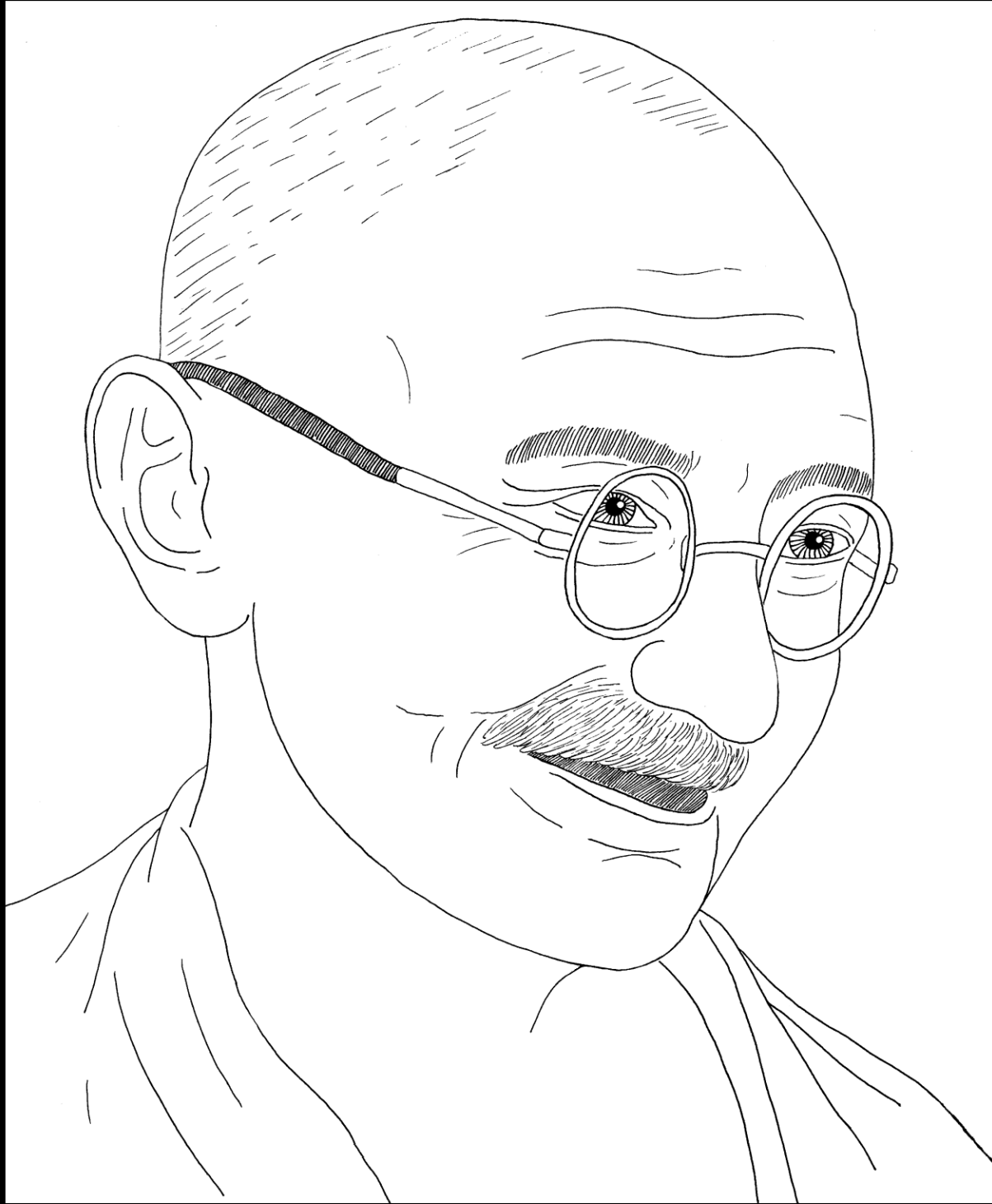
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# ONE DAY IN PEACE - JANUARY 1

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**"It is possible to live in peace."  
-- Mohandas Gandhi**

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"Everywhere we turn, we see violence and hate and prejudice and anger and all of these negative emotions that are destroying humanity. And we have to wake up and take note of this and try to change our course, so that we can create a world of peace and harmony where future generations can live happily together."

-- Arun Gandhi

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"The pursuit of peace and progress cannot end in a few years in either victory or defeat. The pursuit of peace and progress, with its trials and errors, its successes and setbacks, can never be relaxed and never abandoned."

-- Dag Hammarskjöld

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"When the power of love overcomes the love of power  
the world will know peace."

-- Jimi Hendrix

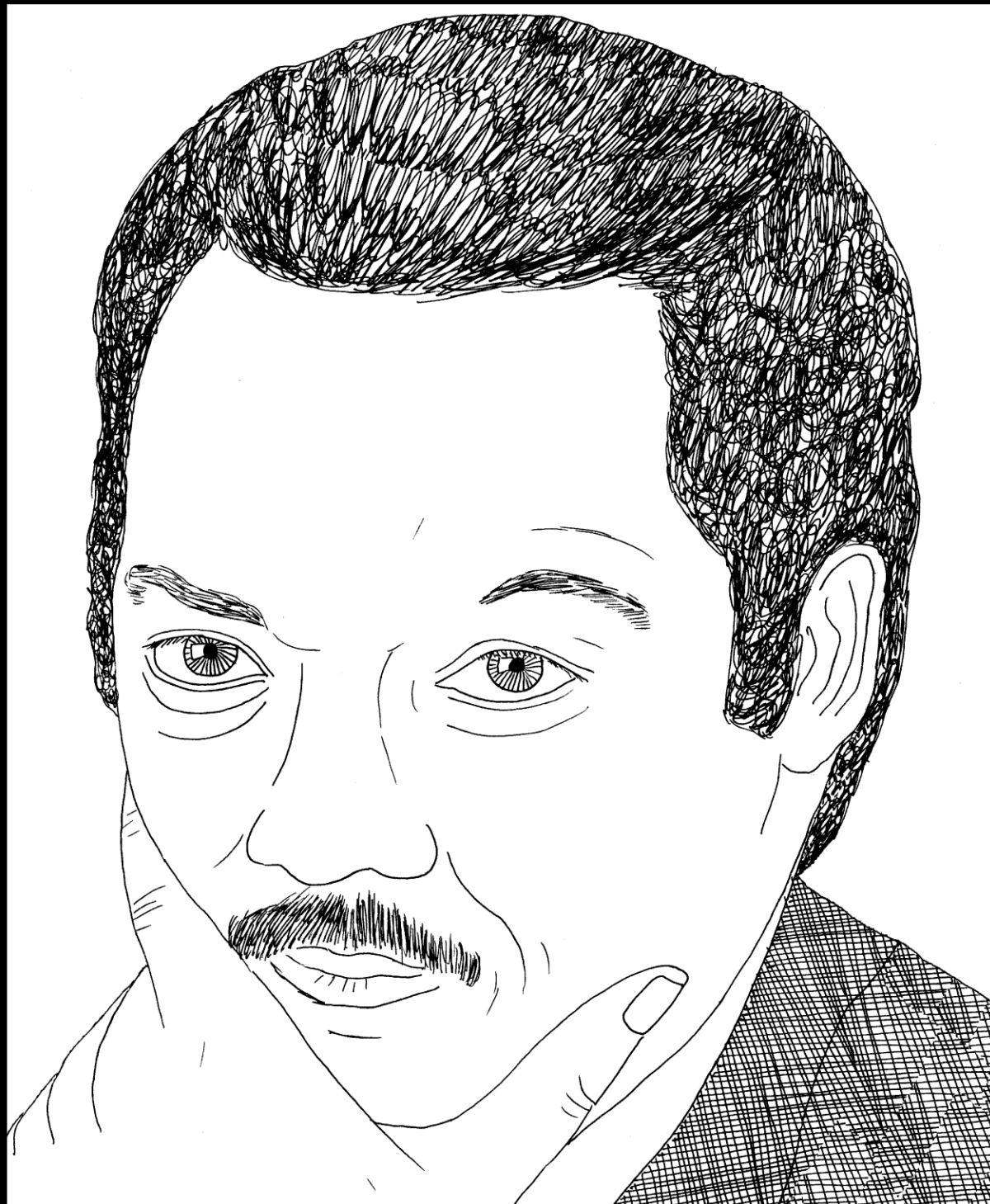
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"Peace is the alternative to war, and nonviolence should be seen as the antidote to violence, not simply as its opposite. Nonviolence is more concerned with saving life than with saving face."  
-- Jesse Jackson

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"I do not want the peace which passeth understanding.  
I want the understanding which bringeth peace."

