


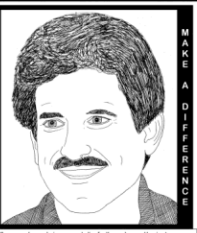

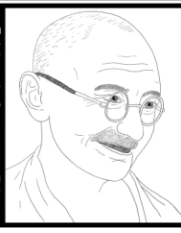
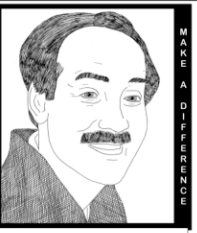











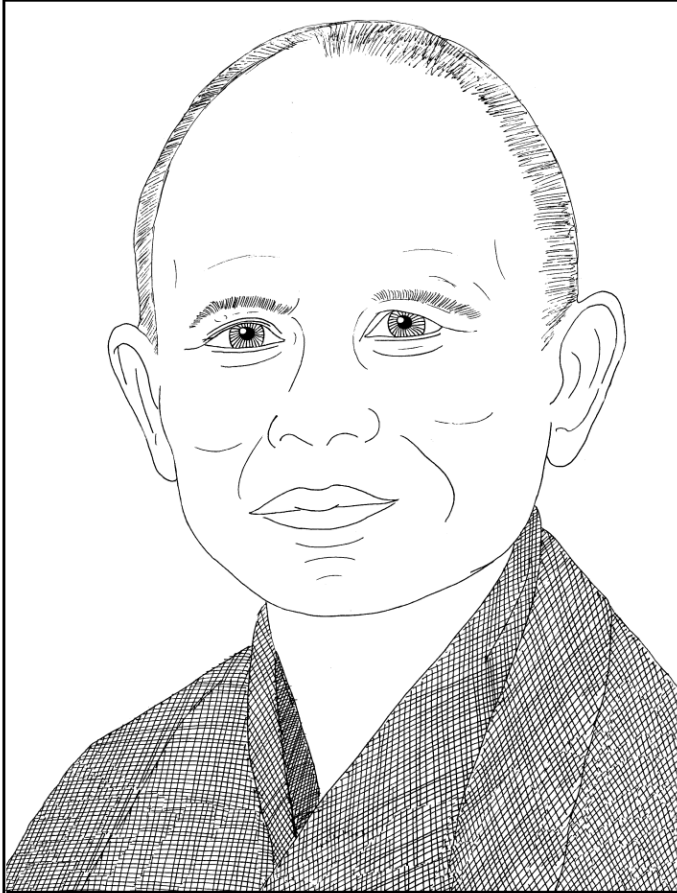


<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"The religious understanding has its basis of spirituality on a recognition of the interconnectedness, interdependence of all living things, a healthy and balanced view of the world."</p> <p>— Rebecca Anderson</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"To be a useful person means to go against all the pervasive, pervasive cultural values of our culture and instead to become what is unique and central and essential in yourself and your own personal activities."</p> <p>— John Stronza Bales</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"Spirituality, the sacred, is more important than anything else. It is the heartbeat of the heart, a way of life to give whatever the beloved asks. Surrender to being utterly ready about the power of love and bringing spirituality into the present moment. It is the power of love and unconditional caring, with which we connect to the goodness of a situation."</p> <p>— Douglas Chapman</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"Religious teachings cannot be too far from the real and tangible world about that which is greater than themselves, the personality begins its experience, its own experience in the world, that they should be along, through action, through giving, through deeply understanding the human experience."</p> <p>— Andrew Cohen</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"My religion is very simple. My religion is kindness."</p> <p>— The 14th Dalai Lama</p> <p>Be a Hero for a Better World - betterworld.net</p>
<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"What is faith if it is not translated into action?"</p> <p>— Mahatma Gandhi</p> <p>Be a Hero for a Better World - betterworld.net</p>	<h1>WORLD SPIRITUALITY DAY</h1> <h2>December 31</h2> <p>...make a difference...</p> <div style="border: 1px solid black; padding: 10px; margin: 10px auto; width: 80%;"> <p>Be a hero for a better world. Every act of compassion makes a difference! Start a BetterWorld Club. Join the BetterWorld Movement.</p> </div> <p>© The BetterWorld Project Distribute freely - no endorsement implied</p> <p>BetterWorldCalendar.com</p>			<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"May Peace Prevail On Earth!"</p> <p>— Mahesh Das</p> <p>Be a Hero for a Better World - betterworld.net</p>
<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"There is one religion on this earth that has never been born and will never be born. It is the religion of the heart, and the religion of the heart who are destined to spiritual reward. It is the religion of the heart who are destined to spiritual reward. It is the religion of the heart who are destined to spiritual reward. It is the religion of the heart who are destined to spiritual reward."</p> <p>— Martin Luther King Jr.</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"People of all faiths need to share a political and social movement that reaffirms the most generous, peace-oriented, social justice-oriented, and loving truths of the spiritual heritage of the human race."</p> <p>— Madeleine L'Engle</p> <p>Be a Hero for a Better World - betterworld.net</p>			
<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"To be a light to others you will need a good dose of the spiritual life. Because in my opinion, most of us, if you are in a good place, then you can give others a good place who can help you."</p> <p>— Sri Sri Ravi Shankar</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"Seek peace. When you have peace within, real peace will come to the world."</p> <p>— Thich Nhat Hanh</p> <p>Be a Hero for a Better World - betterworld.net</p>			
<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"When you find peace within yourself, you become the kind of person who can live all peace with others."</p> <p>— Pope Pius XII</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"We are not human beings having a spiritual experience; we are spiritual beings having a human experience."</p> <p>— Pierre Teilhard de Chardin</p> <p>Be a Hero for a Better World - betterworld.net</p>			
<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"Love is a fruit in season at all times and within the reach of every hand. Anyone who cannot reach it will be a fool. It is the love that comes through meditation, prayer, sacrifice, and an intense love life."</p> <p>— Mother Teresa</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"We can find common ground only by moving to higher ground."</p> <p>— Jon Wallis</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"As the new spirituality begins to become the pervasive spirituality of the planet, we'll find that our traditional our philosophy of conditions in which we say we're all alone but continue to try to do."</p> <p>— Neale Donald Walsch</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"Consciousness business, business that is conscious of inner and outer worlds, would therefore be business that takes into account body, mind, and spirit in self, culture, and nature."</p> <p>— Ken Wilber</p> <p>Be a Hero for a Better World - betterworld.net</p>	<p>WORLD SPIRITUALITY DAY - DEC 31</p>  <p>MAKE A DIFFERENCE</p> <p>"The spiritual path -- is simply the journey of living our lives. Everyone is on a spiritual path; most people just don't know it."</p> <p>— Barbara Williamson</p> <p>Be a Hero for a Better World - betterworld.net</p>

WORLD SPIRITUALITY DAY - DEC 31



"Seek peace.
When you have peace within,
real peace with others will be possible."
-- Thich Nhat Hanh

Some of the wars and conflicts of the past and present were fought over land and resources, but many have been over religious differences.

In this past century, a global interfaith movement has been growing, helping to raise consciousness about the need for tolerance and understanding between different cultures and religions. This movement has helped highlight the common goals that most religions share, such as the Golden Rule, which is at the heart of nearly all religious traditions.

At the same time, many throughout the world are discovering that 'spirituality' -- a deep connection to a greater purpose for humanity -- is an important driving force in their lives, even if they aren't religious.

UNESCO (the United Nations Educational, Scientific and Cultural Organization) is currently developing a strategy for Interfaith Cooperation for Peace, working with governments and religious and spiritual NGOs affiliated with the United Nations.

World Spirituality Day is an opportunity for all who value spirituality in their lives to connect and unite in our wish for a more peaceful, just and sustainable world based on values grounded in our deeper spiritual connection to each other and the world around us.

*"We are not human beings having a spiritual experience; we are spiritual beings having a human experience."
-- Pierre Teilhard de Chardin*

Be A Hero For A Better World!

1. Learn about a faith different from your own
2. Hold an interfaith event
3. Contribute to organizations promoting interfaith spirituality

Interfaith Promoting Organizations

The Inerfaith Alliance (interfaithalliance.org)
Interfaith Center of NY (interfaithcenter.org)
Interfaith Youth Core (ifyc.org)
Network of Spiritual Progressives
(spiritualprogressives.org)
Temple of Understanding
(templeofunderstanding.org)
United Religions Initiative (www.uri.org)
World Peace Prayer Society (worldpeace.org)

For more information: www.betterworldcalendar.com/spiritualityday.htm

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"The indigenous understanding has its basis of spirituality in a recognition of the interconnectedness and interdependence of all living things, a holistic and balanced view of the world."

-- Rebecca Adamson

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“Ethical religion can be real only to those who are engaged in ceaseless efforts at moral improvement. By moving upward we acquire faith in an upward movement, without limit.”

-- Felix Adler

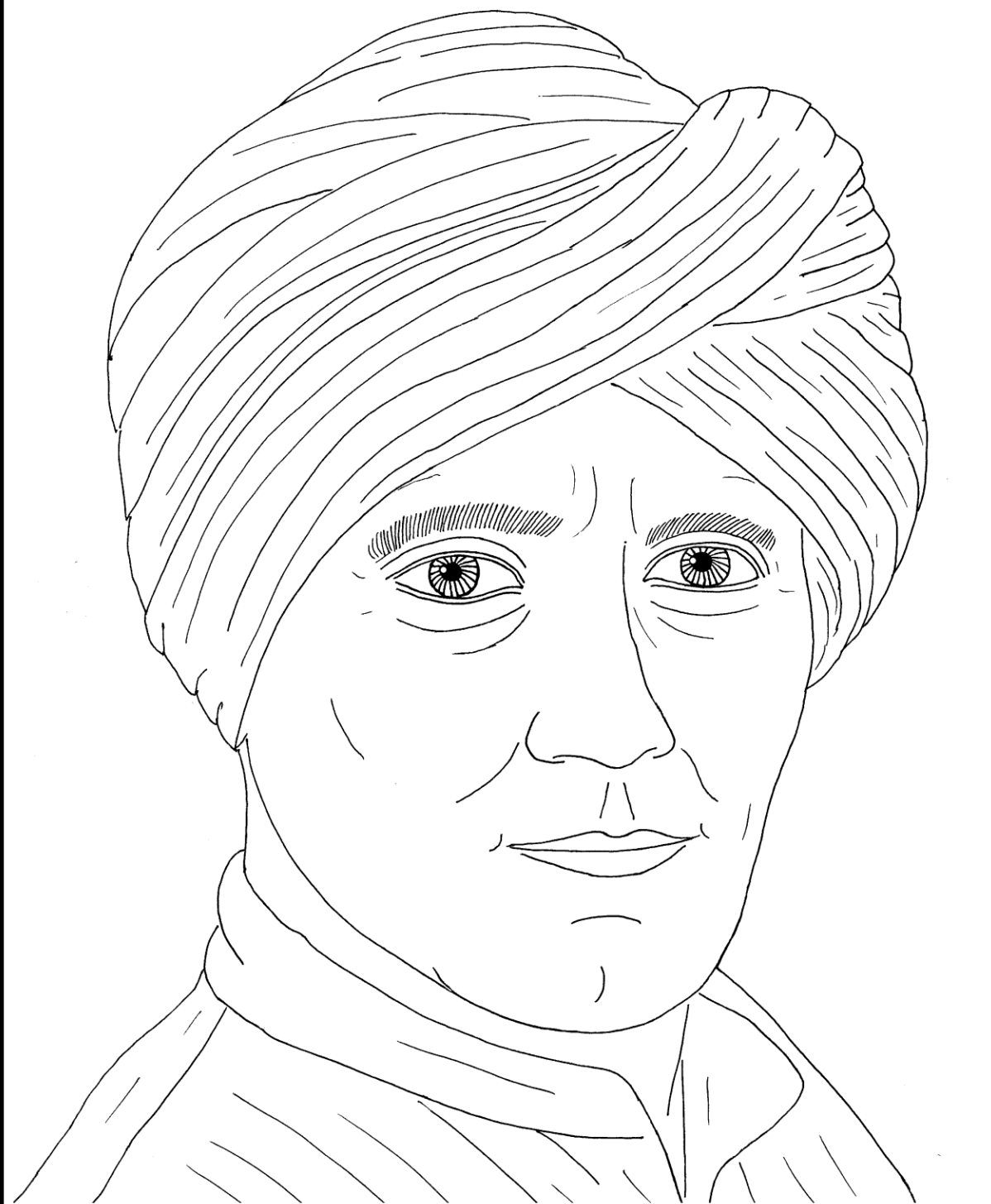
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"The essence of spirituality is the duty to live to its full the glorious destiny of being human. The purpose of religion should be to empower all people in this adventure of living with dignity and fulfillment."

