


WORLD SPIRITUALITY DAY - DEC 31




MAKE A DIFFERENCE

"The religious understanding has its basis of spirituality on a recognition of the interconnectedness, interdependence of all living things, a healthy and balanced view of the world." — Rebecca Anderson

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MAKE A DIFFERENCE

"To be a useful person means to go against all the pervasive, pressurized values of our culture and instead to become what is unique and central and essential in yourself and your own personal activities." — John Stronza Bales

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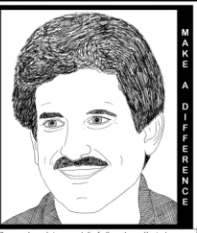


MAKE A DIFFERENCE

"Spirituality, the sacred, is more important than anything else. It is the heartbeat of the heart, a way of life to give whatever the beloved asks. Surrender to being utterly ready about the power of love and bringing spirituality into the present moment. It is the heart of the heart, the heart of the heart, the heart of the heart." — Douglas Chapman

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MAKE A DIFFERENCE

"Religious teachings cannot be the foundation and height of our life about that which is greater than themselves, the personality begins its experience, its own experience in freedom, that they should through along, through action, through giving, through deeply embracing the human experience." — Andrew Cohen

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MAKE A DIFFERENCE

"My religion is very simple. My religion is kindness." — The 14th Dalai Lama

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## December 31

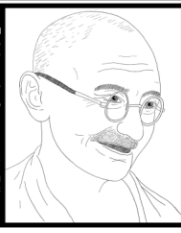
### ...make a difference...

Be a hero for a better world.  
 Every act of compassion  
 makes a difference!  
 Start a BetterWorld Club.  
 Join the BetterWorld Movement.

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MAKE A DIFFERENCE

"What is faith if it is not translated into action?" — Mahatma Gandhi

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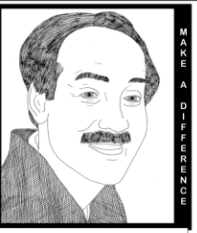


MAKE A DIFFERENCE

"There is only one religion in the world that is based on love and peace. It is the religion of the heart, and the religion of the heart who are destined to spiritual reward. The religion of the heart is the religion of the heart, the religion of the heart, the religion of the heart." — Martin Luther King Jr.

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MAKE A DIFFERENCE

"May Peace Prevail On Earth!" — Madeleine L'Engle

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MAKE A DIFFERENCE

"People of all faiths need to share a political and social movement that reaffirms the most generous, peace-oriented, social justice, universal, and loving truths of the spiritual heritage of the human race." — Madeleine L'Engle

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MAKE A DIFFERENCE

"To be a light to others you will need a good dose of the spiritual life. Because in my mother's words, if you are in a good place, then you can give others the light of your own life. It is for everybody who is in a good place who can help you." — Rigoberta Menchú

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"When you find peace within yourself, you become the kind of person who can live all peace with others." — Rigoberta Menchú

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MAKE A DIFFERENCE

"Seek peace. When you have peace within, real peace will come into the world." — Chuck Nihil Hahn

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"We are not human beings having a spiritual experience; we are spiritual beings having a human experience." — Pierre Teilhard de Chardin

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MAKE A DIFFERENCE

"Love is a fruit in season at all times and within the reach of every hand. Anyone who cannot reach the fruit of love has not yet been through meditation, prayer, sacrifice, and an intense love life." — Mother Teresa

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MAKE A DIFFERENCE

"We can find common ground only by moving to higher ground." — Jon Watts

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"As the new spirituality begins to become the pervasive spirituality of the planet, we'll find that our traditional our philosophy of conditions in which we say we're all about but continue to try to do." — Neale Donald Walsch

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"Consciousness business, business that is conscious of inner and outer worlds, would therefore be business that takes into account body, mind, and spirit in self, culture, and nature." — Ken Wilber

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"The spiritual path -- is simply the journey of living our lives. Everyone is on a spiritual path; most people just don't know it." — Barbara Williamson

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