-- Helen Keller

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# ONE DAY IN PEACE - JANUARY 1

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"Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures."

-- John F. Kennedy

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"The world does not need a war against 'terrorism',  
it needs a culture of peace based on human rights for all."  
-- Irene Khan

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# ONE DAY IN PEACE - JANUARY 1

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"We have an historic opportunity for a great global healing and renewal. If we will accept the challenge of nonviolent activism with faith, courage, and determination, we can bring this great vision of a world united in peace and harmony from a distant ideal into glowing reality."

-- Coretta Scott King

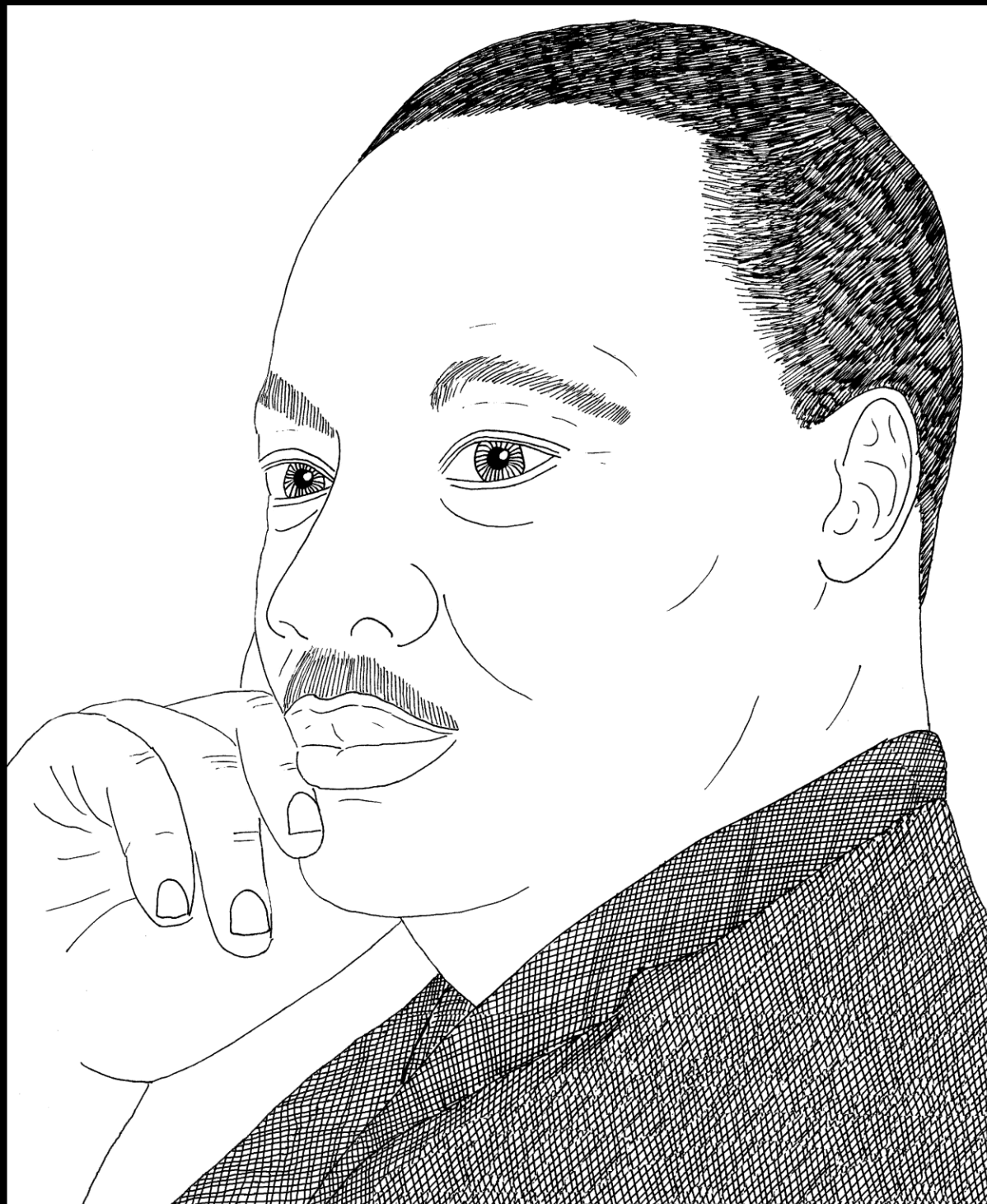
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"So we must fix our vision not merely on the negative expulsion of war,  
but upon the positive affirmation of peace."

-- Martin Luther King, Jr.

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# ONE DAY IN PEACE - JANUARY 1

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"We want peace..."  
-- Lenny Kravitz

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"Peace is a civil right which makes other human rights possible.  
Peace is a precondition for our existence.  
Peace permits our continued existence."  
-- Dennis Kucinich

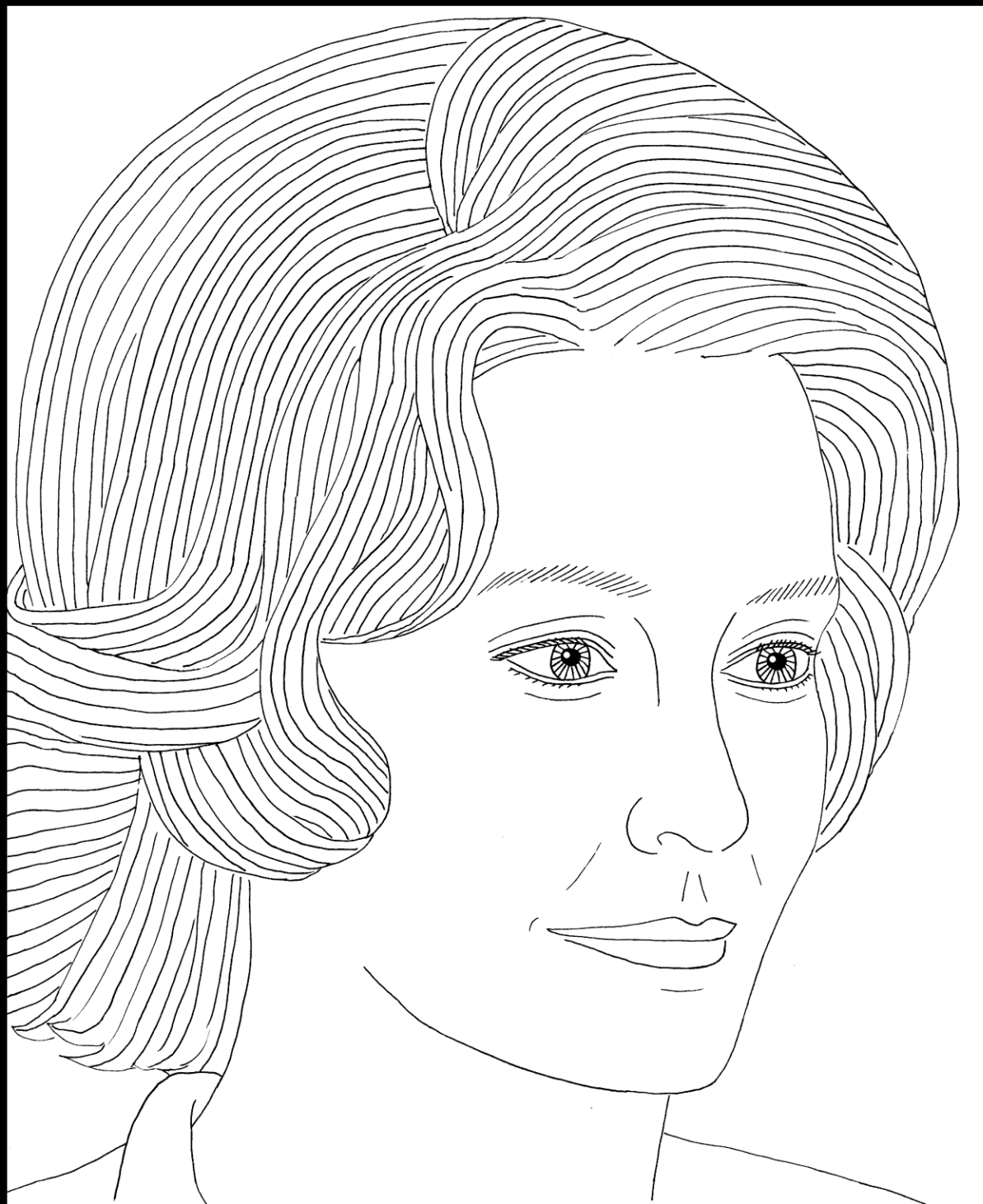
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**"...we must remain hopeful that, for our children and our children's children, that we are not a warring nation, but we will embrace and practice true compassion and honor the ideals of peace and freedom, and we will not give up."  
-- Jessica Lange**