-- Swami Agnivesh

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"I think people are genuinely seeking spirituality. There's a simple reason for this. In the midst of the daily grind of life, it's easy to forget we have a spirit, and we can get depressed, even sick. We are spirits as well as bodies, and spirits need nourishment."

-- Bill Ayres

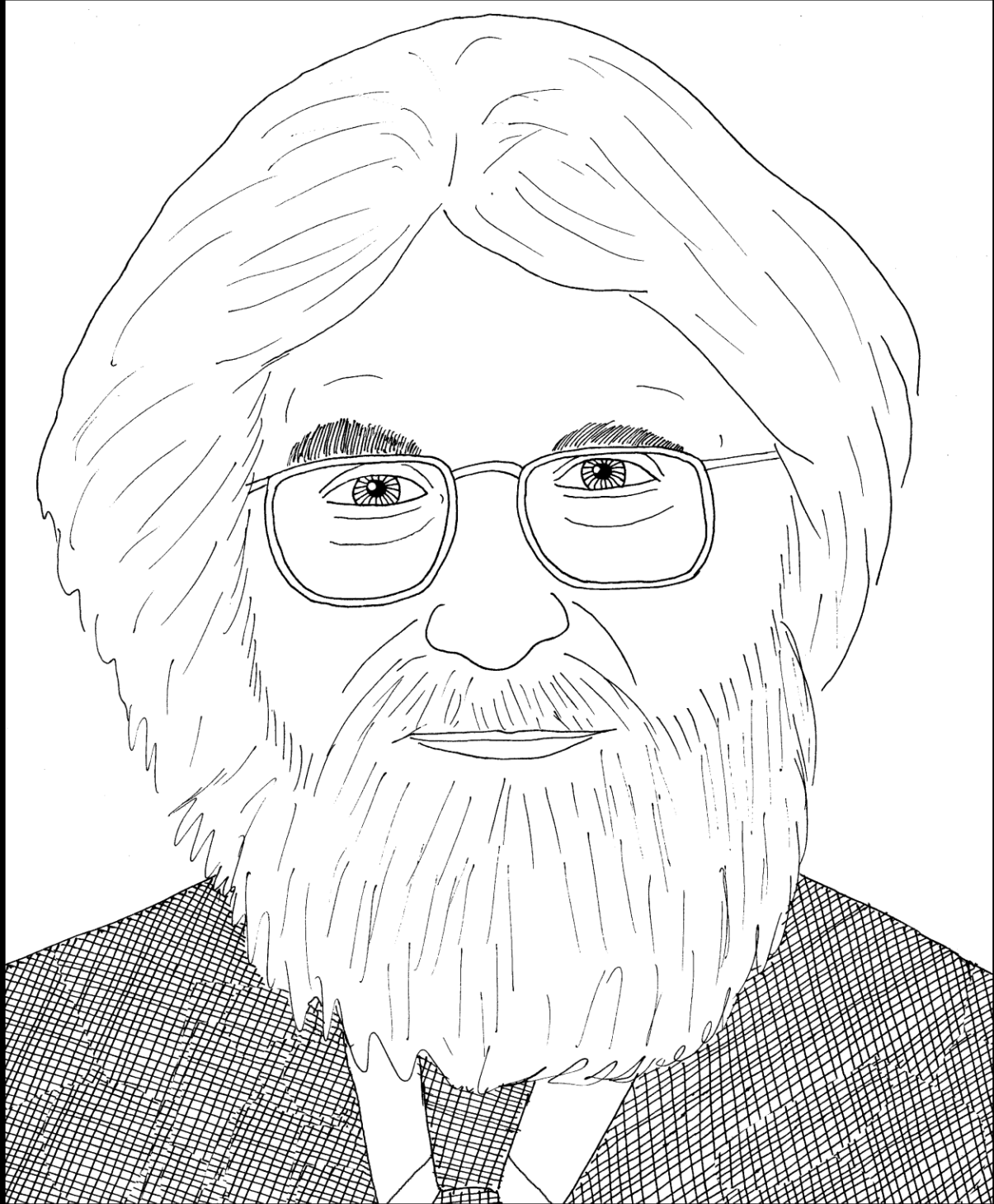
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**"Spirituality is that attitude which puts life at the center, and defends and promotes life against all the mechanisms of death, desiccation, or stagnation."
-- Leonardo Boff**

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"To be a soulful person means to go against all the pervasive, prove-yourself values of our culture and instead treasure what is unique and internal and valuable in yourself and your own personal evolution."

-- Jean Shinoda Bolen

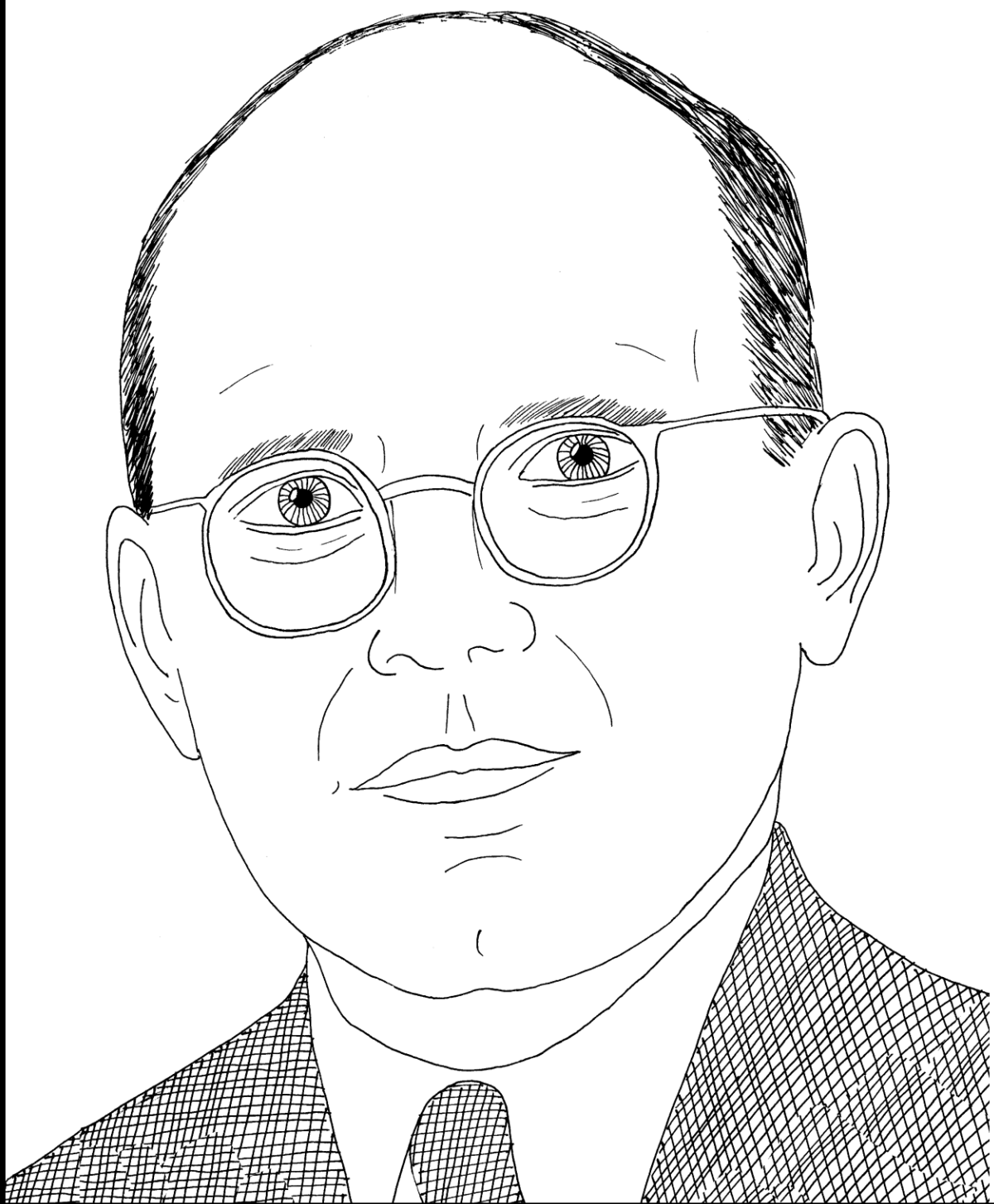
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**"If you do a good job for others, you heal yourself at the same time, because a dose of joy is a spiritual cure."
-- Dietrich Bonhoeffer**

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"In his scientific genius, man has wrought material miracles and has transformed his world. He has harnessed nature and has developed great civilizations. But he has never learned very well how to live with himself. The values he has created have been predominantly materialistic; his spiritual values have lagged far behind. He has demonstrated little spiritual genius and has made little progress toward the realization of human brotherhood. In the contemporary atomic age, this could prove man's fatal weakness." -- Ralph Bunche

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"Spiritually, no action is more important than surrender. Surrender is the tenderest impulse of the heart, acting out of love to give whatever the beloved wants. Surrender is being alert to exactly what is happening now, not imposing expectations from the past. Surrender is faith that the power of love can accomplish anything, even when you cannot foresee the outcome of a situation." -- Deepak Chopra

