BE A HERO FOR A BETTER WORLD

MAKE A DIFFERENCE

"The indigenous understanding has its basis of spirituality in a recognition of the interconnectedness and interdependence of all living things, a holistic and balanced view of the world."
-- Rebecca Adamson

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"The essence of spirituality is the duty to live to its full the glorious destiny of being human. The purpose of religion should be to empower all people in this adventure of living with dignity and fulfillment."
-- Swami Agnivesh

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"Spirituality is that attitude which puts life at the center, and defends and promotes life against all the mechanisms of death, desiccation, or stagnation."
-- Leonardo Boff

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"To be a soulful person means to go against all the pervasive, prove-yourself values of our culture and instead treasure what is unique and internal and valuable in yourself and your own personal evolution."
-- Jean Shinoda Bolen

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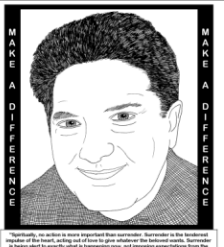

"Spiritually, no action is more important than surrender. Surrender is the lendered acceptance of what is actually the case. Surrender is the willingness to let what is being alert to exactly what is happening now, not imposing expectations from the past. Surrender is faith that the power of love can accomplish anything, even when you cannot foresee the outcome of a situation."
-- Deepak Chopra

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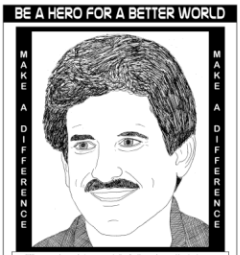

"Whenever a human being ceases to live for themselves and begins to care about that which is greater than themselves, the personality begins to experience ecstasy, joy and spontaneous liberation. And that's found through doing, through action, through giving, through deeply embracing the human experience."
-- Andrew Cohen

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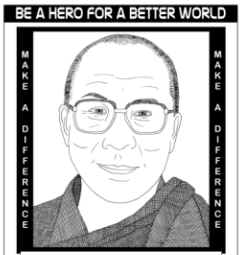

"My religion is very simple. My religion is kindness."
-- The 14th Dalai Lama

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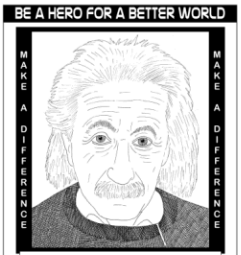

"The intuitive mind is a sacred gift and the rational mind is a faithful servant. We have created a society that honors the servant and has forgotten the gift."
-- Albert Einstein

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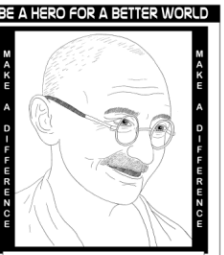

"What is faith if it is not translated into action?"
-- Mohandas Gandhi

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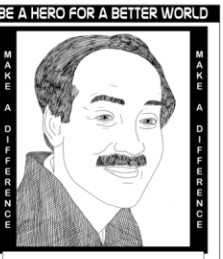

"May Peace Prevail On Earth!"
-- Masahisa Goi

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"To me, love, spirituality and life are all the same thing. To me they're all about honoring the whole, and they're just different ways of defining the same understanding. Our society as a whole, because we have placed our love for money above our love for life, has devalued the sacred and devalued love."
-- Julia Butterfly Hill

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"I feel that faith and feminism have a deep relationship to each other and that both are responses to the deep human yearning for connection and for peace on earth, and that they both have a vision of universal human equity."
-- Helen LaKelly Hunt

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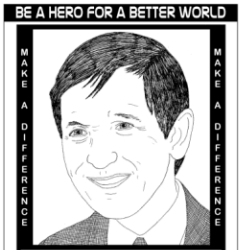

"Active citizenship begins with an envisioning of the desired outcome and a conscious application of spiritual principles."
-- Dennis Kucinich

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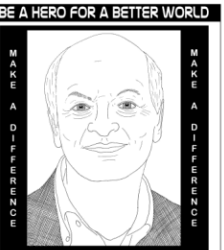