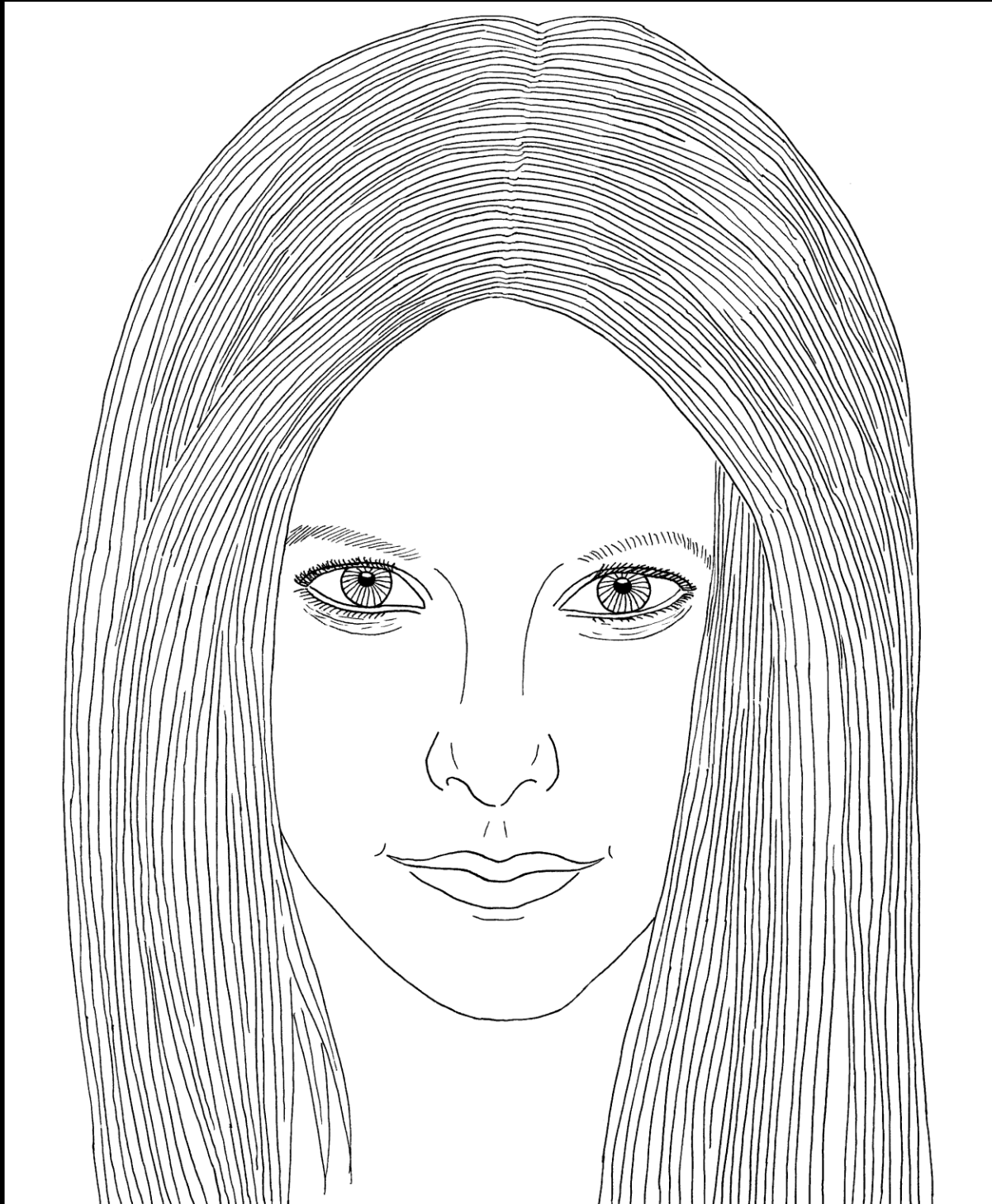
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"I don't believe war is a way to solve problems.  
I think it's wrong."  
-- Avril Lavigne

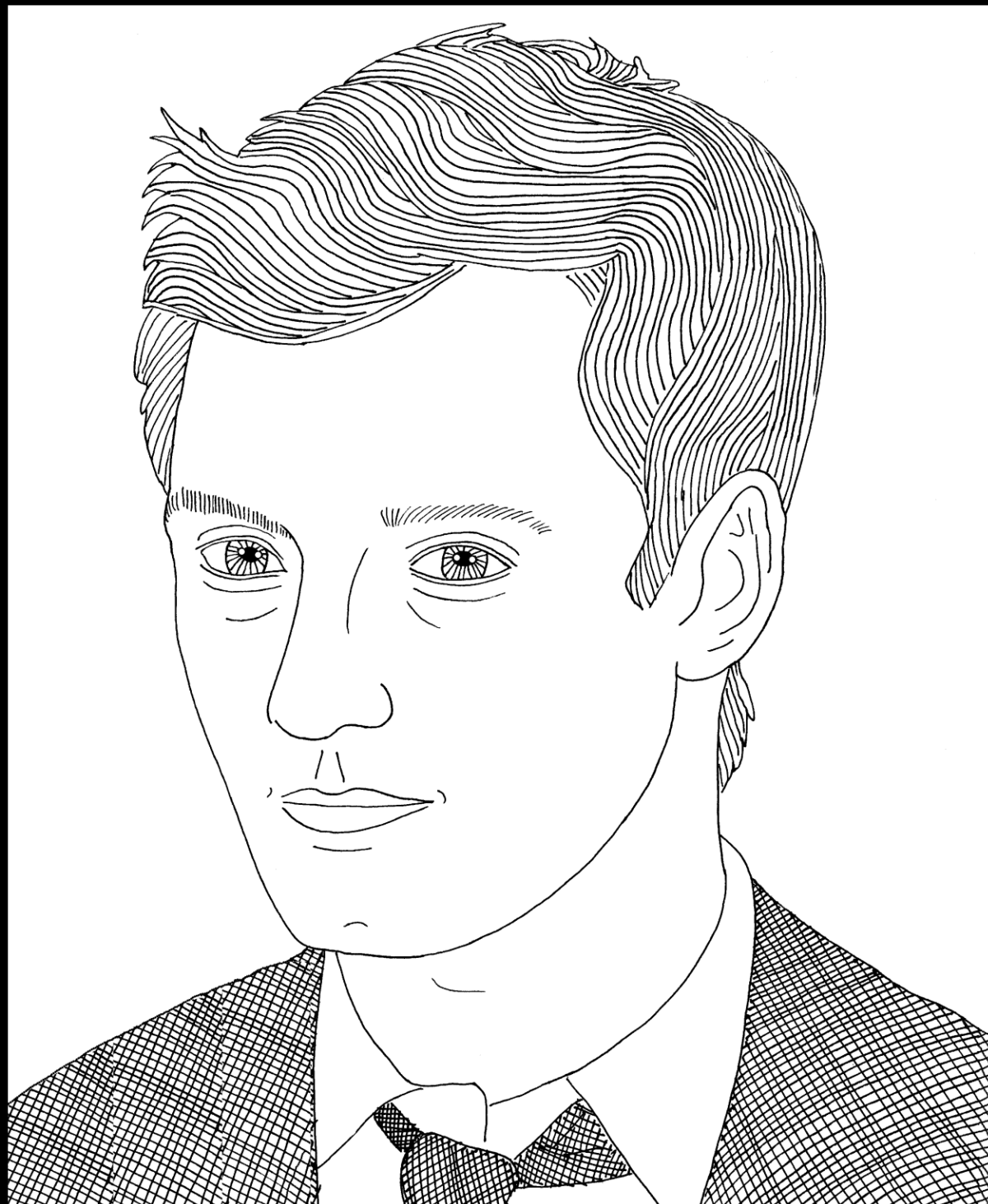
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"I think the message of peace is for everyone."  
-- Jude Law