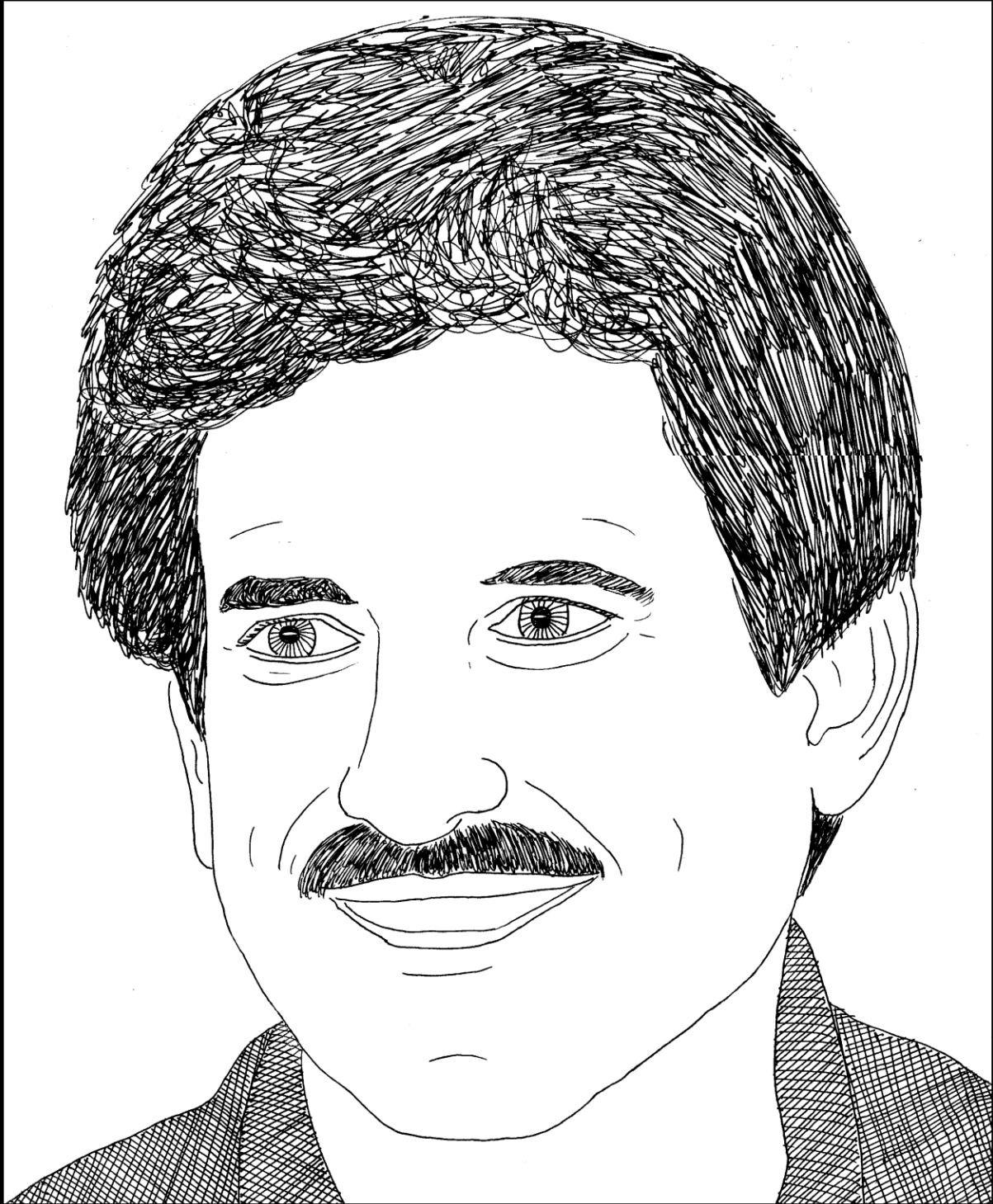
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"Whenever a human being ceases to live for themselves and begins to care about that which is greater than themselves, the personality begins to experience ecstasy, joy and spontaneous liberation. And that's found through doing, through action, through giving, through deeply embracing the human experience."

-- Andrew Cohen

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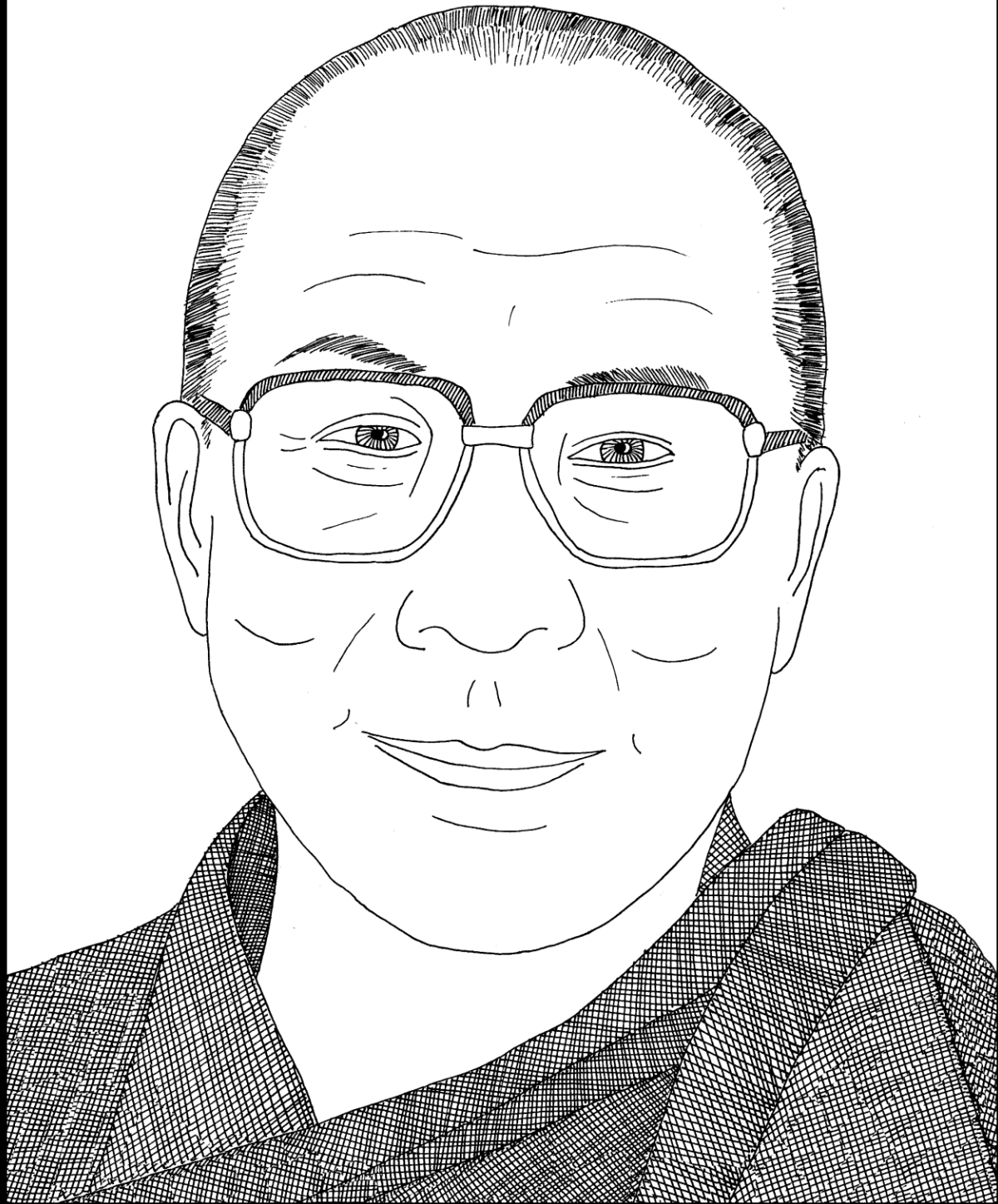
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**"My religion is very simple. My religion is kindness."
-- The 14th Dalai Lama**

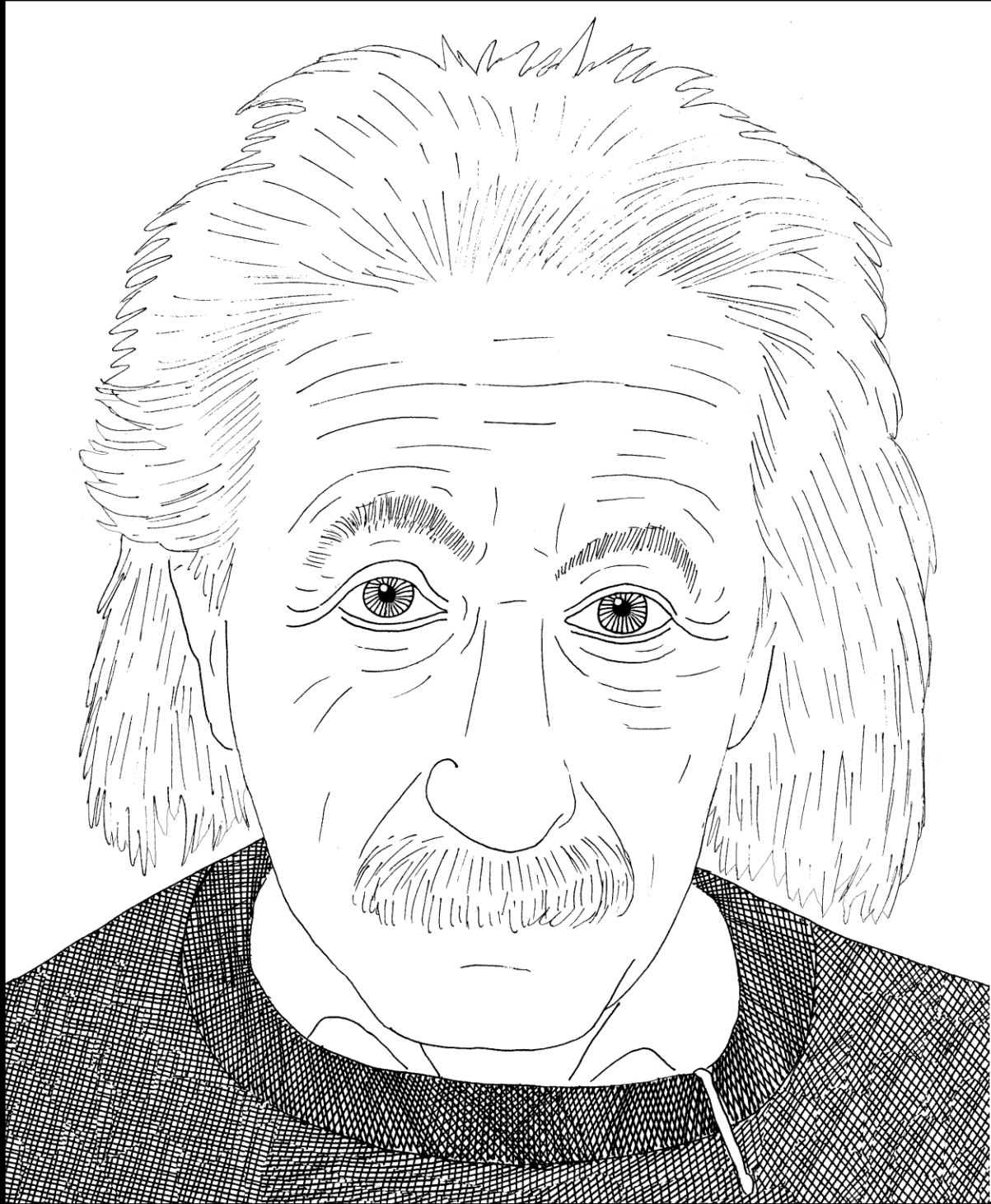
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"The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift."