"There is at the moment in the world a battle going on between those who are pursuing materialistic paths—globalizers of economic growth and those hell-bent on this 'big is better' idea—on the one hand, and on the other hand those who are dedicated to spiritual renewal, more small-scale development, more human scale, more craftly and arts. Where human beings are not just sold to companies and money and those kinds of things. Where human beings have a sacred path."
-- Satish Kumar

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"People of all faiths need to shape a political and social movement that reaffirms the most generous, peace-oriented, social justice-committed, and loving truths of the spiritual heritage of the human race."
-- Rabbi Michael Lerner

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"To be a light to others you will need a good dose of the spiritual life. Because as my mother used to say, if you are in a good place, then you can help others; but if you're not well, then go look for somebody who is in a good place who can help you."
-- Rigoberta Menchú

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"A life is either all spiritual or not spiritual at all. No man can serve two masters. Your life is shaped by the end you live for. You are made in the image of what you desire."
-- Thomas Merton

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"Peace is not a relationship of nations.
It is a condition of mind brought about by a serenity of soul...
Lasting peace can come only to peaceful people."
-- Jawaharlal Nehru

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"Seek peace. When you have peace within,
real peace with others will be possible."
-- Thich Nhat Hanh

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"As believers we all have an opportunity and moral obligation to recognize our spiritual common ground; to rise above our differences; to combat prejudice and intolerance."
-- Queen Noor of Joran

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"Faith is not just something you have, it's something you do."
-- Barack Obama

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"When you find peace within yourself,
you become the kind of person who can live at peace with others."
-- Peace Pilgrim

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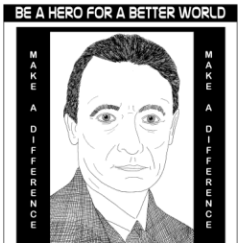

"Seek the truly practical life, but seek it in such a way that it does not blind you to the spirit working in it. Seek the spirit, but seek it not out of spiritual greed, but so that you may apply it in the genuinely practical life."
-- Rudolf Steiner

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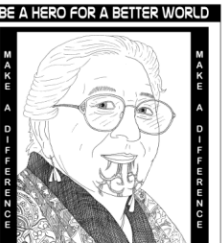

"In our innermost Spirit - we nourish the gentleness and understanding of Peace.
Those around us feel a gentle breeze whispering as if rustling leaves -
Peace comes not from contemplation- but action!"
-- Pauline Tangiora

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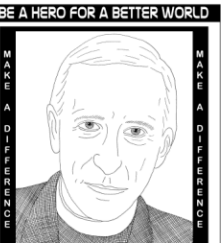

"We are not human beings having a spiritual experience;
we are spiritual beings having a human experience."
-- Pierre Teilhard de Chardin

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"Love is a fruit in season at all times and within the reach of every hand. Anyone may gather it and no limit is set. Everyone can reach this love through meditation, prayer, sacrifice, and an intense inner life."
-- Mother Teresa

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"We can find common ground only by moving to higher ground."
-- Jim Wallis

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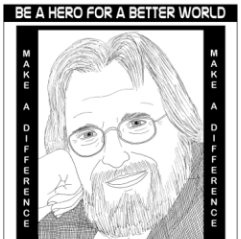

"As the new spirituality begins to become the pervasive spirituality of the planet, we'll find that we have abandoned our philosophy of contradictions in which we say we're all one but continue to try to win."
-- Neale Donald Walsch

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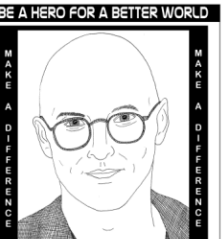

"Conscious business... business that is conscious of inner and outer worlds...would therefore be business that takes into account body, mind, and spirit in self, culture, and nature."
-- Ken Wilber

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"The spiritual path – is simply the journey of living our lives.
Everyone is on a spiritual path; most people just don't know it."
-- Marianne Williamson

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