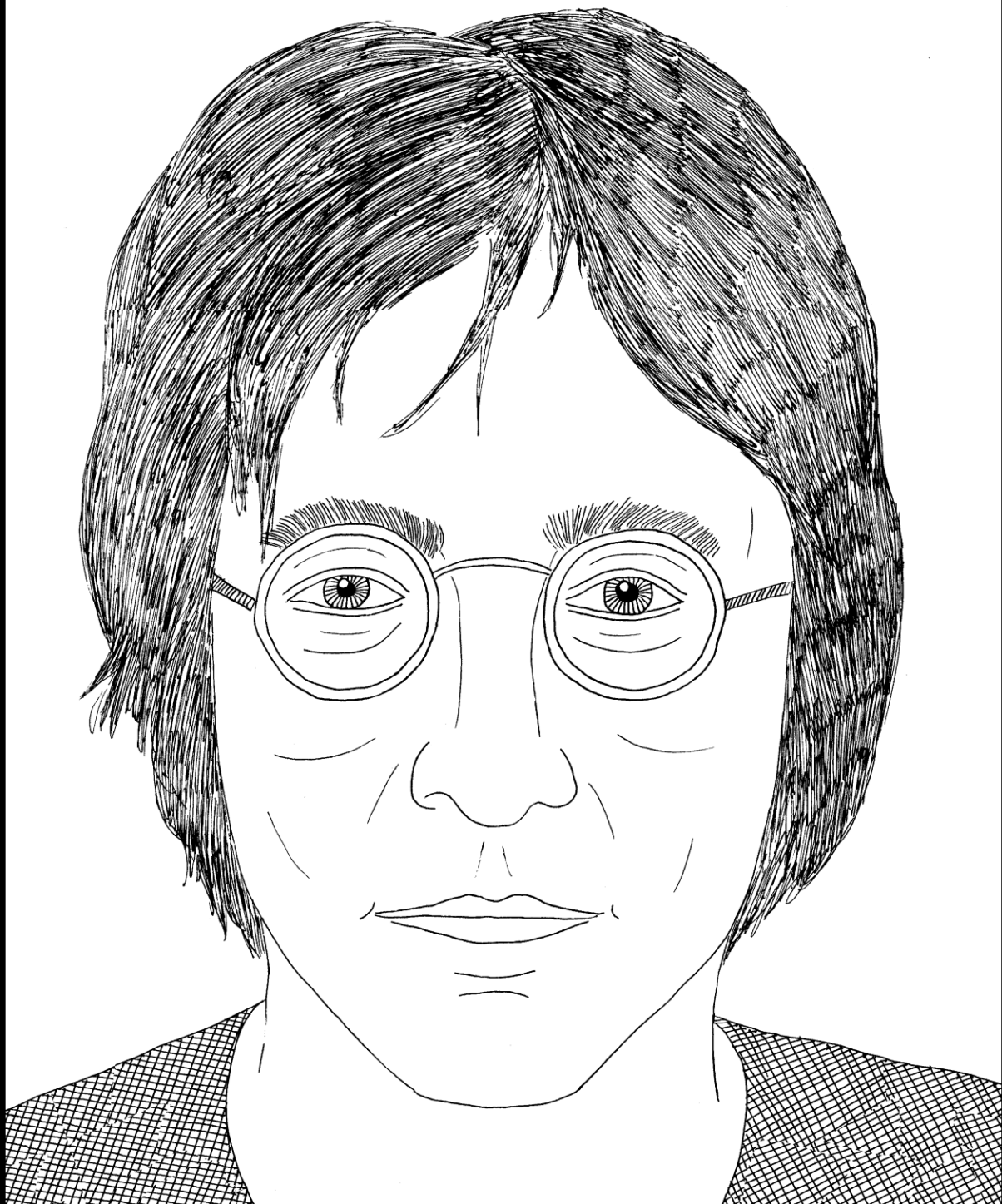
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"All we are saying is give peace a chance..."  
-- John Lennon

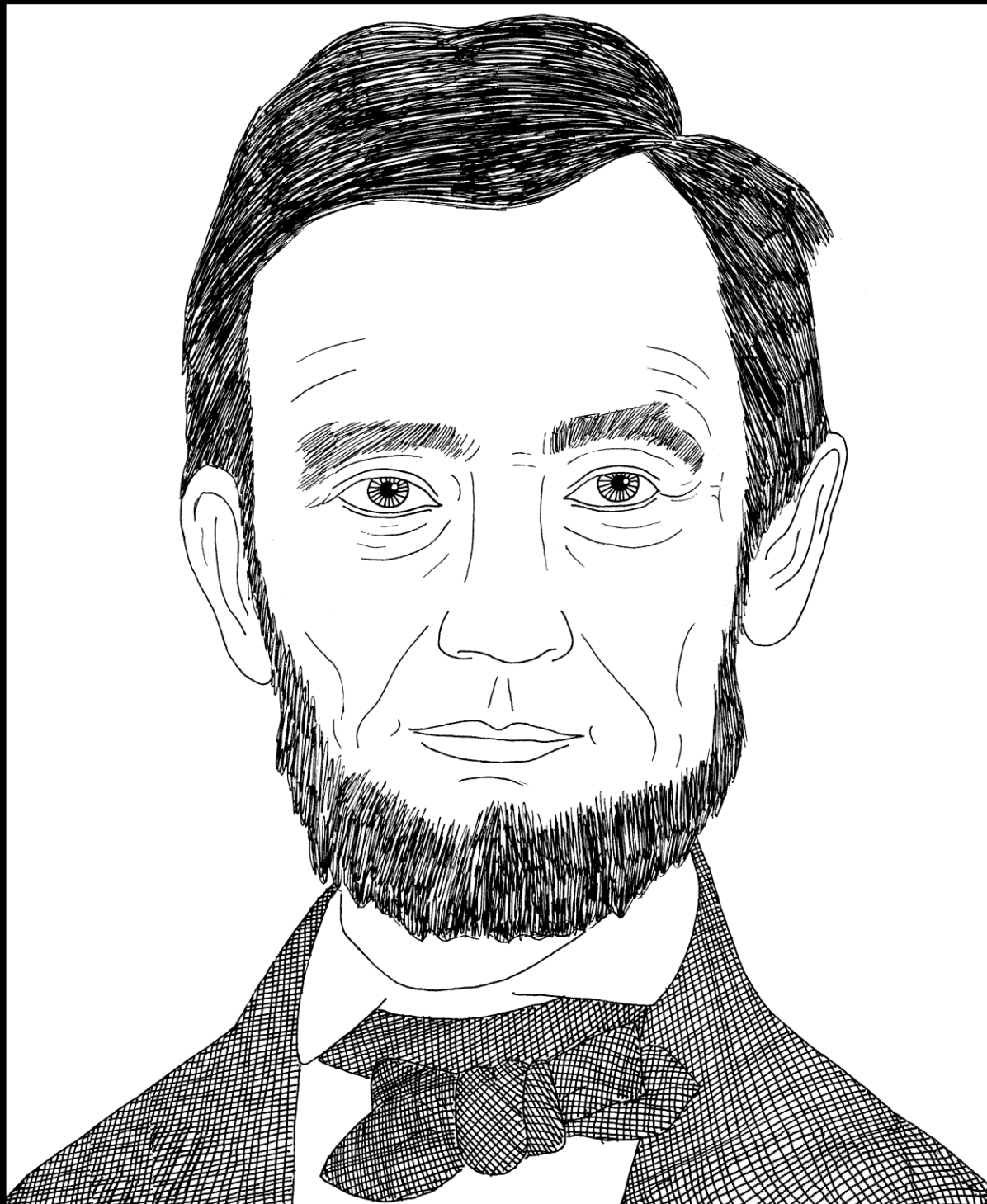
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# ONE DAY IN PEACE - JANUARY 1