-- Albert Einstein

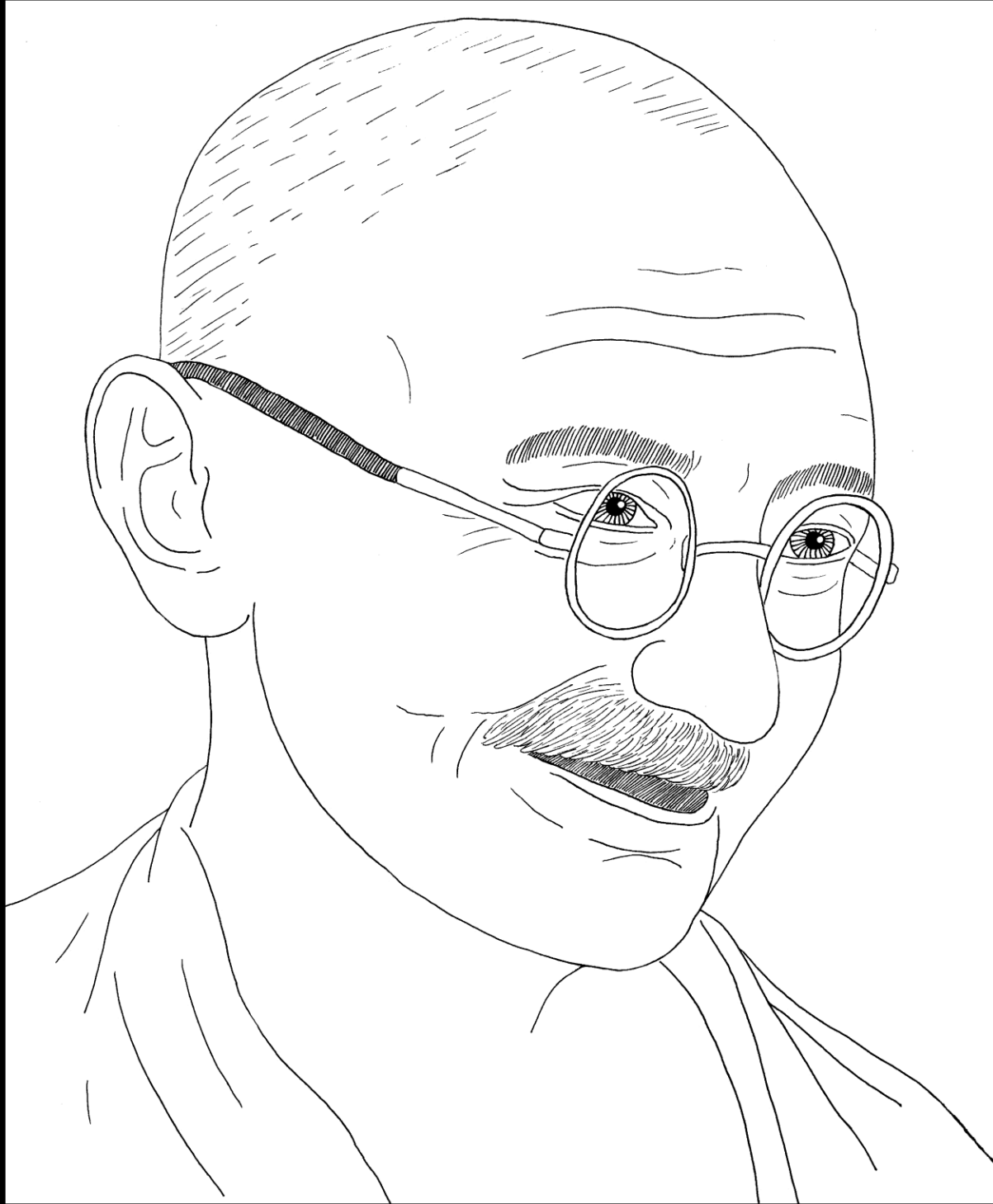
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**"What is faith if it is not translated into action?"
-- Mohandas Gandhi**

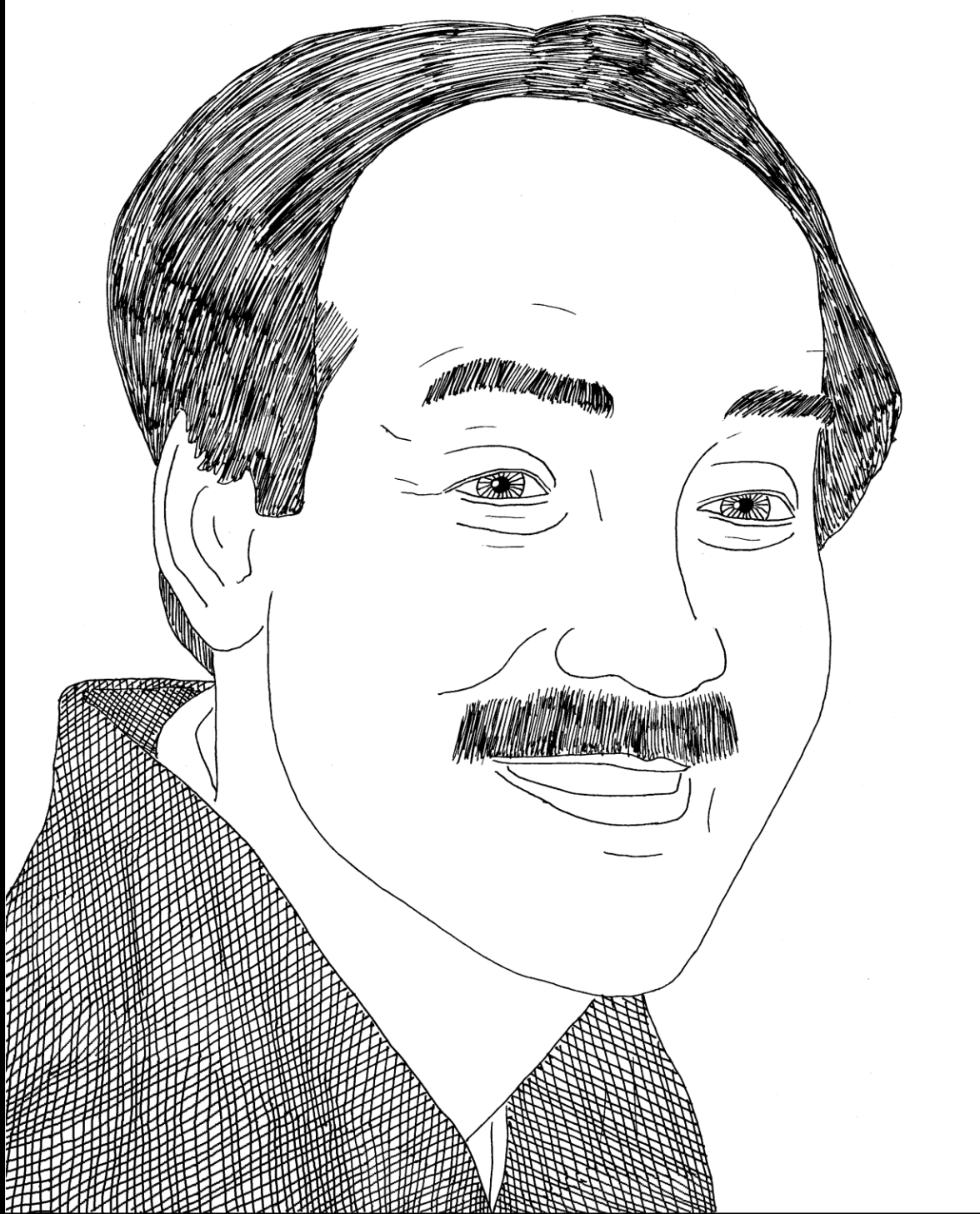
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"May Peace Prevail On Earth!"
-- Masahisa Goi

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"If only we can overcome cruelty, to human and animal, with love and compassion we shall stand at the threshold of a new era in human moral and spiritual evolution - and realize, at last, our most unique quality: humanity."

-- Jane Goodall

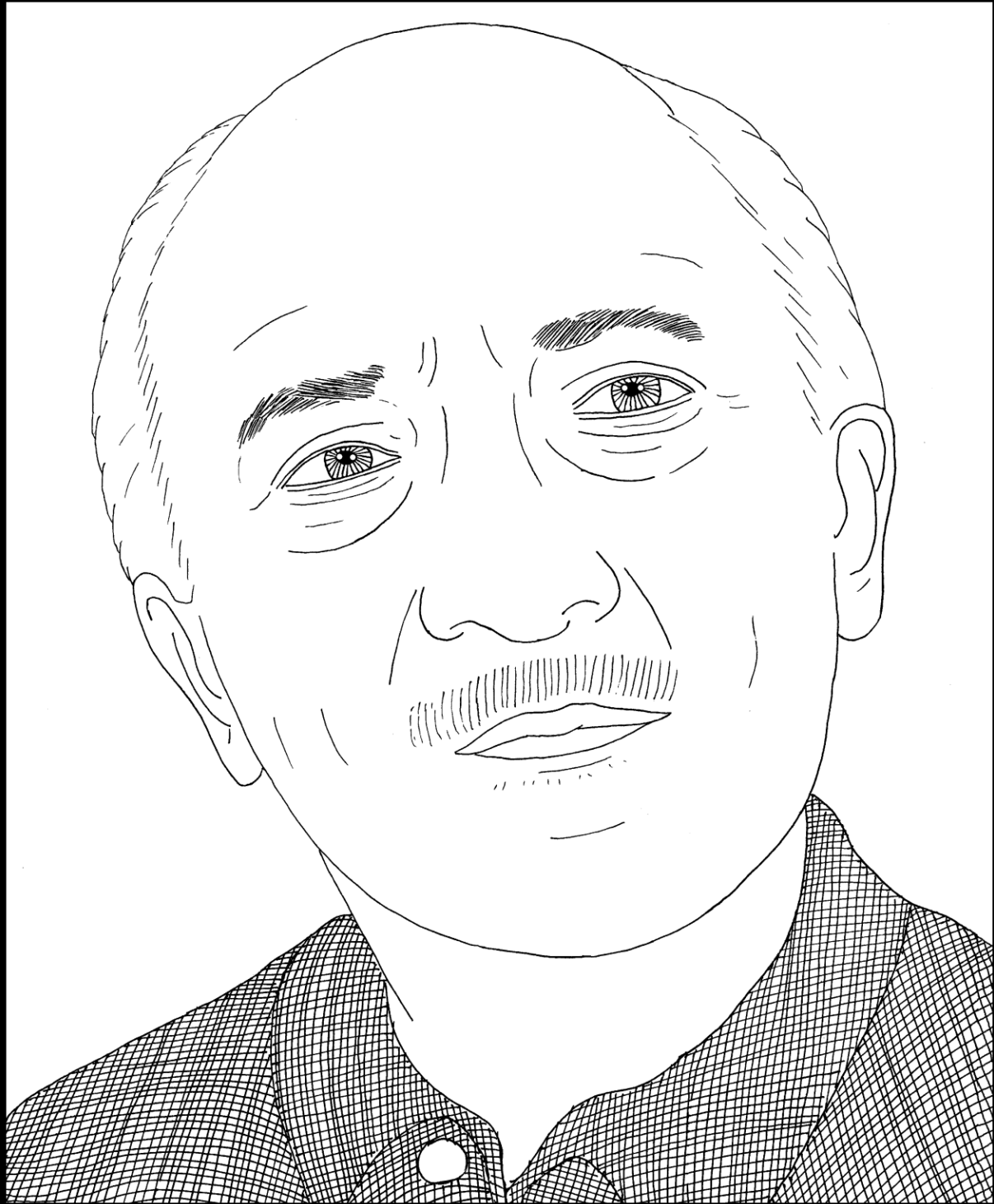
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"Only a few people seem to realize that social harmony and peace with nature, between people, and within the individual only can come about when the material and spiritual realms are reconciled."

-- M. Fethullah Gülen

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"To me, love, spirituality and life are all the same thing. To me they're all about honoring the circle, and they're just different ways of defining the same understanding. Our society as a whole, because we have placed our love for money above our love for life, has devalued the sacred and devalued love."

-- Julia Butterfly Hill

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"In the next 30 years we can destroy our world. With the very same powers — spiritual, social, scientific — we can evolve our world. Our mission is to serve as catalysts for a planetary awakening in our lifetime, to take a non-violent path to the next stage of our evolution."

