

# BE A HERO FOR A BETTER WORLD

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"It's too easy only to blame the militarists, racists, sexists and other pushers of violence for the mess we're in. What is harder is self-examination, moving beyond caring by looking inward to ask the personal question: What more should I be doing everyday to bring about a peace and justice based world, whether across the ocean or across the living room?" -- Colman McCarthy

**BetterWorldHeroes.com**

...every act of compassion makes a difference...every day counts for a better world...

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