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"With malice toward none, with charity for all...  
let us strive on to finish the work we are in  
...to do all which may achieve and cherish  
a just and lasting peace among ourselves and with all nations."  
-- Abraham Lincoln

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# ONE DAY IN PEACE - JANUARY 1

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**"Indigenous Peoples have always believed that peace is central to human security and all life forms that exist in a community, a nation, Mother Earth and the universe..."**

**-- Hilda Lini**

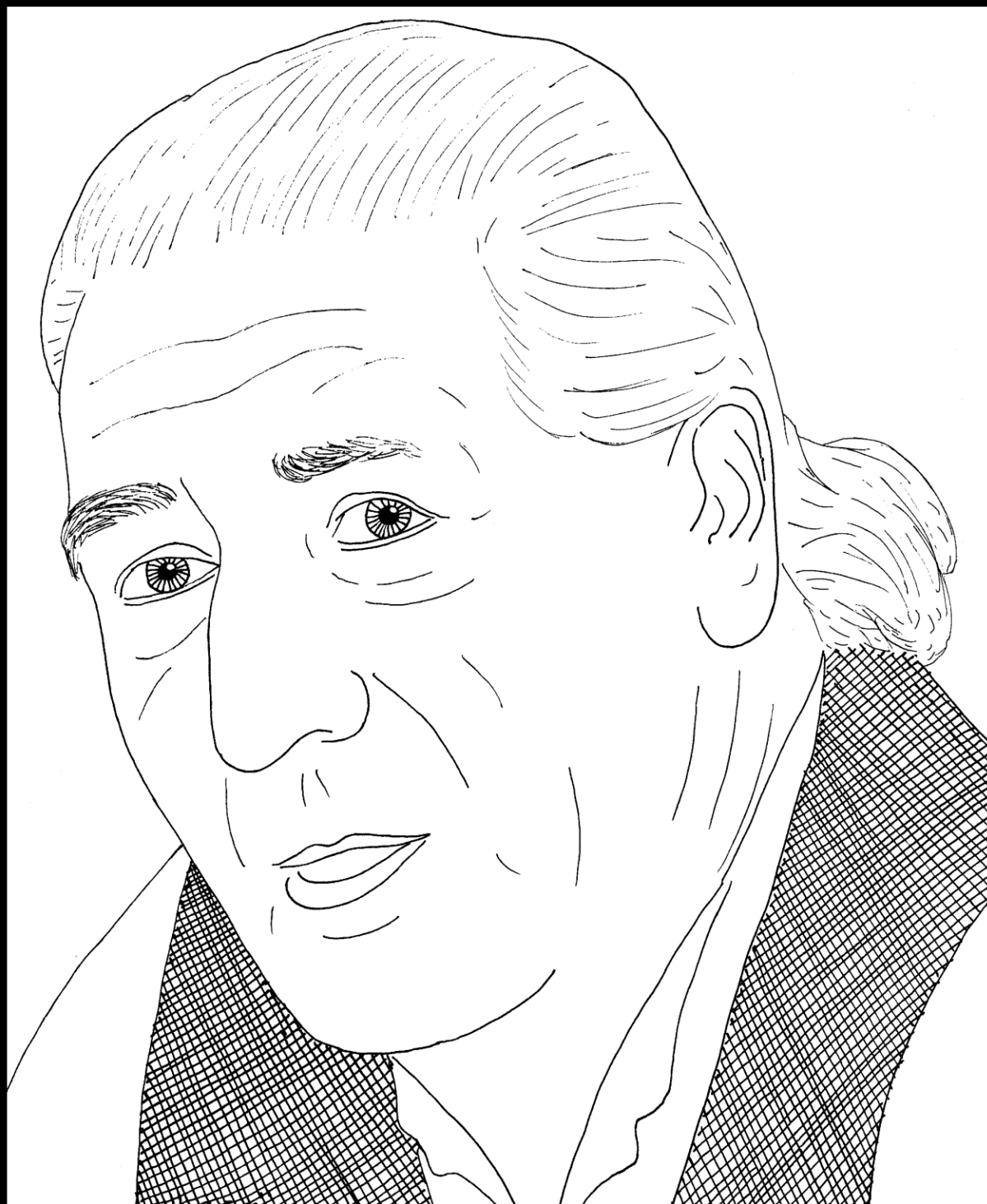
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**"We can still alter our course. It is NOT too late. We still have options. We need the courage to change our values to the regeneration of our families, the life that surrounds us...We must join hands with the rest of Creation and speak of Common Sense, Responsibility, Brotherhood, and PEACE."**

**-- Chief Oren Lyons**

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# ONE DAY IN PEACE - JANUARY 1

MAKE A DIFFERENCE



MAKE A DIFFERENCE

"Therefore my challenge to each of you ... is that you ask yourself what you can do to make a difference. And then take that action, no matter how large or how small. For our children have a right to peace."

-- Graça Machel-Mandela

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# ONE DAY IN PEACE - JANUARY 1

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**"Our first and most pressing problem is how to do away with warfare as a method of solving conflicts between national groups within a society who have different views about how the society is to run."**

**-- Margaret Mead**

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**"We have learned that change cannot come through war.  
War is not a feasible tool to use in fighting against the oppression we face.  
War has caused more problems. We cannot embrace that path."**

**-- Rigoberta Menchú Tum**

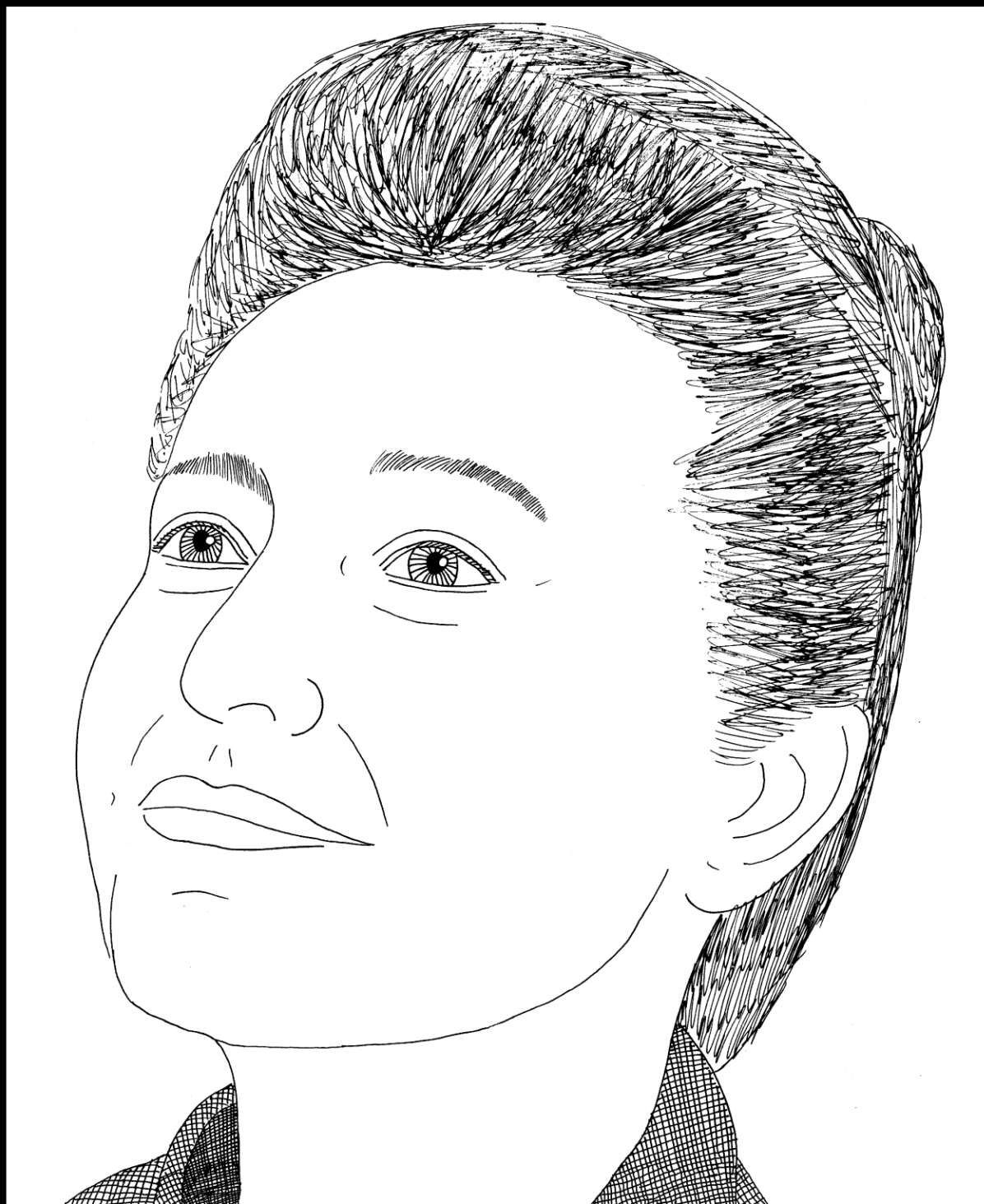
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# ONE DAY IN PEACE - JANUARY 1