-- Barbara Marx Hubbard

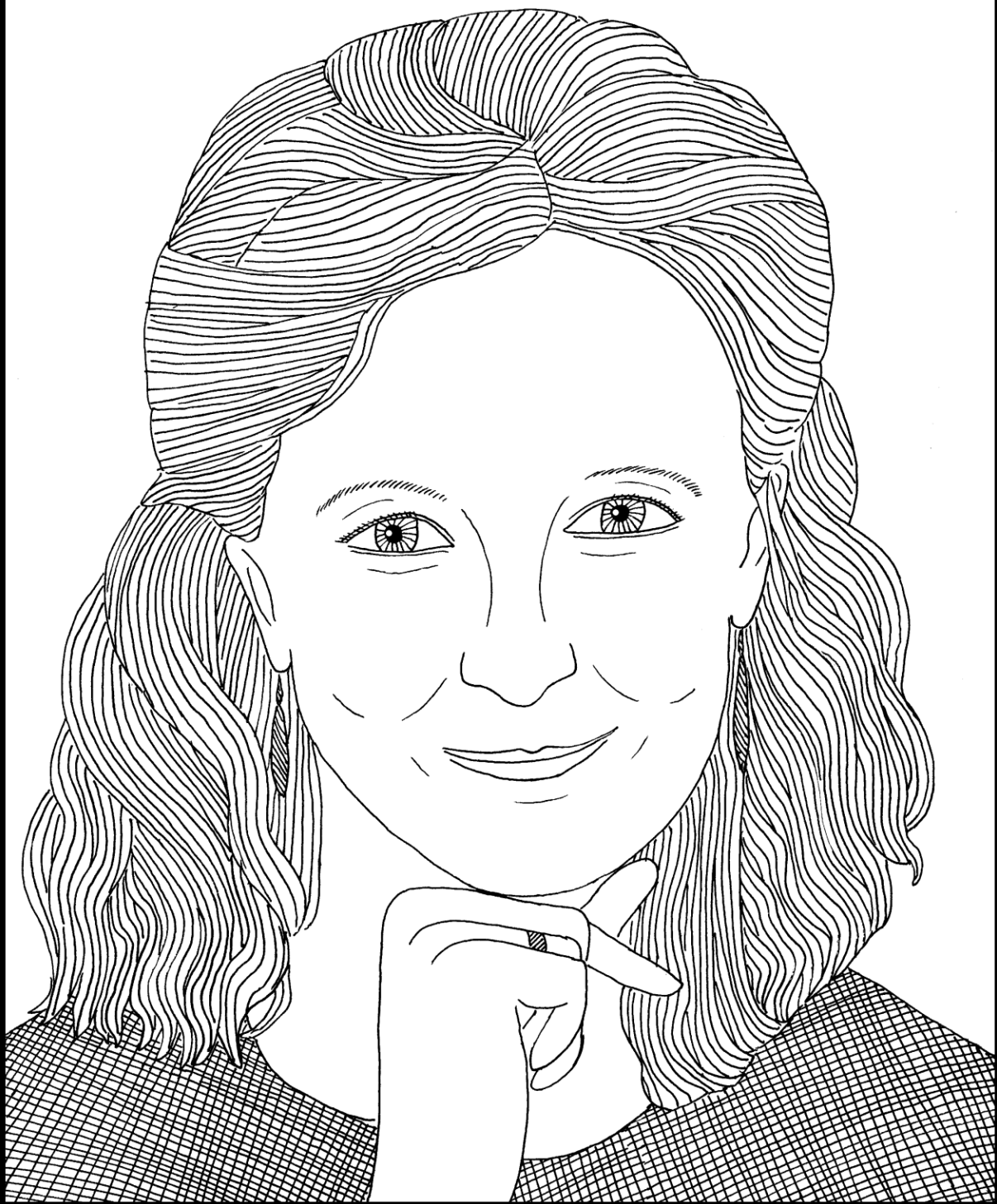
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"I feel that faith and feminism have a deep relationship to each other and that both are responses to the deep human yearning for connection and for peace on earth, and that they both have a vision of universal human equity."

-- Helen LaKelly Hunt

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WORLD SPIRITUALITY DAY - DEC 31

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**"Peace is a necessary condition of spirituality,
no less than an inevitable result of it."**

-- Aldous Huxley

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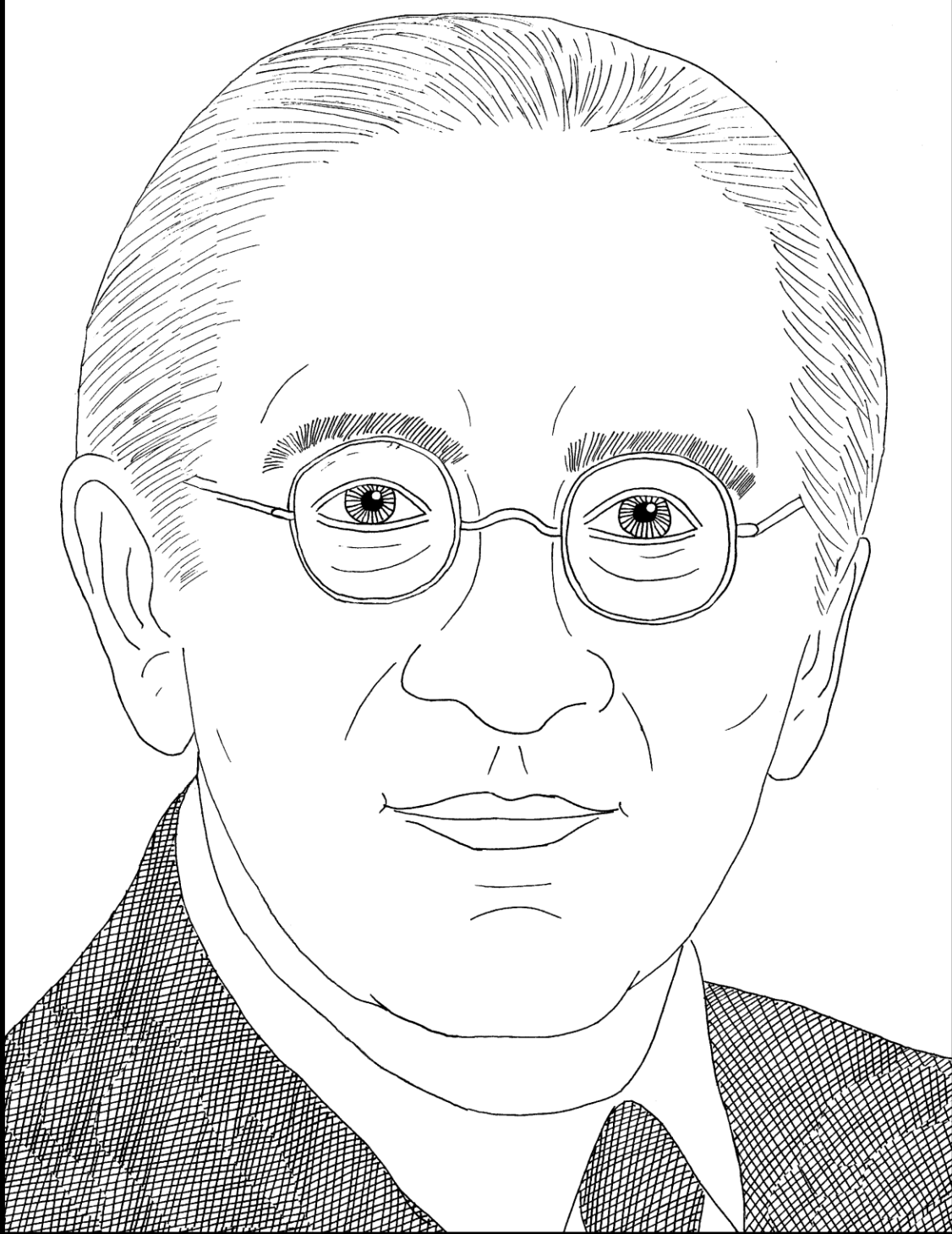
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"The true spiritual life begins within the individual when he perceives the importance of it, and begins to realize what spiritual values are. Therefore, in order for man to emerge from his present state of chaos, he must experience a revolution of a new type, one that will have neither a political nor an economic character. We may call it the individual self-revolution. There is nothing that can better transform man from his materialistic conception of existence to a spiritual awareness of life than such individual revolution from within..." -- Frederick Kettner

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**"Reconnect with the spiritual force that animates the best in you.
Then let your every action flow from your strength and compassion."
-- Fran Korten**

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"Active citizenship begins with an envisioning of the desired outcome and a conscious application of spiritual principles."

-- Dennis Kucinich

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"There is at the moment in the world a battle going on between those who are pursuing materialistic paths—globalizers of economic growth and those hell-bent on this 'big is better' idea—on the one hand, and on the other hand those who are dedicated to spiritual renewal, more small-scale development, more human scale, more sustainability, more crafts and arts. Where human beings are not just sold to companies and money and those kinds of things. Where human beings have a sacred path." -- Satish Kumar

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"People of all faiths need to shape a political and social movement that reaffirms the most generous, peace-oriented, social justice-committed, and loving truths of the spiritual heritage of the human race."

-- Rabbi Michael Lerner

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"We must comprehend in each of our hearts and minds the two ways we human beings are free to follow, as we choose: the good way, the spiritual way - or the un-natural way, the material way. It's our personal choice, our personal decision - each of ours and all of ours."

-- Chief Arvol Lookinghorse

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"To be a light to others you will need a good dose of the spiritual life. Because as my mother used to say, if you are in a good place, then you can help others; but if you're not well, then go look for somebody who is in a good place who can help you."

-- Rigoberta Menchú

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**"A life is either all spiritual or not spiritual at all. No man can serve two masters. Your life is shaped by the end you live for. You are made in the image of what you desire."
-- Thomas Merton**

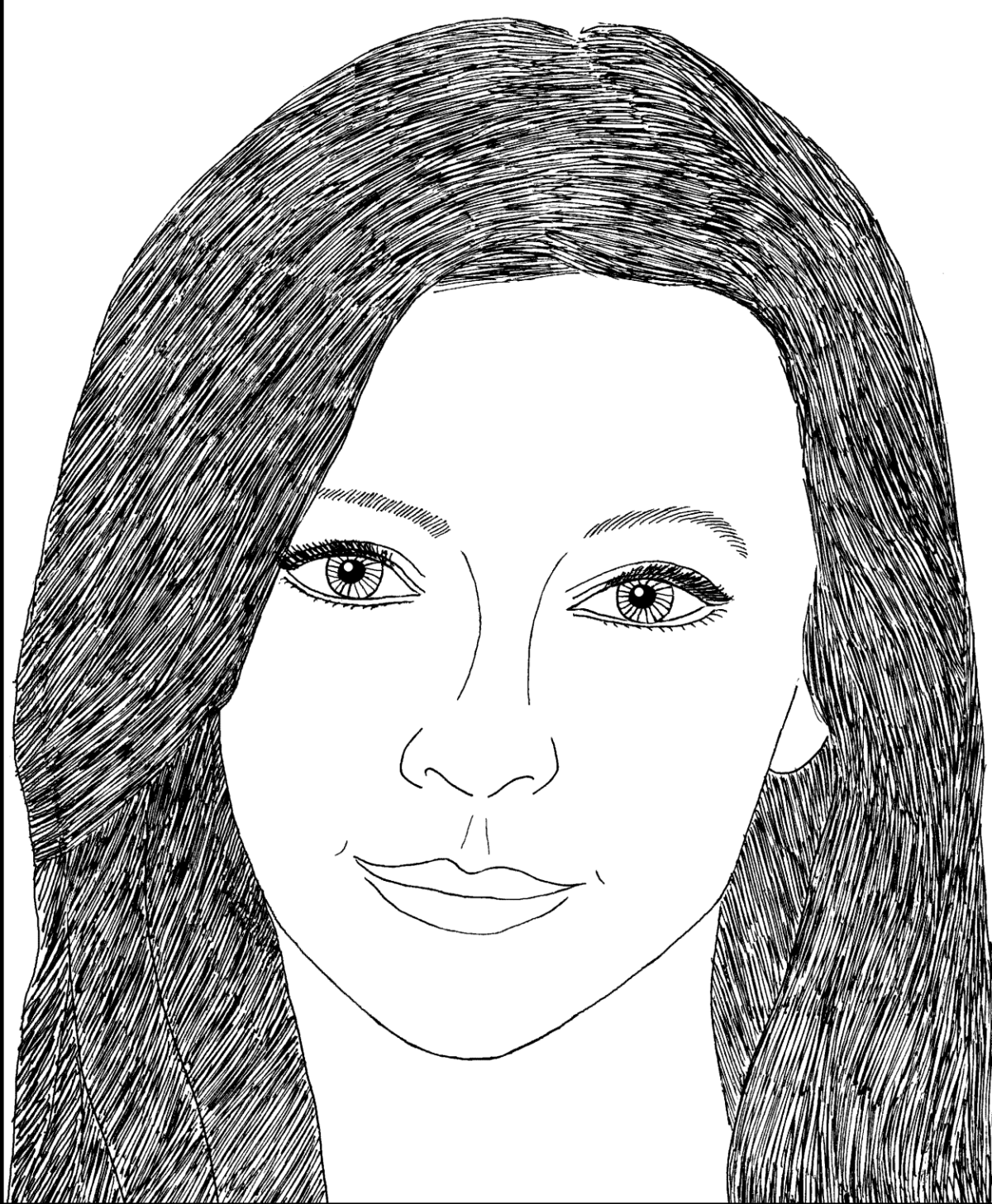
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**"For me there is no hope without faith.
Faith in a higher good. Faith in our own divinity."
-- Alyssa Milano**

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"The Interfaith Alliance has to become an ongoing sustaining and powerful movement whose interest is to prove that religion has a healing side as well as a killing side, and that democracy is the consequence of conscience."

-- Bill Moyers

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"What the world needs today is a convergence of the different religions in the search for and definition of the cosmic or divine laws which ought to regulate our behavior on this planet."

-- Robert Muller

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**'Peace is not a relationship of nations.
It is a condition of mind brought about by a serenity of soul...
Lasting peace can come only to peaceful people.'
-- Jawaharlal Nehru**

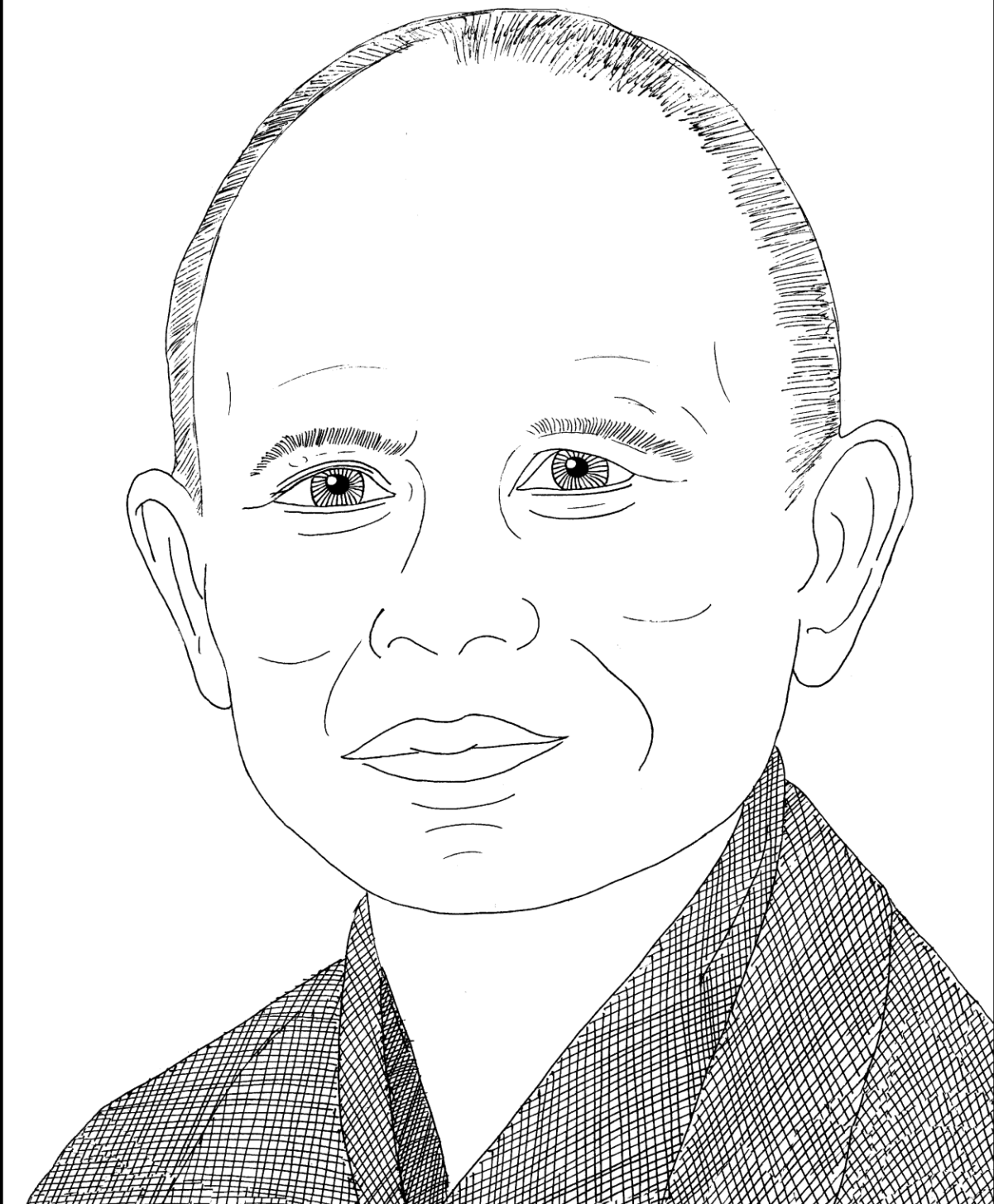
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**"Seek peace. When you have peace within,
real peace with others will be possible."
-- Thich Nhat Hanh**

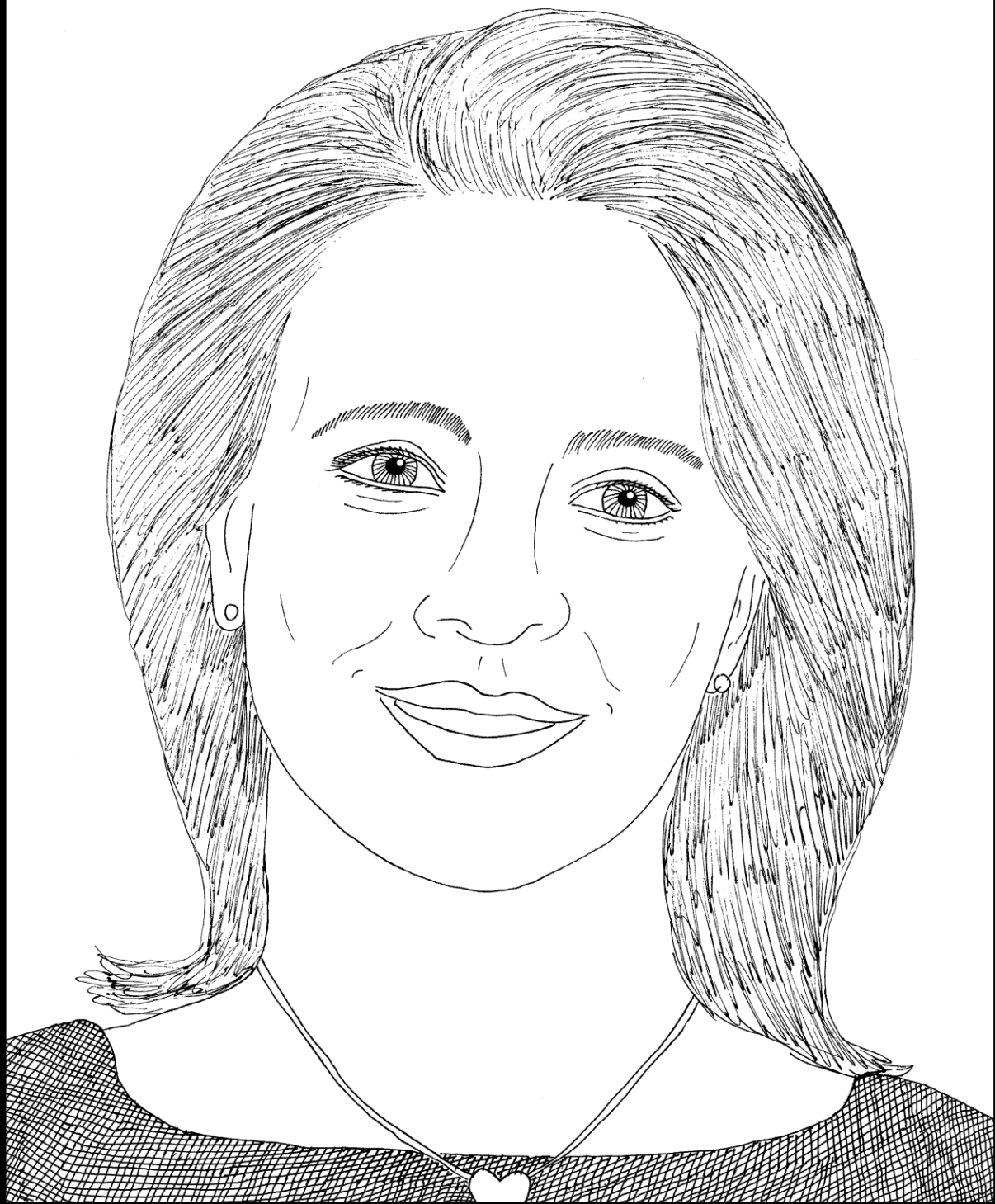
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"As believers we all have an opportunity and moral obligation to recognize our spiritual common ground; to rise above our differences; to combat prejudice and intolerance."

-- Queen Noor of Jordan

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"Faith is not just something you have, it's something you do."
-- Barack Obama

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**"When you find peace within yourself,
you become the kind of person who can live at peace with others."
-- Peace Pilgrim**

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**"Science is not only compatible with spirituality;
it is a profound source of spirituality."**

-- Carl Sagan

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"So I would hope they would develop some kind of habit that involves understanding that their life is so full they can afford to give in all kinds of ways to other people. I consider that to be baseline spirituality."