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"Let there be peace on earth, and let it begin with me."  
-- Jill Jackson Miller

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**"Establishing lasting peace is the work of education;  
all politics can do is keep us out of war."  
-- Maria Montessori**

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**"There is no way to peace. Peace is the way."  
-- A. J. Muste**

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"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves."  
-- Thich Nhat Hanh

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# ONE DAY IN PEACE - JANUARY I

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**"One little person, giving all of her time to peace, makes news.  
Many people, giving some of their time, can make history."  
-- Peace Pilgrim**

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"Our generation has the ability and the responsibility to make our ever-more connected world a more hopeful, stable and peaceful place."  
-- Natalie Portman

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"...if our humanity – our soul as a society – is overtaken by the material and cosmetic, there will be no hope of peace."

-- Robert Redford

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**"It isn't enough to talk about peace; one must believe in it.  
And it isn't enough to believe in it; one must work at it."  
-- Eleanor Roosevelt**

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**"More than an end to war, we want an end to the beginning of all wars -- yes, an end to this brutal, inhuman and thoroughly impractical method of settling the differences between governments."**

**-- Franklin D. Roosevelt**

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# ONE DAY IN PEACE - JANUARY I

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**"What shall we choose? Violence or non violence? ...We have to choose knowing that when we are violent to our enemies, we do violence to ourselves. When we brutalize others, we brutalize ourselves. And eventually we run the risk of becoming our oppressors."**

**-- Arundhati Roy**

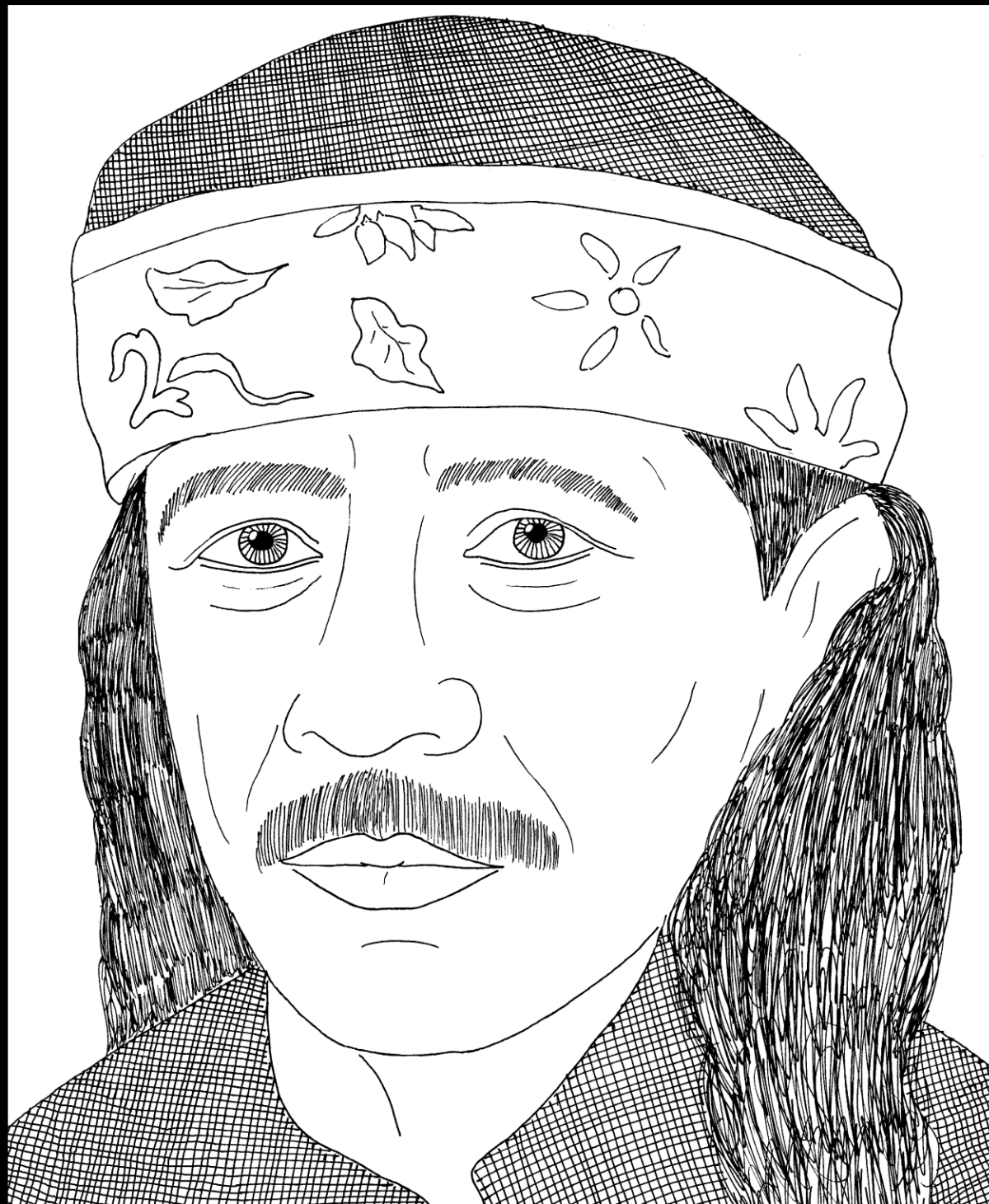
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# ONE DAY IN PEACE - JANUARY I

MAKE  
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**"The most valuable possession you can own is an open heart.  
The most powerful weapon you can be is an instrument of peace."  
-- Carlos Santana**