-- Susan Sarandon

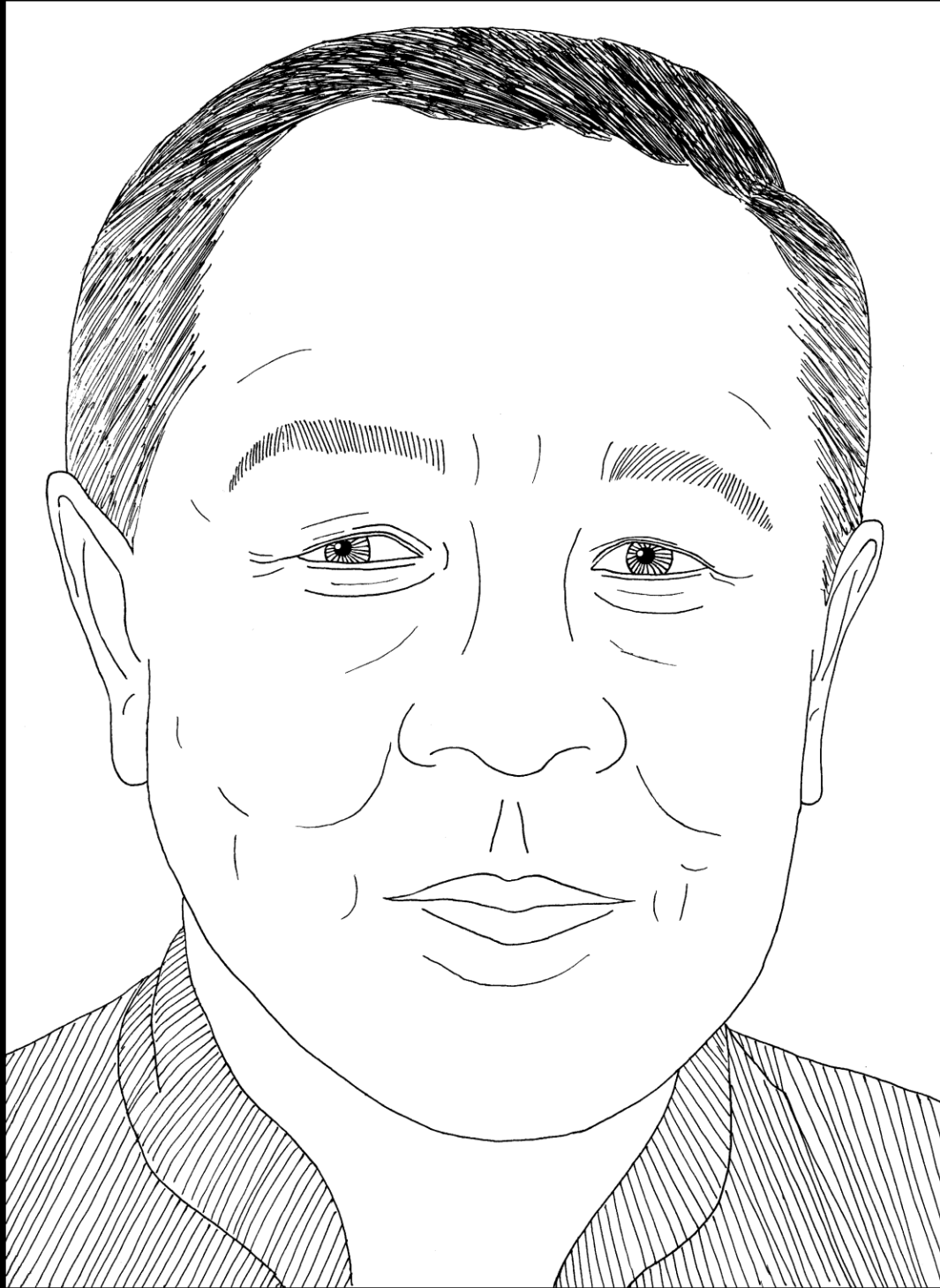
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**"People seeking to live spiritually must be concerned with their social and physical environment."
-- Sulak Sivaraksa**

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“Seek the truly practical life, but seek it in such a way that it does not blind you to the spirit working in it. Seek the spirit, but seek it not out of spiritual greed, but so that you may apply it in the genuinely practical life.”
-- Rudolf Steiner

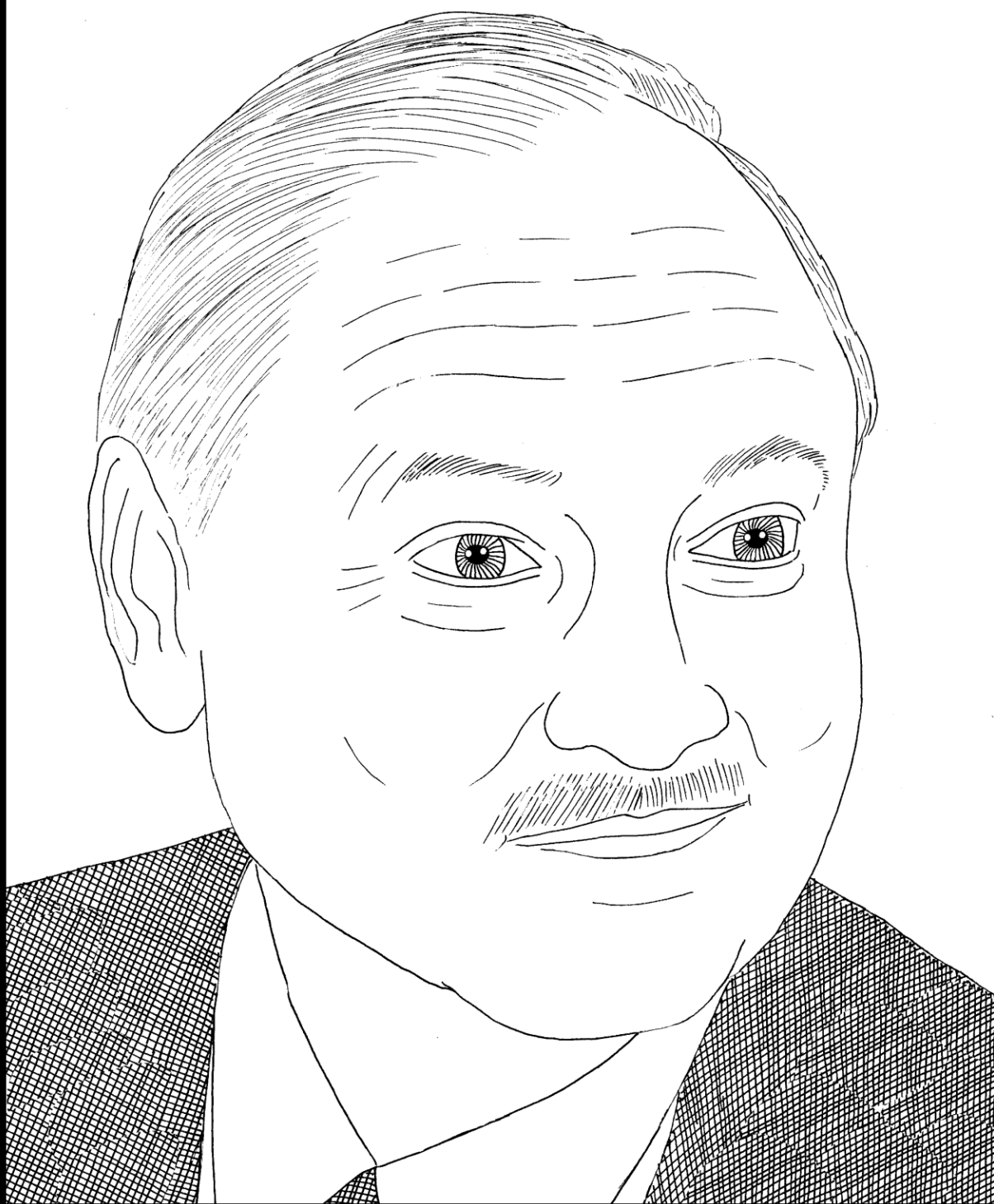
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MAKE A DIFFERENCE



MAKE A DIFFERENCE

"The Earth Charter is important as an expression of the commitment of people throughout the Earth to evoke their own deepest moral, spiritual and ethical principles in the task of ensuring a sustainable future for those who inhabit the Earth now and those who will follow us on the Earth."

-- Maurice Strong

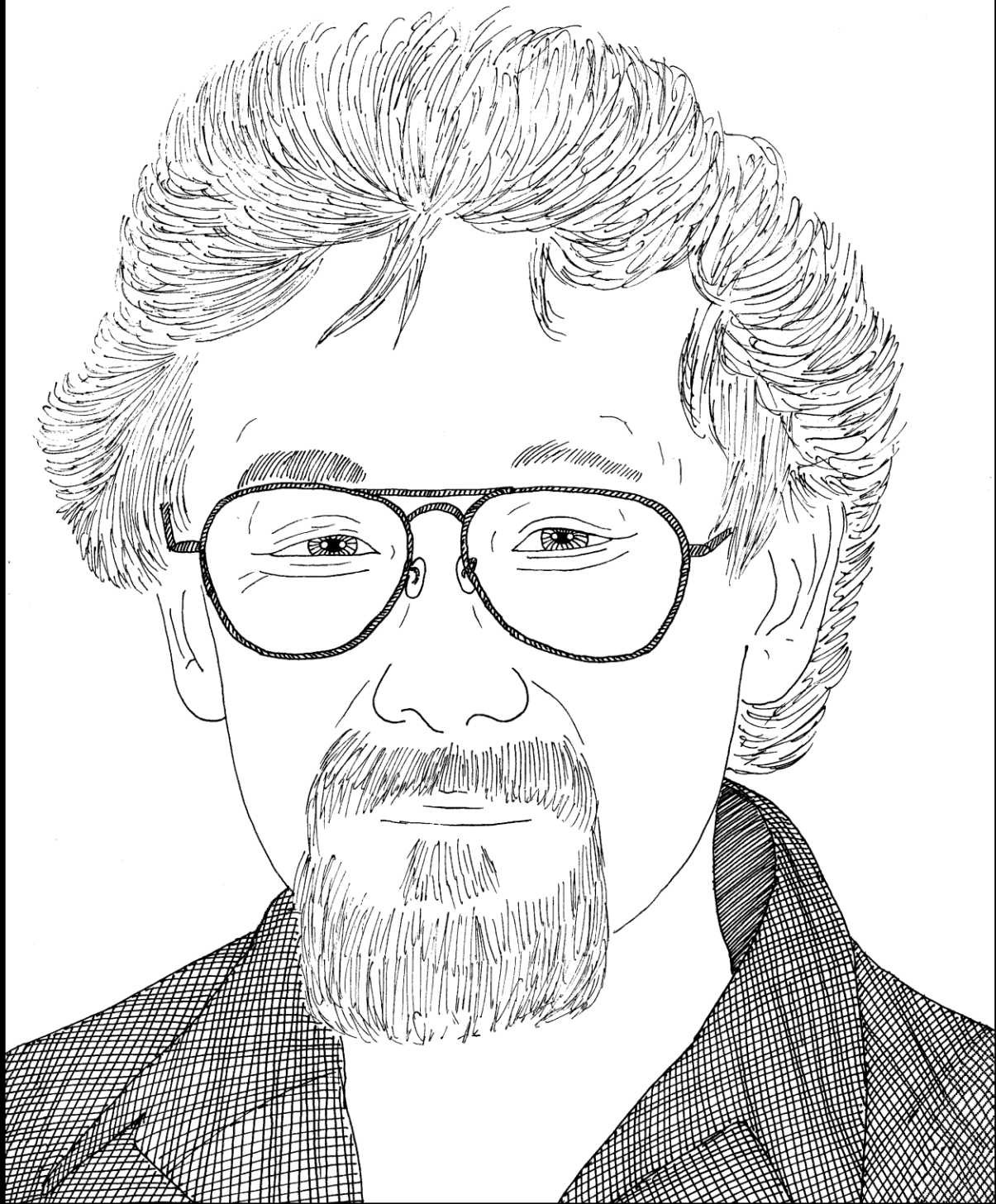
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“Our personal consumer choices have ecological, social, and spiritual consequences. It is time to re-examine some of our deeply held notions that underlie our lifestyles.”

-- David Suzuki

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"In our innermost Spirit - we nourish the gentleness and understanding of Peace.
Those around us feel a gentle breeze whispering as if rustling leaves -
Peace comes not from contemplation- but action!"

-- Pauline Tangiora

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**"It is the inner life that is to spark the change
in consciousness that will permit us to advance..."**

-- Brother Wayne Teasdale

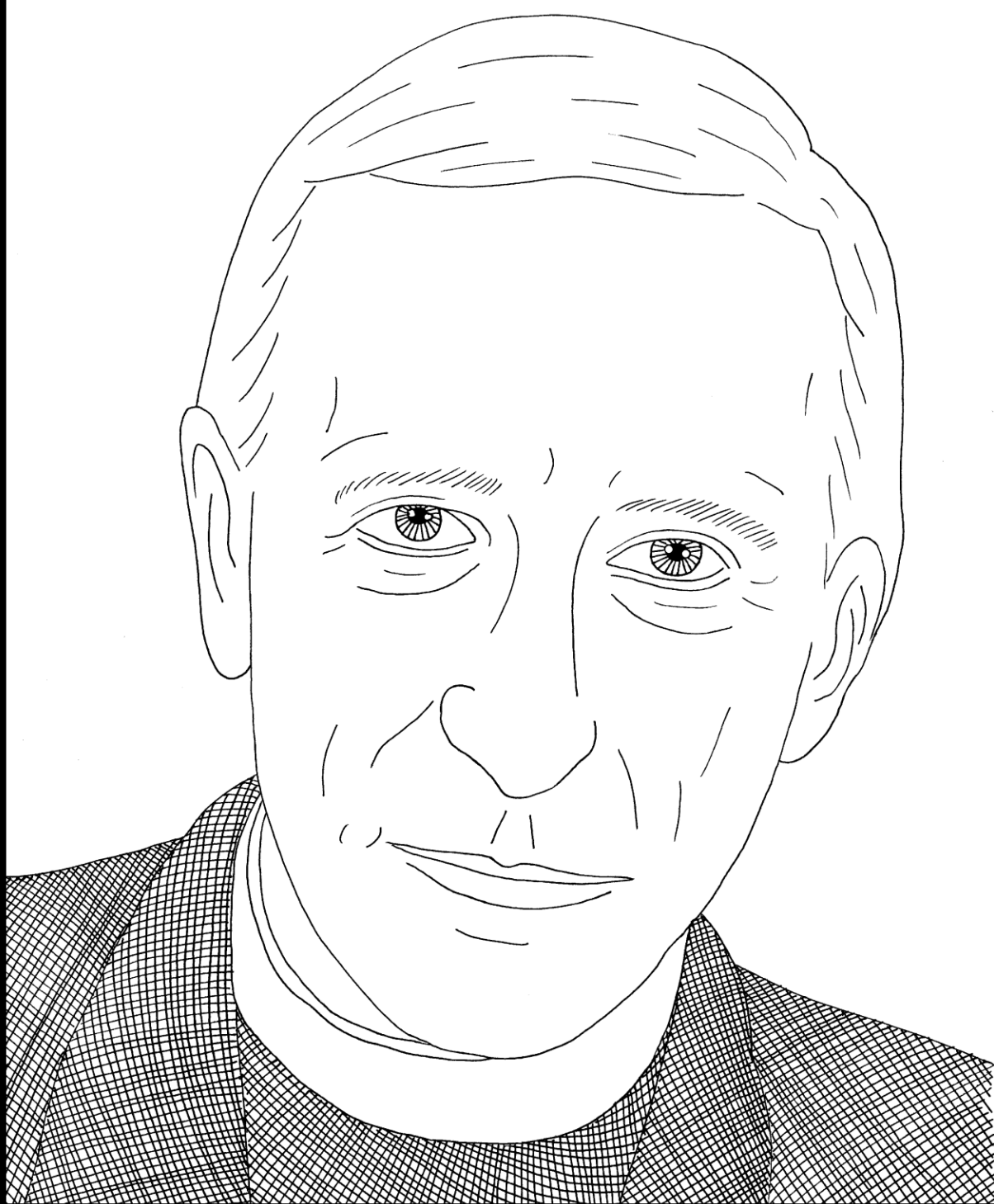
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**"We are not human beings having a spiritual experience;
we are spiritual beings having a human experience."**

-- Pierre Teilhard de Chardin

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**"Love is a fruit in season at all times and within the reach of every hand. Anyone may gather it and no limit is set. Everyone can reach this love through meditation, prayer, sacrifice, and an intense inner life."
-- Mother Teresa**

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**"Enlightenment is not meant to be an object of religious faith.
It is an evolutionary goal, something we want to become..."**
-- Robert Thurman

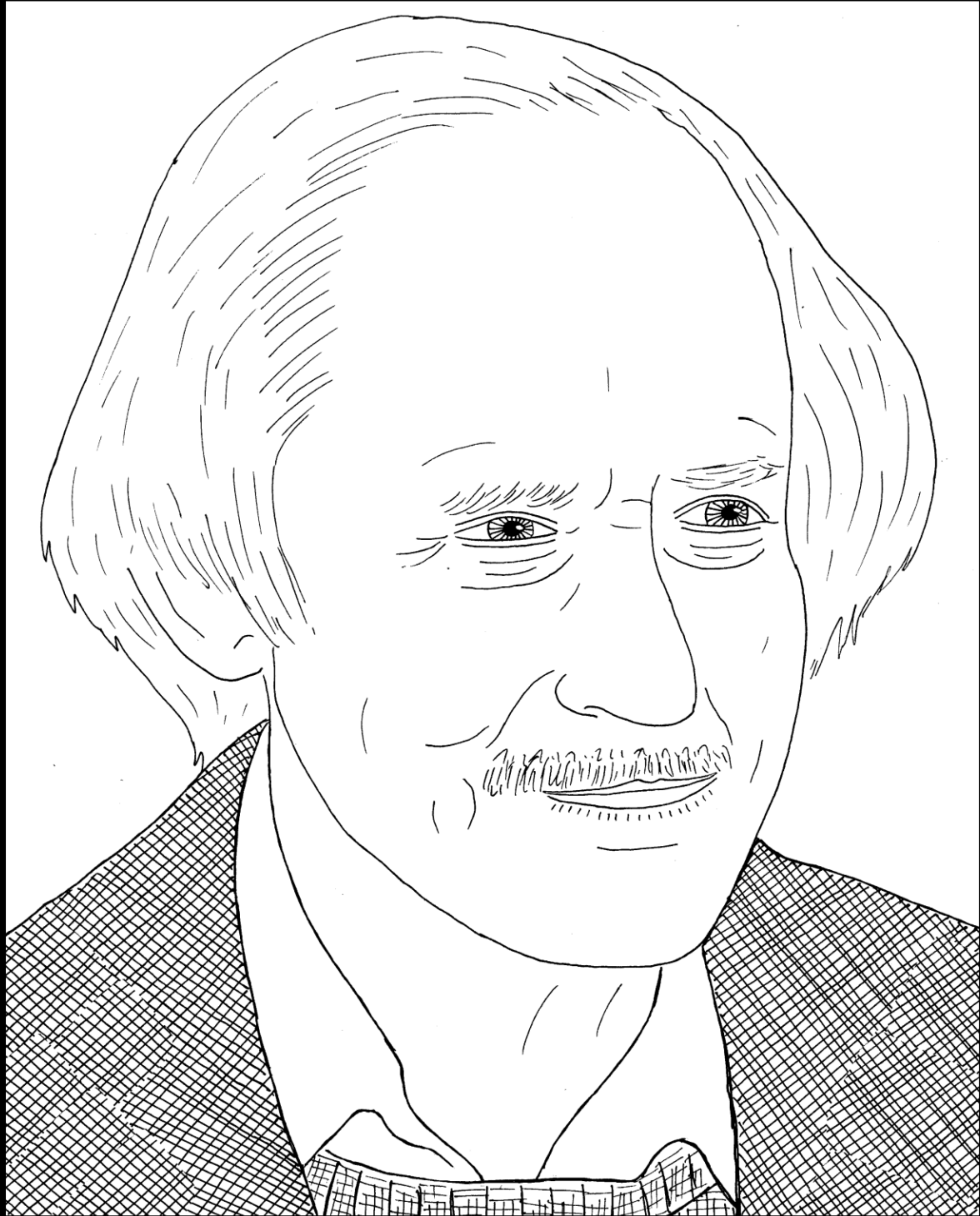
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"Certainly the vision of the spiritual nature of man and the universe brings the conviction that the human potential is unlimited and that we stand at the threshold over which a quantum leap in consciousness is possible."

-- George Trevelyan

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**"We can find common ground only by moving to higher ground."
-- Jim Wallis**

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**"As the new spirituality begins to become the pervasive spirituality of the planet, we'll find that we have abandoned our philosophy of contradictions in which we say we're all one but continue to try to win."
-- Neale Donald Walsch**

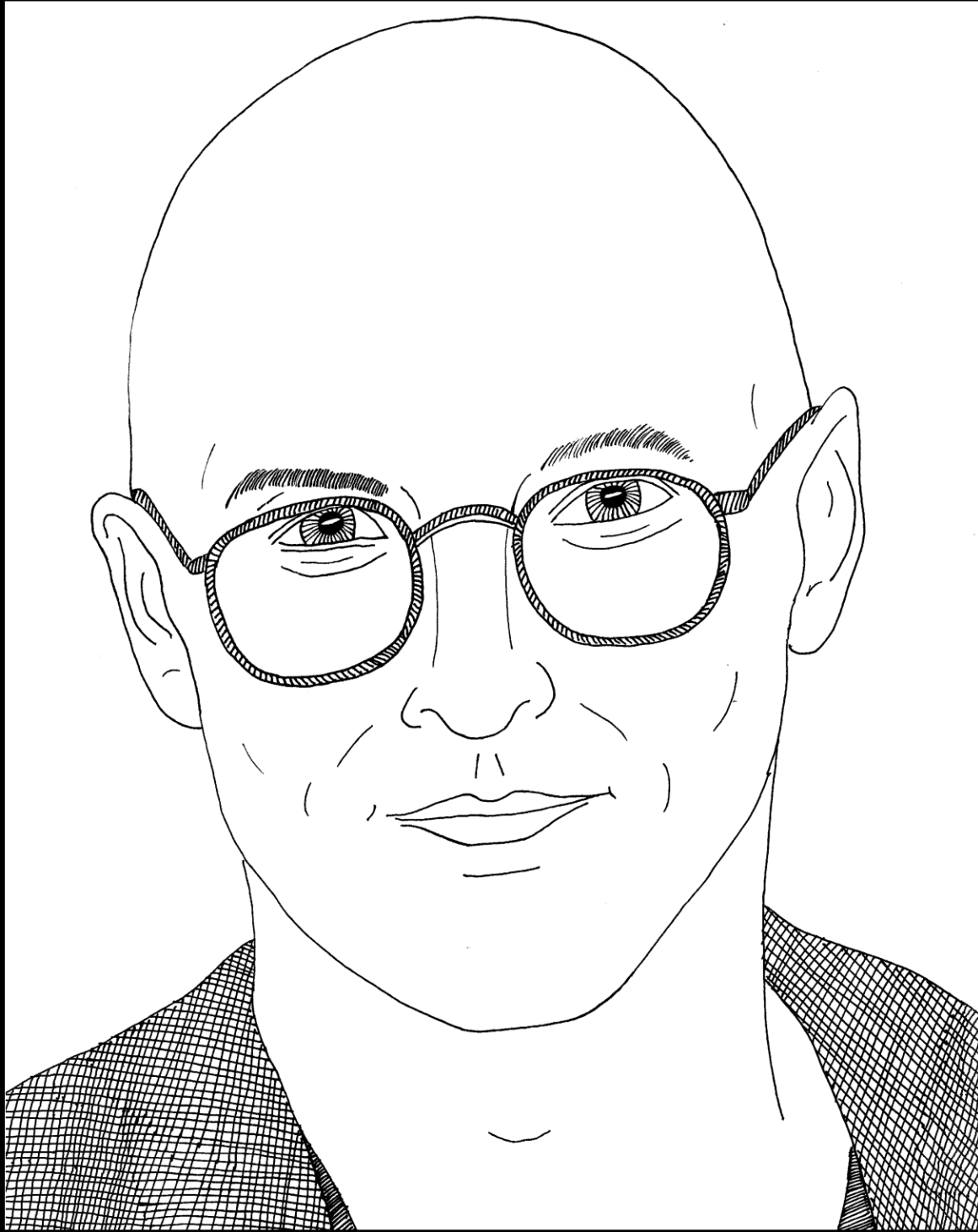
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**"Conscious business.. business that is conscious of inner and outer worlds...would therefore be business that takes into account body, mind, and spirit in self, culture, and nature."
-- Ken Wilber**

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**"The spiritual path -- is simply the journey of living our lives.
Everyone is on a spiritual path; most people just don't know it."
-- Marianne Williamson**

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