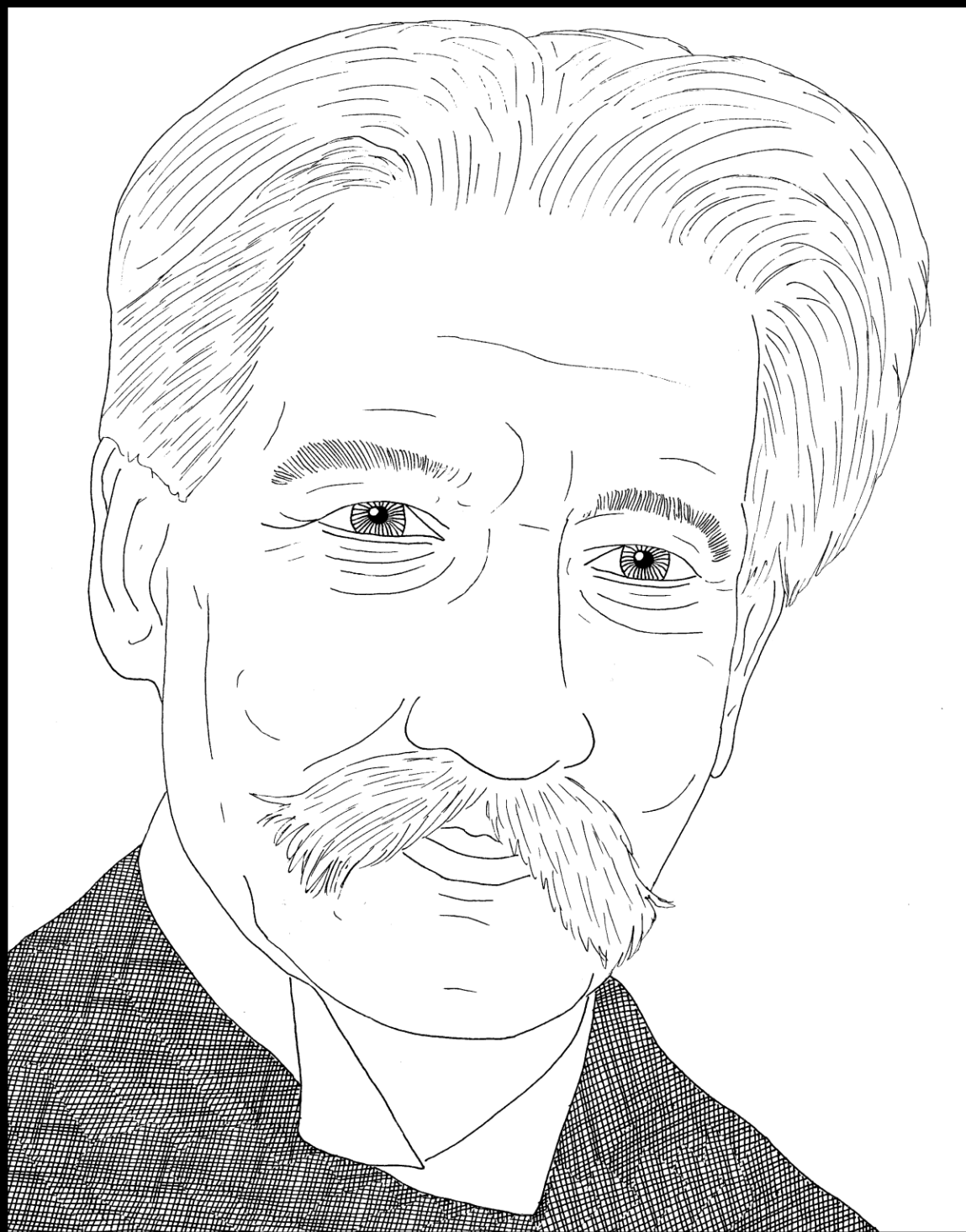
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"In the hearts of people today there is a deep longing for peace. When the true spirit of peace is thoroughly dominant, it becomes an inner experience with unlimited possibilities. Only when this really happens-- when the spirit of peace awakens and takes possession of men's hearts, can humanity be saved from perishing."

-- Albert Schweitzer

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"In our innermost Spirit - we nourish the gentleness and understanding of Peace. Those around us feel a gentle breeze whispering as if rustling leaves - Peace comes not from contemplation- but action!"

-- Pauline Tangiora

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**"All works of love are works of peace."  
-- Mother Teresa**

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"Did you know that every two hours the nations of this world spend as much on armaments as they spend on the children of this world every year?"

-- Sir Peter Ustinov

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"To have a peaceful population, we must teach peace."  
-- Cora Weiss

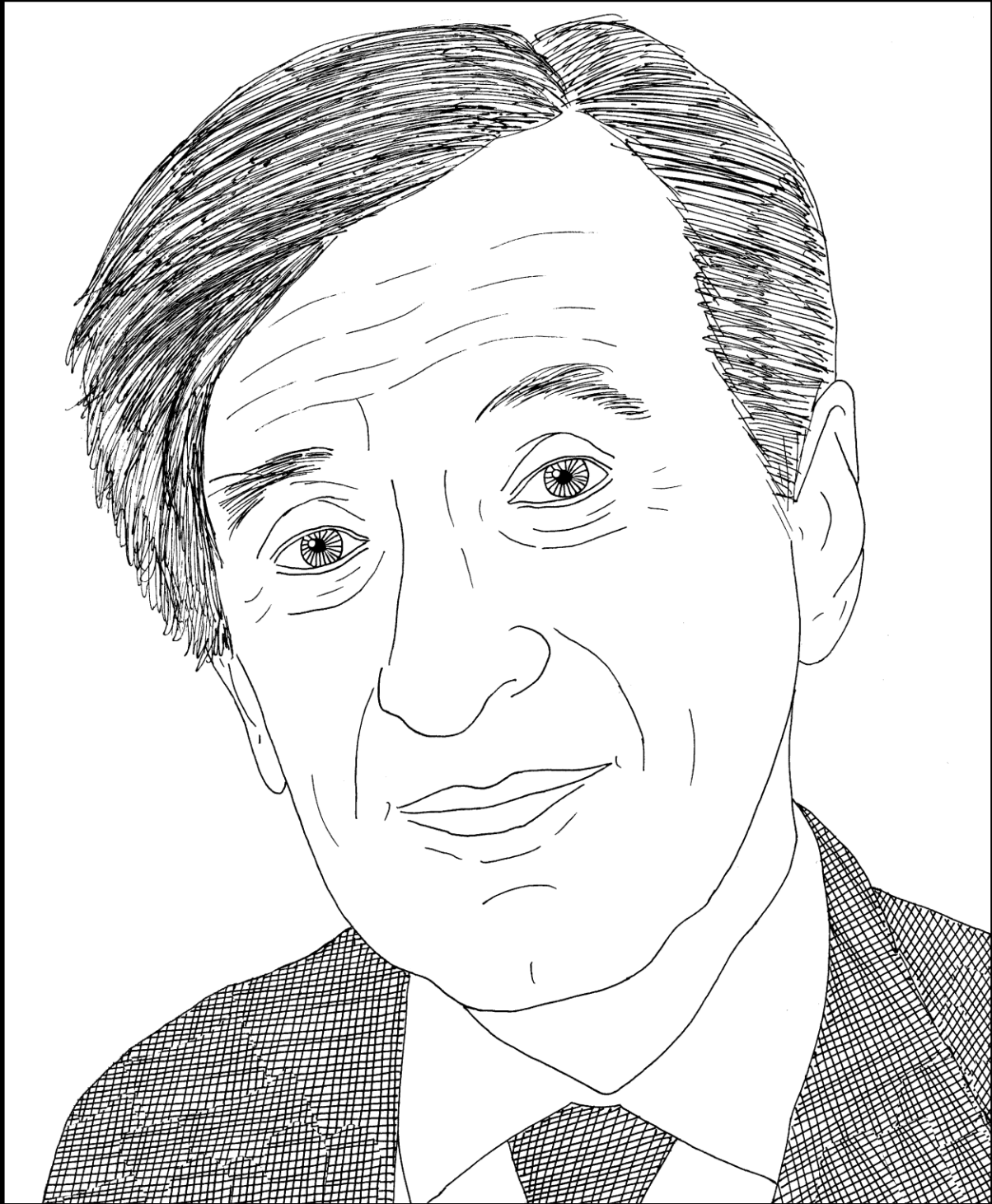
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"If only we could celebrate peace as our various ancestors celebrated war; if only we could glorify peace as those before us, thirsting for adventure, glorified war; if only our sages and scholars together could resolve to infuse peace with the same energy and inspiration that others have put into war."

-- Elie Wiesel

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**"We want to live and love and build a just and peaceful society."  
-- Betty Williams & The Peace People**

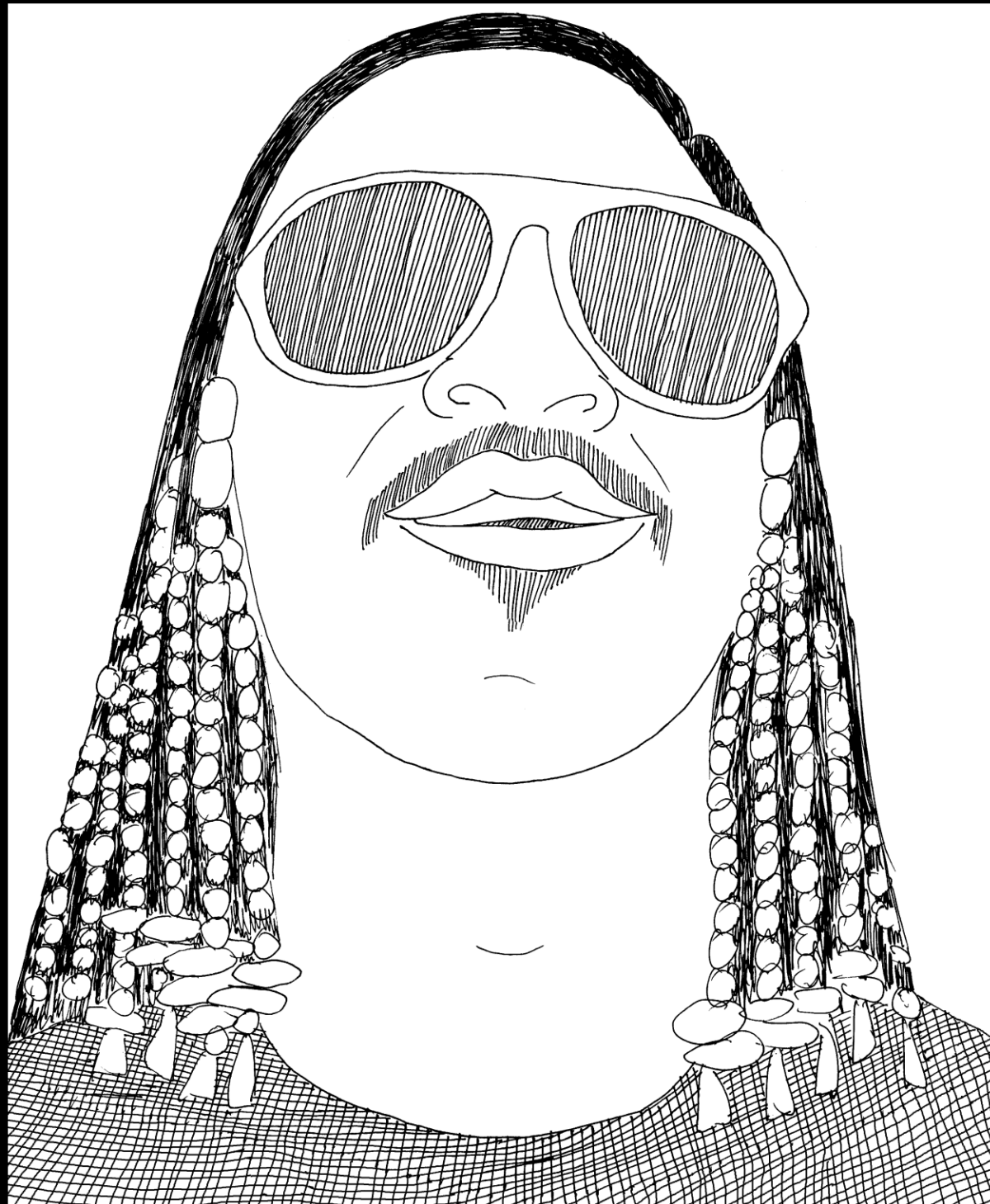
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"Why has there never been a holiday  
Where peace is celebrated all throughout the world?"  
-- Stevie Wonder

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<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We have the ability to achieve. If we master the necessary goodwill, a common global identity shared with a shared culture of values that is nurtured by the better, rational and just attitudes that enrich our lives." —Malala Yousafzai</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"The greatest contribution to the solution of global problems is not the solution of global problems, but the culture of nations and the culture of humanity and education. It is the culture of nations and the culture of humanity and education that is the greatest contribution to the solution of global problems." —Nelson Mandela</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Peace consists, very largely, in the fact of desiring with all one's soul." —Oscar Wilde</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Pursuing peace means rising above one's own wounds, needs, and emotions." —Benazir Bhutto</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"In these disturbing and dispiriting times, surely it's cheaper, and wiser, to make a friend out of political enemies than to be a political enemy against them... Justice is the surest way to get peace." —Martin Luther King Jr.</p> <p>BetterWorldCalendar.com</p>
<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"A day of peace and sharing can lead to greater understanding and cooperation among political parties, both groups and people of different races and economic classes." —John Cornyn</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"I think war is never the answer to solving any problems. The best way to solve problems is to not have enemies." —Sheryl Crow</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Peace can only last where human rights are respected, where the people are free, and where education and culture are free." —The Dalai Lama</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"What if, for one day, all the warring parties on Earth agreed not to fight for the rest of the world?" —Steve Jobs</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Peace cannot be kept by force. It can only be achieved through understanding." —Albert Einstein</p> <p>BetterWorldCalendar.com</p>
<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"It is possible to live in peace." —Malala Yousafzai</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"When the power of love conquers the love of power the world will know peace." —John Herwig</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Peace is the alternative to war, and nonviolence should be seen as the attitude to violence, not simply as its opposite. Nonviolence is more concerned with loving the than with loving war." —Jesse Jackson</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"The world does not need a war against terrorism. It needs a culture of peace based on human rights for all." —Steve Jobs</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We have an historic opportunity for a great global healing and renewal. If we accept the challenge of dialogue, understanding, and respect, we can bring the great vision of a world united in peace and harmony closer than ever before." —Corinne Bailey-Rae</p> <p>BetterWorldCalendar.com</p>
<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We must face our nation not merely on the negative question of war, but on the positive question of peace." —Martin Luther King Jr.</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We want peace." —Lenny Kravitz</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Peace is a civil right that makes other human rights possible. It is the only way to bring about a more just and peaceful world." —Jesse Jackson</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We must remain hopeful that, for our children and our children's children, we will see a world of peace and harmony, and we will all give it." —Steve Jobs</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"I don't believe war is a way to solve problems. I think it's wrong." —Avril Lavigne</p> <p>BetterWorldCalendar.com</p>
<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"All we are saying is give peace a chance." —John Lennon</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"We have learned that peace is not a goal, but a process. It is a process that we must continue to work on. We must never stop working for it." —Rigoberta Menchú</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Establishing lasting peace is the work of education; all politics can do is keep it out of way." —Maria Montessori</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Our capacity to make peace with another person and with the world depends very much on our capacity to make peace with ourselves." —Desmond Tutu</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"One little person, giving all her time to peace, makes more, every people, giving some of their time, can make history." —Peace Pilgrim</p> <p>BetterWorldCalendar.com</p>
<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"Our generation has the ability and the responsibility to make our evermore connected world a more peaceful, stable and peaceful place." —Malala Yousafzai</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"If our humanity — our mind as a entity — is corrupted by the material and carnal, there will be no hope of peace." —Martin Luther King Jr.</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"When there is an end to war, we must go on to the beginning of all peace — we must go on to the beginning of all peace." —Martin Luther King Jr.</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"All works of love are works of peace." —Mother Teresa</p> <p>BetterWorldCalendar.com</p>	<p>ONE DAY IN PEACE - JANUARY  </p>  <p>MAKE A DIFFERENCE</p> <p>"If only we could understand peace as our natural condition and not as a goal, we could create peace in our hearts and in our lives. We could create peace in our hearts and in our lives. We could create peace in our hearts and in our lives." —Martin Luther King Jr.</p> <p>BetterWorldCalendar.com</p>